Hike!

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Hike!

The Australian Sled Dog Racing Magazine

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Hike Point Score Update

A new distance race has appