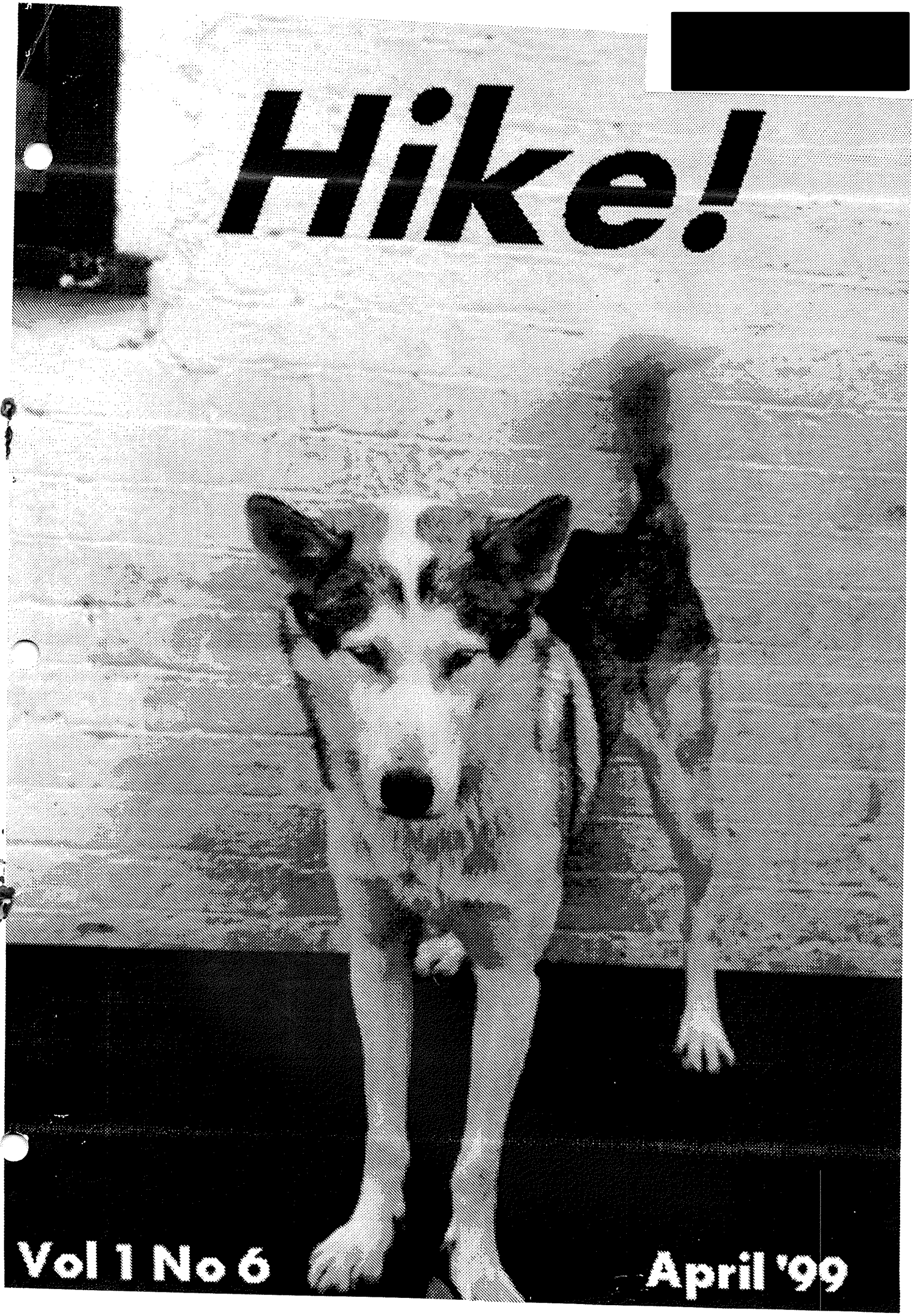
Hike!



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Hike!

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The April Edition

By now we are all into the business end of the season. The temperatures are dropping and we've begun training up our dogs and ourselves to race fitness. And less that 8 weeks until the first race!

Along with the usual suspects, I'd like to thank Michael Herbst who has agreed to allow us to use articles he originally wrote for the South Australian magazine *Mush*.

Peter Komidar

THOUGHT FOR THE MONTH

Its too bad whole families are torn apart by something as simple as wild dogs

Jack Handy

Stop Press A5000 Rumours

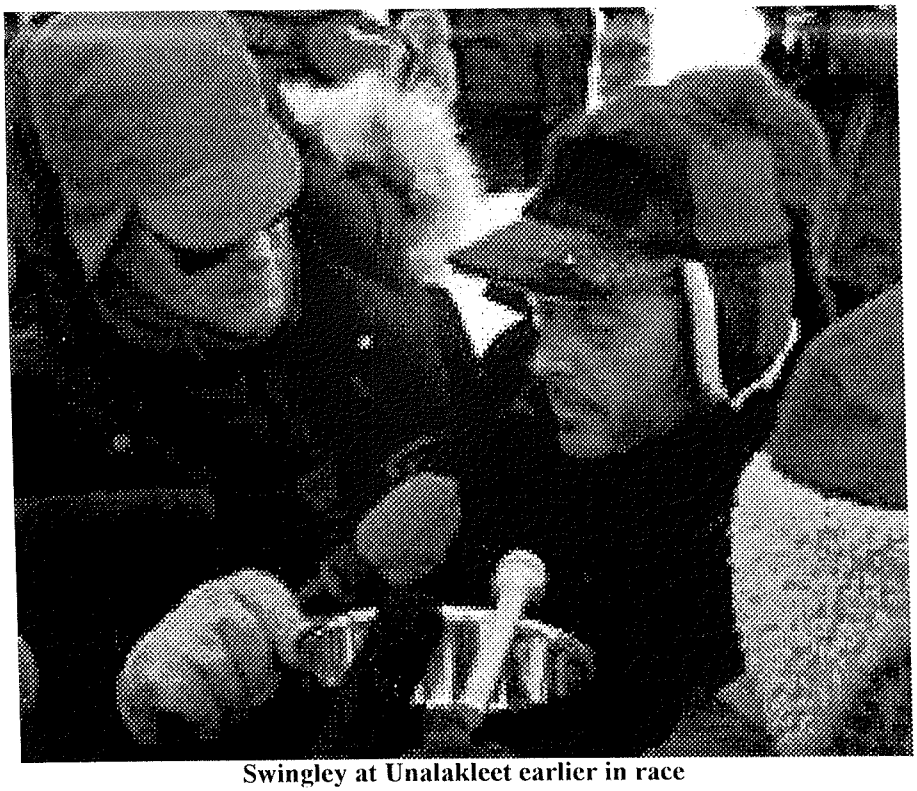
A rumour has hit Hike! central that the Altitude 5000 race will only be open to VSDRA members. According to the rumour competitors will have to include in their entry fee money to cover annual subscription to VSDRA.

In the spirit of true investigative journalism, Hike has asked the race organisers to confirm or deny and to explain - if true - the reasoning behind the decision and whether it will apply to non-Victorians.

Unfortunately, we have not received a response prior to Hike! going to the printers. Hopefully we will be able to give you the full story next month.

Peter Komidar

SWINGLEY WINS 1999 IDITAROD



Swingley at Unalakleet earlier in race

1999 Finishing Order - Top 20

Crowds lined the finish chute in Nome five and six deep to greet Doug Swingley of Lincoln, Montana, who arrived at 1:31a.m. today with 11 dogs. His total elapsed time of 9 days 14 hrs 31 mins. 07 secs. did not beat his record of 9 days 2 hours 42 mins. 19 secs. set in 1995. Swingley is the only musher from outside of Alaska to win the Iditarod. This is the Montana's musher's second Iditarod championship.

#	Musher	Date	Dogs	Days Hrs Min Sec
1	Doug Swingley	17th	11	09 14 31 07
2	Martin Buser	17th	9	09 23 10 00
3	Vern Halter	17th	11	10 06 25 40
4	Rick Swnson	17th	10	10 08 19 05
5	Charlie Boulding	17th	11	10 09 19 52
6	Paul Gebhardt	17th	8	10 09 37 10
7	Jeff King	17th	8	10 10 10 32
8	John Baker	17th	9	10 10 10 54
9	Sven Engholm	18th	9	10 13 23 13
10	Ed Iten	18th	9	10 14 02 30
11	Mitch Seavey	18th	8	10 14 26 29
12	Ramey Smyth	18th	7	10 15 37 10
13	inwood Fiedler	18th	9	10 18 30 40
14	Bill Cotter	18th	8	10 21 15 00
15	Dave Sawatzky	18th	10	10 21 53 13
16	Rick Mackey	18th	12	10 23 12 55
17	Joe Garnie	18th	13	11 00 43 38
18	Tim Osmar	18th	9	11 01 20 08
19	Harald Tunheim	18th	8	11 01 47 36
20	Christopher Knott	18th	9	11 02 09 09

Hike! Mid-Distance Point Score Methodology

Here at the Hike Think Tank we've been exercising our brains to come up with a mid distance point score system.

As with the first sprint point score, we've opted for a simple first attempt. We'll suck it and see - and make changes for the 2000 season after feedback from readers.

So (drum-roll) here it is.

$$\frac{\text{Competitor's Time}}{\text{Winner's Time}} \times 1000 \times \frac{\text{Distance}}{50}$$

Thus the most points you can score is 1000 and that's only possible at the Belangalo 50 - the longest race.

The maximum points available from all other races is dependent on the distance of those races So a race only ½ the distance of the B50 can only get a maximum of 500 points.

This formula only applies to the open class - ie teams that do the maximum amount of km on offer at each race. While the Sugarloaf Mountain Marathon and Southern Highlands Freight Run will be hosting 1 and 2 dog classes these will not qualify for ranking as they will not be involved in every race on the circuit.

The Mid Distance Circuit currently consists of the:

- Sugarloaf Mountain Marathon
- Southern Highlands Freight Run
- Belangalo 50

The Ridge Runners No Frills Race sits mid-way between a sprint and distance race. *Hike!* has currently contacted the race organisers to see if they wish to submit the race for either the sprint or distance point scores. But we left it too late for an answer to come back prior to printing. (And didn't want to hold off printing like last month - sorry grovel grovel).

So you'll have to wait until May to find out about that final detail.

Peter Komidar

Steve Carrick Forced to Scratch from Iditarod!

Regrettably in Mcgrath on March 11 1999 I was forced to scratch from the 1999 Iditarod Trail Sled Dog Race.

Nikoli was the previous checkpoint and it was there that I had to drop my main leader (my only leader), Excel. He had aggravated an existing injury to his back right leg. Without Excel I had no dog that could motivate my team to want to move down the trail. I decided after discussions with the race officials that I would use the next section of the trail Nikoli to Mcgrath to see if I couldn't discover some new talent in the team.

But unfortunately the only time the team would move forward enthusiastically would be when they were closely following another team or when they saw the checkpoint. Travel without a leader generally involved moving forward with a half slack gang line for about a mile or so then all of sudden the leaders would stop, or direct the team off the trail into the woods. I would have to set my hook run up the line to undo the ever-growing tangle that has developed up front. Once the team was straightened out I would run back to the sled pull the hook move 100 yards and it would happen again. This process would then continue until I changed leaders. Then I would move another mile or two before the whole thing started again.

As you could imagine this is extremely frustrating and not at all a positive experience for the yearlings that were in the team. The other consideration was the fact that several storms were in the forecast and I knew that these dogs would definitely not push through a tough stretch if the weather closed in.

Anyway thanks for all your support, I am putting together plans for perhaps a 2001 Iditarod, I have decided not to run next year so I can get back on my feet financially.

Stephen Carrick

The Sugarloaf Mountain Marathon Update

As you will have noticed from the Entry Form, the inaugural Sugarloaf Mountain Marathon race is set to be run on the weekend of 5 - 6 June.

The race will be held at Laurel Camp - site of the Due South Pre-Season Warm-up - in the ACT.

As the name suggests, the marathon is something of a hybrid between a mid-distance race and a sprint race. We deliberately chose these distances in recognition of the fact that its still relatively early in the season for a full-on mid distance race.

The distances are:

- 1 dog - 4.5km/heat (9km in total),
- 2-dog - 8.5km/heat (17km)
- Open - 15km/heat (30km)

The Open Class is open to 3-dog teams and over.

Because its our first race, it will be very much a no-frills affair. But what it may lack in razzamataz, we'll try and make up for in a relaxed fun atmosphere.

Prize money is still fluid for the race at the moment We'll keep you posted in Hike!

And where did we get the name? Sugarloaf Mountain is the major geographical feature of the area. And the 2-dog and open class trails skirt the base of the mountain - one side of the trail being flat land and the other side rising at an angle of 45 towards the summit of the peak. Quite an impressive view - if you have time on your hands to look! And in honour of the Mountain there is one medium-sized hill to conquer on the 2-dog and open class trails - but that's only fair given that the rest of the trail is either downhill or flat. The trails for the one dog class are virtually flat with only minor hills.

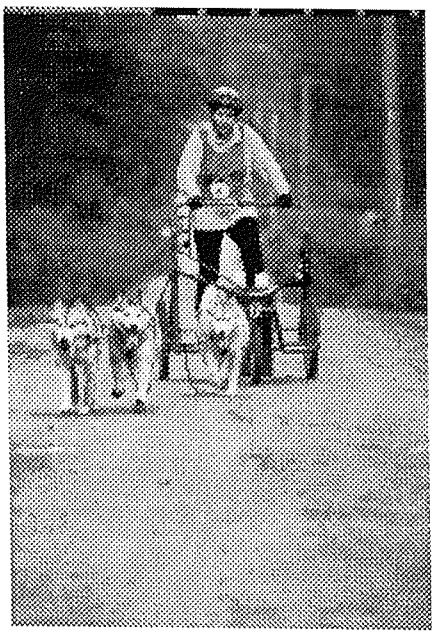
Hope to see you there!

Peter Komidar

Mushing Chain Mail

David Rawnsley

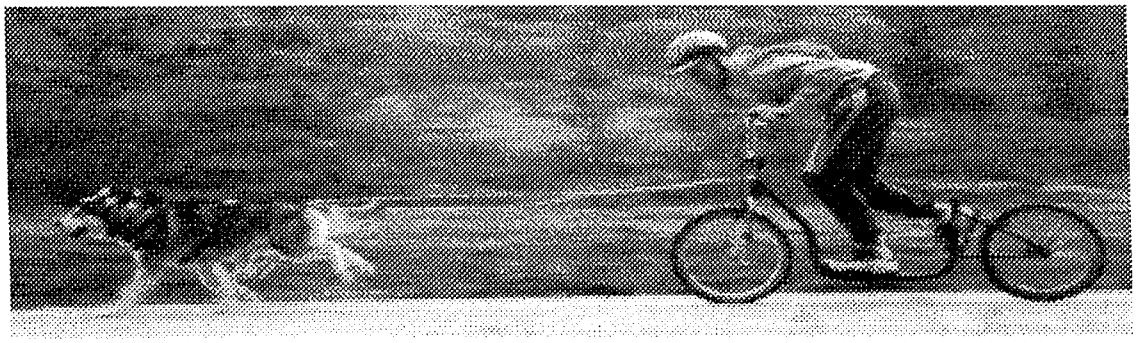
- Are you placing closer to the end of the field than the beginning?
- Does your dog Haw when it should Gee?
- Well, this simple chain letter is meant to bring relief and happiness to you. Unlike most chain letters, it doesn't cost money.
- Simply send a copy to six other mushers who are dissatisfied with the way their dogs are running.
- Also bundle up your dog and send him/her to the dog owner at the top of this list, and add your name to the bottom of the list.
- Do not use a return address or the post office may try to contact you.
- In one week, you will receive 16,436 dogs, and at least one of them should be a winner.
- Have faith in this letter. Do not break the chain.
- One owner broke the chain and got his own dog back



Annie Jackson at the Sydney Sled Dog Sprint

The Due South Pre-Season Warm-up Race

Due South invites you and your dogs to a pre-season warm-up race.
Introduce your new dogs and remind your older ones of the joys of sled dog racing - without the stress of a real race!



No Prizes!
No Entry Forms (just turn up!)
Does not count towards the Hike point score
No Stress No Hassle!

And if you just want to run your dogs on the trails and not participate in the race itself - feel free!

All Welcome!

Where: Laurel Camp (ACT)
When: 24-26 April 1999 (ANZAC Day Long W/end)
Cost: $6 per night - ACT Forests camping charge

Races: Saturday afternoon (not a night race), Sunday morning, Monday morning.
Trails: 2km, 4km &8.5 km

Situated in plantation forests high in the foothills of the Brindabella Mountains, and only 10 minutes from the Canberra Sled Dog Race site, Laurel Camp is the perfect pre-season site. The trails (just discovered by Due South) are easy - being well maintained, and basically flat with no difficult hills for unfit dogs and mushers to worry about. And there are a variety of trails available.

But wait there's more! Laurel Camp has BBQs, toilets, tank water, a large weather-proof hall in case it rains complete with an open fire with already chopped firewood provided. And only 3 Km from the nearest pub!

How do I get there? Follow the signs from the Canberra Sled Dog Race site and if you do get lost ring the Due South rescue service on 0416 286 147.

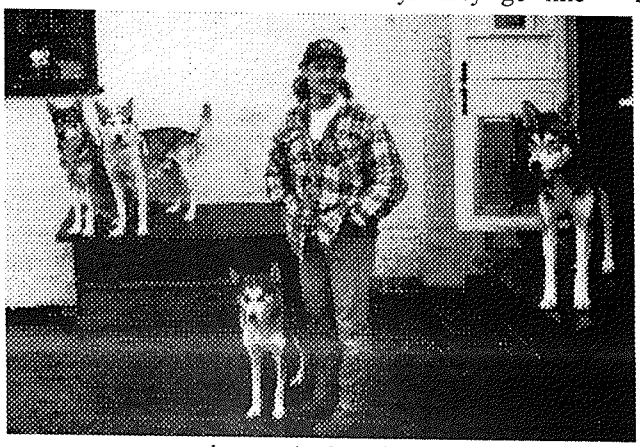
For more information and detailed directions - phone Peter Komidar on 02 6286 1472 or email Due South at duesouth@dynamite.com.au

An afternoon with JM Littman

Andrew Matthews

I was fortunate enough to spend three weeks in the UK in March on a work trip. Although up to my eyeballs in work, I had hoped to be able to catch the last race of the UK season at Alberfoyle in Scotland.

I had contacted Mr Littman (more commonly know as JM) while still in Australia and rang him while in England. He advised me not to bother! Apparently factional fighting on the race circuit had meant that only a small number of mushers would be attending this race and JM advised that it was hardly worth the trip north. Instead, he kindly offered to show me round his place. Of course I jumped at the chance.



For those of you who may not have kept up with the English racing scene, JM is a well known sled dog racer. He is several times UK champion and is known around the world on the Sleddog-L and sleddog talk listservers for his frank and fearless views on mushing issues. He races abroad with Terry Streeper.

JM lives about an hour from Heathrow airport - just off the M25. Which was very convenient for me as I was able to literally drop in on him on my way to the airport to return home to Australia!

JM's house is large by suburban Australian standards and its massive by English standards. The middle of his backyard consists of his dog yard - enclosed by 7 foot cyclone fences which curve inwards at the top (to combat climbing dog problems!). The dog yard has a shingle floor. (Shingle is smaller than gravel, which stops stone eaters, and the shingle acts like a microsystem and breaks down the smell) The dogs have access to the house by way of a dog door. His dog yard itself is about half the size of an average Australian backyard.

The remainder of his backyard - somewhere between 1 and 2 acres worth! - is enclosed by 6 foot fences and is grassed with trees and even a stream. This is the dogs play area - and when let out they tear around. Generally JM rig/quad trains 3-4 times a week, but the dogs get twice daily runs in the large yard!

JM has 6 dogs. All from Zero lines. And he says they go like rockets. And seeing their size and extreme shape, I believe him! He runs a four dog team and the remaining two dogs are now in retirement. JM doesn't breed dogs. His view is that you only need to breed if there are no better dogs available that you can't buy. "If you can't breed the best, don't breed".

Speaking of dogs, JM considers that the Zero line dogs have really gotten as fast as they can go. His advice was if you want the fastest sled dog in the world, get an Alaskan-pointer cross. And having just read the ONAC results, I think he may be right!

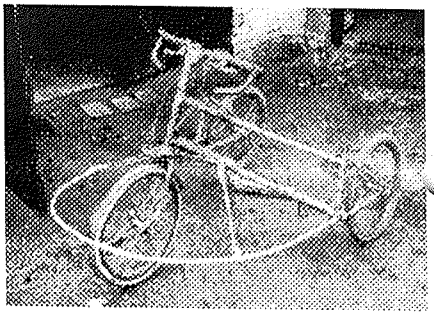
I also managed to get a good look at JM's rig. It is a truly awe inspiring vehicle. Very similar to the Kiwi rigs featured in Hike! a couple of issues back - only a little wider (in the UK fashion). It also is much lower to the ground. I imagine JM has to lean forward to reach the handlebars. But the really amazing feature is the weight. JM says he started with a basic UK-style rig and made improvements. Currently, the rig weighs a meagre 24 pounds! (thats less than my scooter!). JM thinks he's gone about as far as he can go in slimming his rig down - but then again you never know when you'll get another brainstorm.

I couldn't end the visit without finding out about the political strife which seems to be spoiling the UK racing world. Apparently there are over 40 races on the UK calendar. However, these races are run by only 5 clubs/associations. About 6 years ago the first Zero line Sibes were imported into the UK and very soon they whiped all the other dogs off the mushing map. The response by the Brittish Siberian Husky Racing Association was to ban individual teams running Zero dogs from their races. .

JM says its very frustrating not being able to attend races purely because your dogs are fast! And he would dearly love to race in Europe where artificial breed restrictions do not apply. However, the UK is rabies-free and consequently after returning from Europe, his dogs would face 6 months quarantine!

Still, there is always next year and with 45 races in total there are still a large number of UK races (relative to Australia) where dogs can compete on the basis of speed - rather than genetic background. And JM is already planning for the 2000 season.

I really valued my visit with JM. It was the highlight of my three week working holiday.



Kontroversy Korner
Bitchin' About Races - A Response

Yvonne Peheim

Yes, New Zealand is beautiful, but me, I'm happy not having to bootee my dogs every time they go for a run. NZ tracks are made of pumice, very abrasive on those precious feet.

Australian-made scooters are already in NZ, have been for a couple of years. Truth is, they have probably been having too much fun on their rigs. Over there, 2 dog competes with 3 & 4 dog (as at Bannockburn) only all use rigs. Rigs over there are very diverse. On my first trip, in '94, I spent almost as much time taking photos of rigs as I did of dogs. It seems that there was no enterprising individual who got a good basic design, manufactured and marketed it, as we have seen here. On the trip we did to Denmark we went to two races, one purebred and one open. Even though there was snow on the ground it wasn't enough for sleds. The most noticeable difference between our rigs and theirs was that they liked the use of steering wheels and shock absorbers and they had some serious brakes for 6 & 8 dog classes. Their classes were generally larger, Pee Wees going out with 3 dogs and an adult and Juniors without the adult.

Sure, speed is great! but don't forget the safety! Could you stop 3 dogs on a scooter with average calliper brakes? Some dogs are trained to listen to commands but most are not. Can you picture this? A 3 dog team you have just caught up with and passed decides to chase you down. The driver is unable to stop the dogs with voice or brakes. Your leader/s turn around to see what is happening. What happens next? You can argue that your dogs would not look around, that they would leave the other team for dust. Or could you? Imagine a V6 at full speed with the brake power of a VW Beetle.

1. Drug Testing Rules.

I'm sorry that you would not enter a race that proclaimed that there would be the possibility of blood tests being taken. The allowance for testing for banned substances in rules is with the best interests of the sport in mind. It usually makes it an option should there be any suspicion of foul play. The likelihood of it happening here, as happens in the greyhound circuit, is slim. The clubs are not so financially secure. Not to allow for it though is short sighted. While we are so concerned about performance enhancing drugs, what about alcohol? A dog driver who's judgement is impaired by too much alcohol is a liability to everyone on the track.

2. Drivers' Meetings.

I must agree. If the rule is there, use it across the field. If it's not there the Race Marshal may issue the ruling, across the field. It is important to attend Drivers' Meetings, there may be last minute information about track or weather conditions etc.

3. Glittering Prizes.

A race-giving organization puts on a race. They offer the prizes that they can afford, they put in the behind-the-scenes preparation and they hope that the weekend goes smoothly. Some are run better than others, some are richer than others. Mushers will enter if they are able, if they like the track and the rules. Yes, the prize pool should be advertised as soon as practicable, at least in the Race Program. If you are lucky enough to place in the prizes it is nice to know you are getting that which is rightfully yours. If you get more, all the better. If you want to compare your performance against "the best in the sport" so be it. You will enter the class you feel you stand the best chance in and you can compare the results at the end of the last heat against the best in the sport on that day in that class. Try aiming for personal bests rather than trying to tag a competitor. Try enjoying a good, clean run with the team putting in a great effort.

4. Cutting Equipment.

Is it so hard to carry a pair of side cutters on a belt or in a pocket? You may argue, today the side cutters, tomorrow the Eifel Tower? Now really. Tangles happen in 1 and 2 dog classes too. For safety, I'd put up with a little extra weight.

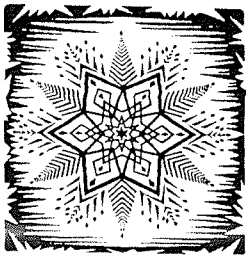
5. Equipment Checks.

I would like to see checks done more often and more thoroughly. Sometimes, standing in the start or finish chutes, I wonder how a particular piece of equipment wasn't questioned. Race officials are human and their time is limited. That doesn't make it right though.

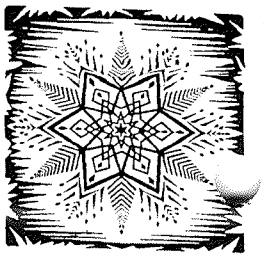
6. 3 dogs on a scooter.

See above.

Looking forward to Winter.
Yvonne



Musher Fitness



By Geoff Carter

Fitness, Health and Vitality Coming Your Way!

(Not to mention a tight bum and great thighs.)

So ok, I know there was no start to the programme in the February issue of *Hike!*. No excuses, just a reason; I had a sudden job transfer to the Northern Territory for the last six and a half weeks. Not too many mushers up there! In the Feb issue, in pointing out my experience, I mentioned that I had completed 13 marathons. Well I did anyway, the *Hike!* editor seems to have short changed me by 10. I'm planning to take him on my next one so that he can get a first hand look at how marathoners feel being short changed in the credit department.

Well seeing as though you've all been hanging around in your runners, jock straps and support bras for the last two months doing

Jock straps and support bras.

the 20 - 30 mins of prepatory walking which I suggested in Feb, lets get on with the sweating and knowing how the dogs feel. The following programme must be undertaken in conjunction with the guidelines set out in the "Musher Fitness" segment of the the Feb Issue of *Hike!*. Also, I will be suggesting two programmes. One, denoted "a" for those with a basic level of fitness and one denoted "b" for those adventurous mushers. The idea is to reach a reasonable level of fitness by the time we start the Southern Cross Pro-Am.

Week 1 Monday	a. Walk 2-3km b. Run 4km	a. Start slow, build up to brisk walk. b. Start slow, build to comfortable pace.
Wednesday	a. Scooter 5km b. Scooter 7km	a. Start slow, build to steady pace, swap legs. b. Start slow, build to steady pace, swap legs.
Friday	a. Walk 3km b. Run 4km	a. Start slow, build to brisk walk. b. Start slow, build to comfortable pace.
Week 2 Monday	a. Walk 1km, jog 3-400metres for 2.5km b. Run 5km	a. Start easy, jog at comfortable pace. b. Start easy, build to comfortable pace.
Wednesday	a. Scooter 5km b. Scooter 7km	a. As for last Wed. b. As for last Wed.
Friday	a. Walk 4km with three 3-400metre jogs. b. Run 6km with three 500 metre bursts at 3/4 pace.	a. Walk between evenly spaced jogs. b. Deep breathing between bursts.
Week 3 Monday	a. Walk 1km, jog 1km, walk 1km. b. Run 6km.	a. Jog at comfortable pace. b. Build into a comfortable pace.
Wednesday	a. Scooter 6km. b. Scooter 8km	a. Build up to comfortable *constant* pace. b. Get a sweat up.
Friday	a. Walk 500metres, jog 1.5km. b. Run 6km with three 500 metre bursts at 3/4 pace.	a. Comfortable pace. b. Recover between bursts ready for the next one.
Week 4 Monday	a. Jog 2 - 2.5km b. Run 6km	a. Start easy, build to comfortable pace. b. Build into a steady pace.
Wednesday	a. Scooter 6km. b. Scooter 8km.	a. Start easy, keep steady pace arest of way. b. Start easy, build to solid pace.
Friday	Jog 2 -2.5km. b. Run 6km.	a Comfortable pace. b. Build to steady pace.

Notes:
1. Do some light stretching before starting, start easy and more stretching when you finish.
2. If your legs aren't handling the running/walking too well, repeat scootering on Fri or go on a longish bike ride.
3. These should be dogless exercises.
4. Should the next issue of *Hike!* not reach you by week 5, repeat week 4 and start from week 5 when you get it.

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FLY BITE

Hayley Coutts

Hi subscribers, I have just been handed this pearl of wisdom and thought I'd share it.

In Victoria this year we seem to be having the worst fly bite problem ever for the dogs. My guys had awful, bleeding and scabbed ears and I was at a loss at how to fix it because we had tried a couple of products to no avail. I was thrilled when Dr Allen Forte of Bunyip Vet Clinic in Victoria passed on this info sheet to me yesterday.

The article is titled *Fly Nuisance* and was put together by Animal Allergy and Dermatology Services in Queensland. It goes like this.

There are several species of flies causing fly worry in cattle, horses, goats and dogs.

The adult Stable Fly has rasping teeth with blades to attack the skin of animals. They feed off the blood and exudate from wounds on animals. Crusted and ulcerated ear wounds are often created from the flies' bite. The lesion may be itchy and the fly certainly is a worry to the animal.

House flies cause only minor nuisance feeding on eye and nose secretions and wound exudate.

Horse flies bite pieces of skin out to feed on the exudate and blood. The bite is painful. Derr fly and mosquitoes also cause annoying bites. All insect bites can cause allergies greatly increasing the irritation and itch.

Buffalo flies are a severe problem in tropical Australia during late summer.

HERE IS THE EXCITING BIT.

Farm animals can be sprayed all over or around wounds with PERMOXIN diluted in water according to the directions on the bottle. It can be sprayed directly onto an open wound. This method can also be used for dogs.

When ear problems are extgremely bad a prolonged course of action may be achieved by the following method.

Dilute 1ml of Permoxin with 40mls of Vaseline or baby oil and mix well. This can then be rubbed onto ears or wounds for a longer effect. The mix will keep for the summer and may then be discarded. Apply as frequently as required.

In some instances cortisone and antibiotics may be required as treatment. Visit your vet if in any doubt.

I have taken this advice on board and bought a 200ml tub of Vaseline which cost about $3.00, mixed 5ml of Permoxin with it. I mixed like crazy, applied the mix to the ears and woohoo no more flies!!!

The dogs are happier and boy some of my guys had it bad. The cost of Permoxin was $16.00 and the Vaseline $3.00. Therefore for twenty odd bucks I have enough Permoxin for about 10 summers.

With 6 Sibes I will easily go through 200mls a Summer but I think that its a lot cheaper than some of the expensive animal fly repellants or 'Aerogard' type products which don't seem to be overly effective anyway. This stuff really works. You may need to get Permoxin at a large animal vet as it is usually indicated for horses. After reading the bottle it is recommended in area's for paralysis tick so check it out and try mixing up some ointment. It worked for me. Hope it works for you too.

Cheers to all.

Vet's Second Opinion

Anonymous

A man runs into the vet's office carrying his dog, screaming for help. The vet rushes him back to an examination room and has him put his dog down on the examination table. The vet examines the still, limp body and after a few moments tells the man that his dog, regrettably, is dead. The man, clearly agitated and not willing to accept this, demands a second opinion.

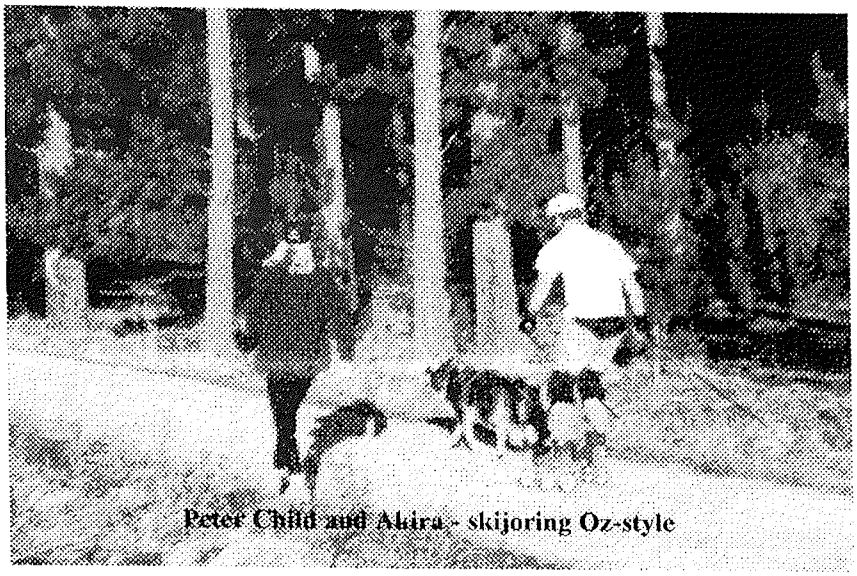
The vet goes into the back room and comes out with a cat and puts the cat down next to the dog's body. The cat sniffs the body, walks from head to tail poking and sniffing the dog's body and finally looks at the vet and meows. The vet looks at the man and says, "I'm sorry, but the cat thinks that your dog is dead too."

The man is still unwilling to accept that his dog is dead. The vet brings in a black Labrador. The lab sniffs the body, walks from head to tail, and finally looks at the vet and barks. The vet looks at the man and says, "I'm sorry, but the lab thinks your dog is dead too."

The man, finally resigned to the diagnosis, thanks the vet and asks how much he owes. The vet answers, "$650."

"$650 to tell me my dog is dead?" exclaimed the man....

"Well," the vet replies, "I would only have charged you $50 for my initial diagnosis. The additional $600 was for the cat scan and lab tests."



Peter Child and Akira - skijoring Oz-style

Drivers Delegate Report.

Musher Awarness.

Michael Herbst.
Drivers Delegate.
88 Bethesda Road
Lewiston,S.A. 5501
Ph:85243352
Mbl:0418818816.

Hi,

For those that don't know me, my name is Michael. I have been involved with Sib's for 9 years both in racing and showing. I have been racing for as long and have been lucky or crazy enough to have raced in almost every race available in Australia: Adelaide, Victoria, Canberra and Sydney. I have mainly concentrated on Class 2, but have spent the past season in Class 1. I absolutely love this sport and it drives me to better myself, as well as my dogs every year that I compete.

I have learnt a lot over the past 9 years and have made some great friends and gained some fantastic support from sponsors such as PAL and Dr Woof's Veterinary Clinic.

I have won all of S.A.'s major cup races and have been the drivers champion at various stage throughout the past 9 years. I have also held a strong top five position in all of the open breed races around Australia.

I have seen the sport grow from races of no more than 20 competitors to races of 200 competitors.The great thing about this sport is the social side of things.

This column will appear in every Mush for 99 and will aim to inform novice and experienced mushers on topics that are relevant at the time, such as dog care, training methods, equipment available, events, endeavor to answer drivers questions, inform on topics discussed at Race committee meetings and to inform drivers on what is happening in S.A., VIC, NSW, Qld and ACT as info is made available.

Information will be sourced from various experts in their fields, other mushers and my personal views on topics.If you have a different view please feel free to contact me and be heard.This is a chance for you to have a say as a driver on topics that may affect yourself and other drivers.

I look forward to using this column to work together with the Helping Paws scheme being run by Anthony Cook. Both programs are aimed to educate the novice class of driver, and also to refresh the experienced driver.

Seminars will also be held, to the value of experienced and novice drivers. Dr Anthony Woof (B.V.Sc.)has kindly agreed to talk at these seminars on dog care and maintenance related to the racing dog. I will supply information on times and venues when they become available.

The last Race committee meeting I attended I saw the committee start the discussion on the controversial topic of the drivers championship points. If you have an idea or an opinion about this drop me a line and have your idea put to the committee

RUNNING KEWL !!!!!

KNOW YOUR DOGS

I will supply information for those of you who choose to run your dogs during October and into November. There is a big danger doing this with our climate, even though it may only be a forecasted temperature of 22°C , but, the sun is shining and it does not take much for some dogs to overheat. . The following information will be of use to every one, but most importantly for the dogs. Their life will be enjoyable - and they will look forward to their off season training.

Different dogs have different tolerance thresholds to heat. As temperatures increase, it is important to closely monitor each dog for signs of overheating and keep each dog below its threshold to prevent heat stress or heat exhaustion. This may mean if you own several dogs you may not be able to run all of them. Go for 1 dog or 2 dog runs only for the dogs enjoyment and leave the others at home if they find it hard with the warmer temperatures. Remember we run them for their enjoyment and not for our own personal thrill.There are several techniques you can follow to help and care for your dogs during this time of the year if you want to run them sometimes.

Wet them down thoroughly before the run. A wet body loses heat up to 25 times faster than a dry one. Use the garden hose before you go out if you can then rewet them when you get to the track.Make sure the head and under body are wet.

Wet them down after a run as well.

Get them to drink prior to the run. Use the same techniques you do during the winter months, bait the water with a small amount of dog food or meat. Do this about 1-2 hours before so the dogs aren't running with a full belly of water.

Provide small amounts of water during the run. If you are going to run 4 or more km's, I suggest you have small stop overs and give your dogs only a small amount of water from your hand and also wet their heads down again.Carry water with you always, you never know when you may need it.

continue next page.....

RUNNING KEWL CONTINUED.....

Keep the pace slow to reduce overheating. I know this may seem to be impossible but if the dogs are going to run too fast and overheat, don't run them at all. A trot or a walk is preferable. When the temperature is up the body heat generated in even a short dash can be devastating. If one dog is going slower than the rest of the team slow down to its pace or stop.

Junior Musher wetting down his dog.....

Know the signs of heat exhaustion and heat stroke.

Heat exhaustion includes heavy panting, increased salivation, not pulling or trying to stop, after these signs heat stroke may follow.

Heat stroke includes unusually fast panting, bluish gums, weakness, staggering or collapse.

Heat stroke can be fatal.

I generally carry a digital themometer in my first aid kit. A dogs normal body temperature is around 38.5°C,give or take 1-½°C. Get to know your dogs normal body temperature and keep it recorded.The dangerous point is when the dog sustains a temperature greater than 41.7°C. These temperatures will cause irreversible organ damage.

Run them when it is coolest. Often this is at night or at sunrise. Remember to be safe at night with appropriate lighting and wear your helmet,this is when you cant pick the track surface and you are prone to accidents, remember if you get injured badly you are no help to your dogs.

Shave them if it is really hot. I shave one of my dogs underbelly when ever I ran him in a major race last season because he is prone to overheating. This was the first time I had done this with one of my dogs who is 7 years old. I and many others think he has had his best race season yet. Because a cool (kewl) dog is a dog under less stress.The dog may look undignified while it is shaved, but it will be a lot happier. Beware that the hair does grow back thicker.

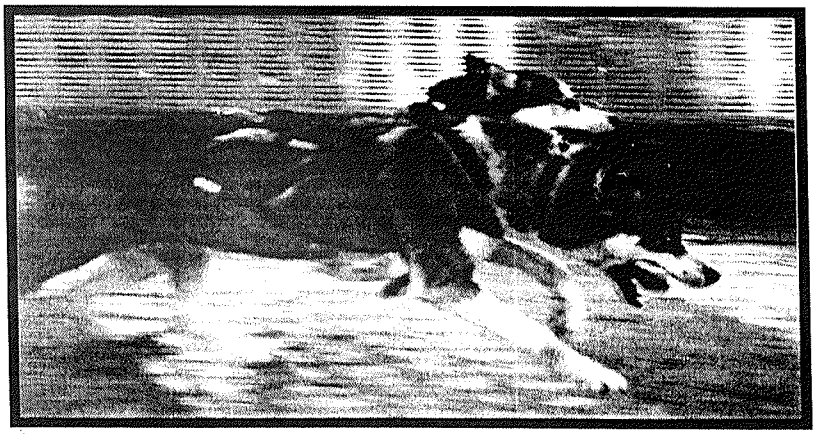
Allow individual dogs to stay at home. If a dog does not look interested, its threshold may be low and it is better left at home or you may mentally damage it all together.

Personally I don't believe in running dogs at all in Australia from November through to early March. I normally only start track training on the Easter long weekend unless there is some unseasonal cooler weather beforehand. I will talk about this in a later issue of Mush. I suggest if you want to run your dogs take them to the beach .

I trust you have found this topic useful and I will continue to write articles that are appropriate to the current time of the mushers year long calendar.Just because it is not winter and we are not competing on the race track we can still be thinking about what we can do for our dogs and either start or keep them wanting to run their best for us and themselves.Well prepared and cared for dogs can have a long and enjoyable racing career.

This years race season looks to be even more of a success than the past one, with Anthony Cook dedication as Race Co-ordinator and a group of people on his committee that have the experience of past years.If you are interested in helping give Anthony a call or come to a committee meeting they are normally held once a month on a Tuesday night at SACA Park,Kilburn.

Well until next month goodbye.



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Sled Dogs Carry Astrobiology to Dizzying Heights

Dr Tony Phillips

Mar. 12, 1999: Last month a 50 lb canister of yeast and other microbes arrived at a 13,000 ft summit in California's White Mountains. It was the first step in a new educational program called "Life on the Edge," which aims to expose grade school students to some of the basic principles of astrobiology and to explore the possibilities for life elsewhere in the Solar System.

"The basic idea" says Dr. David Noever, a member of NASA/Marshall's astrobiology research group, "is to subject a collection of benign microorganisms to some of Earth's harshest environments, including geothermal vents, high mountain peaks, and even the South Pole. After the microbes have been exposed to these severe conditions for a period of time, we will recover them and distribute them to classrooms. Grade school students can perform simple laboratory protocols on their samples to see how their microbes fared, and they'll be able to compare harsh environments on Earth to places like Europa, the Moon, and Mars."

The first phase of Life on the Edge is being conducted as a joint effort between NASA/Marshall's Space Science Laboratory and the University of California's White Mountain Research Station. The highest facility sits atop the White Mountain summit, a wind-swept peak at 14,249 ft. Conditions there are severe. Near the summit air pressure is only 600 millibars and the sustained temperature during winter is a frigid -20 C.

The WMRS staff have opened their facilities as shelters for the dog sled team.

"We haven't yet made it to the top (at 14,249 ft.) despite 4 trips with the dog sled team and 2 trips in snowmobiles," says Dr. Tony Phillips, a NASA astronomer and musher. "We've been delayed by severe storms, white outs, minor injuries to me and to the dogs -- you name it. It's an extreme environment up there. That's why it's so difficult."

"But," he continued, "we have conveyed the microbes to a summit at 13,000 ft, not far from the 14,249 ft. peak, and they are exposed to the environment there. We're planning additional trips in the near future to move them to the top."

What's it like dog-sledding in the White Mountains?

Tony Phillips contributed this account based on his most recent trip:

Ruby and Tovic - two members of an eight dog team that has travelled into the White Mountains several times this year to convey and monitor "Life on the Edge" microbe vessels.

Blondie's Revenge
or
"My dog ate the microbes!"

Feb. 25, 1999: "My team of eight Siberian Huskies and I began a 50 mile sled run to the summit of the White Mountains on a perfect day for sledding. It was cold, the trail was well-packed, and we began our steep ascent averaging about 6 mph. We had previously advanced the yeast packets to 13,000 ft, only 1000 ft below the summit, and this time we hoped to reach the top."

"About 13 miles into our trip one of my sled dogs - a giant, enthusiastic puller named Blondie - twisted his leg. The usual procedure when a dog is hurt is to bundle him into a bag which sits in the basket of the sled. The rest of the team then pulls the musher and the injured dog to safety."

"With this in mind I unsnapped Blondie from the gang line, and lifted him into the sled bag. Or tried to. The rescue quickly turned into an epic wrestling match. Although I am twice as heavy as Blondie, and arguably smarter, it was no contest. After a brief struggle, the sled was over-turned, my face was covered in snow, and Blondie stood panting happily back in position with the rest of the team. Blondie wanted to pull, not ride. After a few repetitions of this procedure, Blondie won out. I returned him to the team, and we headed for home."

It was not a very productive trip, except for Blondie who proved that he can pull just as hard on 3 legs as he can with 4."

Feb. 28, 1999: "Two days later we made another assault on the White Mountains. Blondie, who was still limping slightly, stayed home and was replaced in the team by Peanut, a small female Husky. Blondie was clearly affronted by being left behind, but we couldn't risk aggravating his injury. In retrospect I wish I had taken him. I might have avoided the revenge he exacted days later."

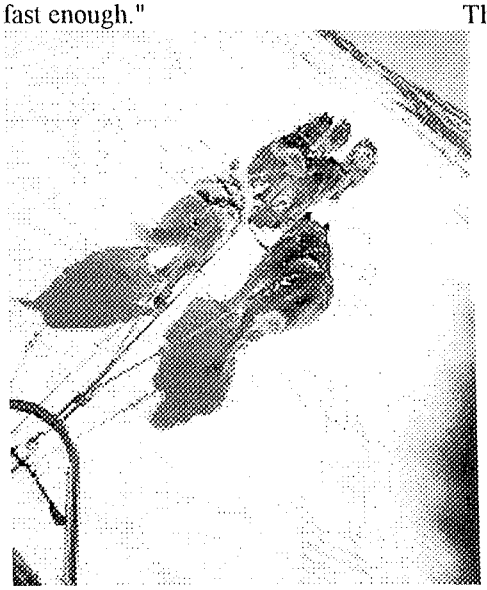
"This run began much like the last. A hard-packed trail. A cool breeze. Good conditions for sledding."

"At first we made record time. The dogs ascended 2500 feet in only 2.5 hrs. It looked as if we would reach the summit in a single day with energy to spare."

"Since our last run the wind had blown enormous snowdrifts along the trail. At one point, where the underlying path was carved from the side of a mountain, the trail disappeared entirely under a drift of rock hard snow that spilled steeply

downward into a 150 ft ravine. The trick was to make it across without slipping sideways down the side of the mountain."

"From a distance it looked sledable. No problem, I thought, if we go fast enough."



The dog sled team dashes across a steep slippery snowdrift.

"We went fast, all right, straight down to the bottom of the crevasse."

"Regaining the trail was not easy. The snow was so hard that I couldn't punch my fingers through the surface for a handhold. (They are still swollen from trying.) The only way up was by crawling crablike on my stomach, pulling the dogs and sled behind me. The dogs helped as much as they could, but on the slippery slope they couldn't stand up for long. One, two, then three legs would slip, followed by a funny little "ufff" sound and a downward tug on the sled. Our ascent back to the trail lasted more an hour."

"Once up, I nearly fainted. Then I nearly barfed. It would've been a good work-out at sea-level, but at 11,500 ft it felt about midway between devastating and catastrophic."

"We eventually discovered a detour and continued sledding, but the damage was done. We were three hours behind schedule and the exertion of our adventure in the crevasse had given me a serious case of altitude sickness. By 4:30 p.m., ill and exhausted, I decided to stop for the night at Barcroft Station (elev. 12,500 ft)."

"Altitude sickness is no fun, and I won't belabour the details. Throughout the night I melted snow for cup after cup of herbal tea (my wife's special remedy) and, miraculously, I was fit to sled again by morning."

"On the morning of March 1, I hooked up the dogs and we left Barcroft Station for a stopping point at 13,000 ft where the yeast has been exposed to the harsh mountain environment for over 5 weeks."

"Rather than convey the yeast from there to the summit, which I felt was beyond my limits at that moment, I decided to photograph the area and to collect snow and soil samples for later microbial analysis. At present no one knows which, if any, indigenous microorganisms live in the wind-swept peaks of the White Mountain range. We hope to find some that might later be identified as local extremophiles."

"I spent over an hour collecting samples, including rocks, snow and soil. I packed them carefully into the sled bag, turned the team around and finally headed home."

"Descending from 13,000 ft to 8,500 ft was easier than the climb the day before, and we reached my truck before nightfall. It had been a difficult two-day journey, but I felt that the many microbe samples tucked away in my sled bag made the trip worthwhile. I drove home, tired but satisfied."

March 2, 1999 -- Blondie's Revenge: "A day after we returned I was preparing to ship our hard-won samples to the Marshall Space Flight Centre where astrobiologists would examine them for evidence of microbial life. Blondie, still recuperating from his injury, was asleep in my office when I placed the sample bag on my desk and left briefly for a cup of tea."

"When I returned only Blondie remained. The sample pouch was on the floor in shreds. Fragments of plastic vials and swirl bags littered the floor. Blondie stretched and let out a long, satisfied belch."

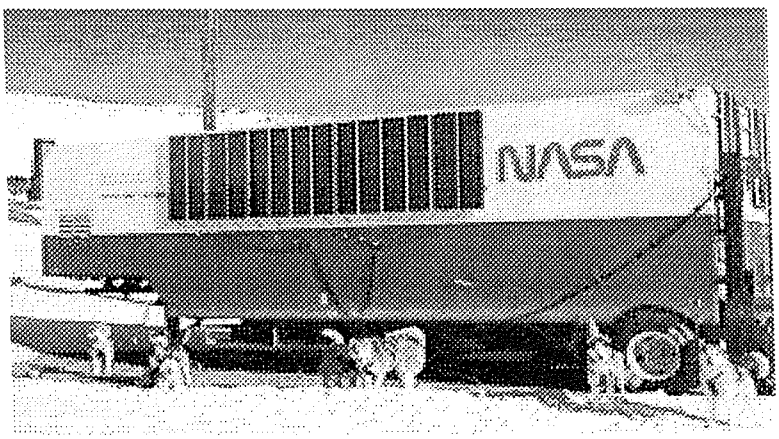
My dog ate the microbes!

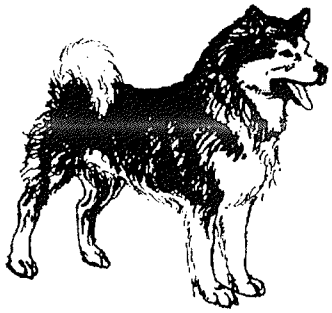
"Blondie is recovering nicely so we know that any White Mountain extremophiles are not pathogenic to Huskies. In fact, Huskies may be the toughest extremophiles we encounter during the Life on the Edge experiment."

"We're going back again in two weeks for more samples. This time I plan to take Blondie with me."

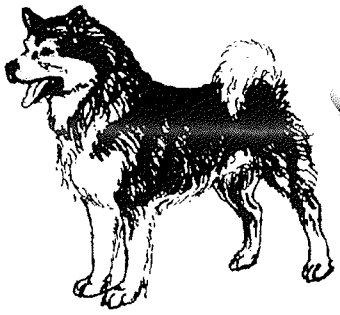
NASA Space Science News
http://science.nasa.gov/newhome/headlines/msad11mar99_1.htm

Below: The dogs take a breather at the White Mountain Research Station's Barcroft Facility at 12,500 ft. The NASA trailer in the background is part of a NASA/JPL atmospheric research project.





SLEDDING SUPPLIES



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So How Serious is Heartworm Disease Anyway?

Sandra Hassett

WHAT IS HEARTWORM DISEASE?

Heartworm are worms that live in the blood vessels between the heart and the lungs. They are spread by mosquitoes who suck up the microscopic larval form and inject them into another dog. About six months later these larvae have matured into adult worms.

Heartworm disease is the set of consequences of this infestation.

- Firstly, it makes the heart work harder to push the blood past the heartworm. This can cause heart disease.
- Secondly, it damages the blood vessels and tissues of the lungs. This causes coughing and reduced ability to exercise.
- Thirdly. by damaging the cells in the blood as they are forced passed the worms, it can make the body think these cells are abnormal and destroy them. This can cause anaemia and problems with blood clotting.
- Fourthly, the worms can move down into the heart and interfere with the way the valves in the heart work. This causes an acute and very serious heart malfunction.
- Finally it causes general ill thrift.

WHAT DOGS ARE MOST AT RISK OFHEARTWORM DISEASE?

Certain groups of dogs are more at risk of heartworm disease. These include:

- Dogs with pre-existing heart or respiratory conditions or from breeds which are prone to heart disease. Examples include Cavalier King Charles Spaniels, and breeds with pushed in faces such as pugs and pekes.
- Dogs less than 10 kg because they have such small hearts and blood vessels. Even a small number of worms causes serious problems.
- Dogs with liver or kidney disease.
- Dogs that live in areas with large numbers of mosquitoes (eg irrigated gardens or near lakes or creeks).

CAN HEARTWORM DISEASE BE TREATED?

Yes it can, but treatment is expensive and there are very definite risks associated with it. In addition the dogs have to be kept very quiet. usually closely confined, for several weeks after treatment and this is no fun for the dogs or their families. So prevention is much better than treatment.

HOW SERIOUS IS THE PROBLEM IN THE CANBERRA REGION?

In Canberra we are lucky, the incidence of heartworm disease is lower. It is much lower here than in areas such as Sydney, the South Coast and the Murrumbidgee Irrigation Area. So if you take your dog with you out of the ACT the risks are much higher.

WHAT CAN I DO TO PREVENT HEARTWORM DISEASE?

Heartworm is spread by mosquitoes, who travel up to one kilometre. So unless you keep your dog in an insect-proof cage, or know that all the dogs that live within one kilometre of your place are heartworm free, then the only solution is to give preventative tablets which kill incoming heartworm larvae.

All that it takes is the simple administration of a daily or a monthly tablet. Daily tablets are very cheap and widely available. Monthly tablets are more expensive but very easy to administer. Their cost is about $1.00 - *$1.50* per week which is not a huge price to pay for the peace of mind of knowing your dog is not at risk of this nasty disease.

The best time to start prevention is when puppies are having their initial vaccinations. Dogs other than young puppies, who have not been on prevention, will need to be tested to see if they are infested. If you are not sure what to do then talk to your vet. They'll be happy to explain your options to you.

WHAT SHOULD I DO IF I THINK MY DOG HAS HEARTWORM?

Bring them to see a vet! They can do a simple blood test to determine this and then advise you about your options for treatment or prevention.

PREVENTING MUSCLE INJURIES

John Kohnke BVSc RDA

Most greyhounds sustain some type of minor "wear and tear" injury each time they gallop and corner on a racetrack. If these injuries are not detected early. or allowed to heal between races, they can develop into more serious, chronic injuries. The stress of repeated racing can also lead to weakness in tendons, demineralisation of bones and joint breakdown. Although total prevention of muscle injuries is almost impossible, the risk of injury and lost training time can be minimised by adopting a few simple management hints.

Feed a well balanced diet

Ensure that adequate calcium is provided during growth, during breaking-in when stress levels increase on the immature skeleton, and when racing regularly to maintain optimum bone and muscle strength. A supplement of CALCI-D each day in proportion to the amount of meat, is important to maintain bone density and ligament strength, and hence musculo-skeletal soundness. Additional Vitamin A, D and E, and other trace minerals will help ensure bone and tendon strength. Body salt supplements will also help reduce the risk of muscle problems, such as cramping, heat stress and dehydration, that can lead to muscle damage.

Warm the animal up before galloping

Briskly walk or jog a greyhound to warm-up muscles and tendons, and improve blood flow, particularly during cold weather. On cold evenings, or in later races, massage the main muscle groups down the shoulders, along the back and hind limbs for 1-2 minutes whilst waiting to leave the kennel area before a race. Apply any strapping or support wraps as permitted to help reduce stress on previously injured toes or bones.

Ensure the animal is healthy, fit and prepared for the distance to be raced.

Proper conditioning to build up strength and resilience in muscles and bones for fast exercise, with a step-wise increase in galloping distance in preparation tor racing, will help prepare the musculo-skeletal system for the stresses and strains imposed by racing.

Watch for signs of injury during trials and races

Observing how a greyhound jumps from the boxes, negotiates corners, runs to the line, pulls up in the catching pen, as well as sectional times may lead you to suspect an injury as a reason for poor performance.

Carefully check the greyhound after each race

It is essential that you detect minor sore spots early, before more serious injuries develop. Check every greyhound over the morning after a race, as it is more likely even minor sprains and strains are likely to be detected It is difficult to locate even major muscle injuries immediately after a race when a greyhound is hot and excited from racing.

Prompt first aid is essential.

Properly and promptly applied first aid, such as a cold pack to reduce swelling or bruising of a torn or traumatised muscle from a sprain or fall. will help reduce damage and hasten healing time.

If in doubt, apply an ice pack and then seek veterinary advice.

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1999 Sled Dog Events Forward Planner

April	**Due South - Pre Season Warm Up** (ACT)	**24-26 April**
May	**Southern Cross Pro-Am** (Vic)	**22-23 May**
June	**Due South - Sugarloaf Mountain Marathon** (ACT)	**5-6 June**
	Underra Sled Dog Dash (Vic)	**12 - 14 June**
	Ridge Runners No Frills Race (Qld)	**12 - 14 June**
	Siberian Express - Sydney Sled Dog Sprint (NSW)	**26, 27 June**
July	**NEGRC - Northern Exposure** (Qld)	**2 - 4 July**
	CHA - Great Grey Bound (Vic)	**10, 11 July**
	Sthn Highlands Freight Run (NSW)	**10, 11 July**
	Wild Dog Derby (SA)	**17, 18 July**
	SHCNWS - Sydney Sled Dog Shield (NSW)	**24, 25 July**
	Belangalo 50 Stage Stop Race	**24, 25 July**
August	**Bannockburn SDC - The Burn** (Vic)	**31/7-1/8**
	Altitude 5000 - Pedigree Pal Sled Dog Derby (Vic)	**7, 8 August**
	CSDC - Canberra Sled Dog Classic (ACT)	**21, 22 August**

Darren Higgins and team - rumour has it Darren will be running in the 2-dog class this year!

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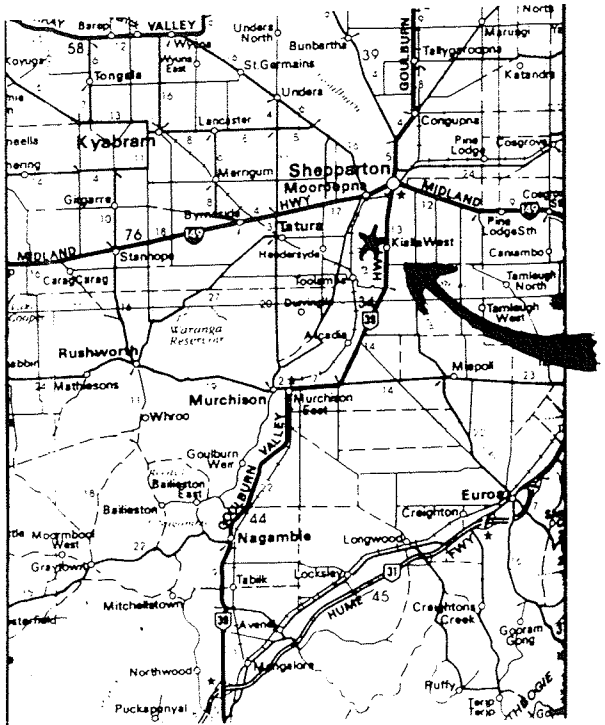
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Mitchellstown
Northwood
Puckapunyal
Ruffy
Tabilk
Lockstey
Longwood
Creighton
Creightons Creek
Arcadia
Mooroopna
Merrigum
Undera
Bunbartha
Tallygaroopna
Katandra
Congupna
Pine Lodge
Cosgrove
Tamleugh North
Tamleugh West
Mepoll
Whroo
Goulburn Weir
Ballenton East
Ballenston
Moormbool West
Graytown
Avenel
Montgomery
Gooram Gong
Tongala
Stanhope
Carag Carag
Gaspare
Byrneside
Henderslyde
Toolamba
Dookie
Lancaster
St Germains
Undera North
Wyuna East
Wyuna
Barapa
VALLEY
Matthesons
Murchison East
Whroo
Canambo
Pine Lodge Sth
Coosbo
Maruzgi
Katandra
Conguona
Pine Lodge
Cosgrove
Tamleugh North
Tamleugh West
Mepoll
Creighton
Euroa
Longwood
Creightons Creek
Gooram Gong
Ruffy
Terip Terip
Arcadia
Mooroopna
Merrigum
Undera
Bunbartha
Tallygaroopna

ABOUT THE WEEKEND

Thankyou for your interest in the 1999 Pedigree Pal Undera Sled Dog Dash, we hope to see you all there.

We will be using the same race site as we did for the '98 Dash and camping will again be available at the Belstack Tourism Complex,Goulburn Valley Hwy, Kialla West. However, we suggest that the three and four dog teams camp on the race track side of the creek for ease of moving yourselves to and from the start finish area.

We will again be running a night stage for all classes except Novice and of course Mini Pee Wee, Pee Wee and Junior. You are reminded of the minimum requirements for lights and line cutting equipment. Also this year we will be conducting random equipment checks over the entire weekend. Please make sure your equipment is safe and in good working order.

As you could expect, the NIGHT STAGE is restricted to experienced mushers only, eg. "A driver that has not COMPLETED one race prior to JANUARY 1999 is deemed to be a novice and for safety reasons is restricted to the two heats conducted in the daylight hours only. The entry fee for the novice class has been adjusted accordingly. To clear up a little confusion from last year, Novice Drivers are restricted to <u>one</u> dog only. This rule applies to Novice Drivers not Novice Dogs.

This year we have introduced a three dog class. The class will compete with the 4 dog class over the same course but will be carry it's own prize pool as other classes. So all you people out there who have three dogs harness them up together because you now have our own class. Please note that this class is for gig only not scooters.

To speed up the bib draw on Saturday a decision has been made to seed the top 15 mushers in one and two dog class. The balance of the field will be allocated a bib numbers randomly drawn by computer prior to the event. Therefore you will notice that the entry form now asks for your last three placing. We also ask that drivers check in as soon as they get there to confirm final numbers.

You will also notice that we have managed to keep the race entry fees at the same costing as 1998.

A reminder to all competitors that Sunday and Monday Sausage sizzle lunch is included with you entry fees.

Please don't forget our Mushers Banquet on Sunday Night complete with Monster Raffle. The cost includes a three course meal for $18.00 per person. Children primary school age are half price. Belstack are also offering us the Saturday night meal for $12.00. Belstack are also offering further meals please contact them direct on (03) 5823 1324.

We must also remind competitors and their guests that the Belstack Complex is licenced and therefore BYO is not permitted on the site.

Please note that Undera Sled Dog Club Inc. operates under the VSDRA Aggressive Dog Policy

QUEENS BIRTHDAY WEEKEND

SATURDAY JUNE 12TH. SUNDAY JUNE 13TH. MONDAY JUNE 14TH.

<u>LOCATION</u>: BELSTACK TOURISM COMPLEX
GOULBURN VALLEY HWY.
KIALLA WEST (Near Shepparton)
See map over leaf

- Camping available on site
- Free sausage sizzle lunch for competitors
- Banquet on Sunday Night
- Progam available at driver check in
- Meals available by booking on entry form
- Monster progressive raffle

RACE CLASSES

NOVICE CLASS (1 dog only)	approx 2km per heat	Race Total approx. 4km
1 DOG CLASS	approx 2km per heat	Race Total approx. 6km
2 DOG CLASS	approx 4.5km per heat	Race Total approx. 13.5km
3 DOG CLASS	approx 4.5 km night stage approx 7km other two heats	Race Total approx. 18.5km
4 DOG CLASS	approx 4.5km night stage approx 7km other two heats	Race Total approx. 18.5km

TIME TABLE

SATURDAY	12 noon	Driver check in opens
	3.30pm	Driver check in closes
	4.00pm	Bib draw and Driver's meeting
	(Race start time to be annouced at meeting)	
SUNDAY	7.00am	Driver's meeting
	7.30am	Race start time
	1.00pm	Competitors BBQ lunch
	2.30pm	Pee Wee / Junior classes
	6.30pm	Mushers Banquet
MONDAY	7.00am	Driver's meeting
	7.30am	Race start time
	1.00pm	Competitors BBQ lunch
	2.00pm	Presentation

**NB - Times above are approximate only, and are subject to change without notice.

<u>ENTRIES CLOSE</u>: 8.00 pm. FRIDAY 14th MAY
(Late entries will be accepted at double entry fee)

PLEASE NOTE – Any change in entry after 6.00 pm Sunday 6th June will incur a $1 0.00 fee.

However - REMEMBER - all entries received prior to the <u>16th APRIL</u> will be included in a draw to win - either
1st - Entry Fee (for one class) & Sat. & Sun Night Dinners
2nd - Entry Fee for one class

wild dog Mushers Association Inc.

presents

THE WILD DOG DERBY

17th and 18th JULY 1999 at Mount Crawford Forest, South Australia

LIMITED 1 DOG CLASS ☐ **LIMITED 2 DOG CLASS** ☐

LIMITED 4 DOG CLASS ☐ **KID N' MUTT** ☐

(capable drivers under 15 years)

Breeds of Dog/s _____

(Please note: parent/guardian must give written consent for all entries under 18 years of age)

ENTRIES CLOSE: 19TH JUNE 1999

LATE ENTRIES WILL BE ACCEPTED UNTIL THE DRIVERS MEETING AND WILL BE CHARGED AT TWICE THE NORMAL RATE

KID N' MUTT WILL NOT BE CHARGED LATE ENTRY FEES

RACE ENTRY ADULTS	MEMBER	$15.00 PER ENTRY	No. of entries ☐	@ $15.00	=	$	.00
	NON MEMBER	$20.00 PER ENTRY	No. of entries ☐	@ $20.00	=	$	.00
CE ENTRY ID N' MUTT		$5.00 PER ENTRY	No. of entries ☐	@ $5.00	=	$	.00
MID RACE BANQUET	ADULTS	$15.00	No. of serves ☐	@ $15.00	=	$	.00
	JUNIORS >5yrs free	$10.00	No. of serves ☐	@ $10.00	=	$	.00
WILD DOG LONG SLEEVE RUGBY TOPS	(short sleved)		No. of shirts ☐	@ $35.00	=	$	.00
WILD DOG POLO SHIRTS	(long sleeved)		No. of shirts ☐	@ $25.00	=	$	.00
					TOTAL	$	.00

I/we agree to run under the Rules governing the Race and shall abide by any official decision made at the race. I/we shall not hold the Sponsoring/Organisation bodies/ Individuals liable for any injury or accident which may occur during the Race. I am responsible for the actions and behavior of myself, my handlers and my dogs.

TEAM DRIVER _____ SIGNATURE _____

TEAM OWNER _____ SIGNATURE _____

ADDRESS _____

TELEPHONE _____

ENTRIES ARE TO BE FORWARDED TO: ANTHONY COOK, RACE CO-ORDINATOR, PO BOX 219 O'HALLORAN HILL SA 5158

* PLEASE ENCLOSE A STAMPED, SELF ADDRESSED BUSINESS SIZED ENVELOPE FOR A MAP OF RACE SITE, RECEIPT OF ENTRY AND A COPY OF RACE RULES

FOR FURTHER INFORMATION PLEASE CONTACT: Anthony Cook 08 892894152 or Ashley Taylor 08 83226291

DON'T BE A BUNNY SUBSCRIBE TO *HIKE!*

✓ Yes! I want ***Hike!*** with my Easter Eggs!

Name_____

Address_____

_____

Country_____

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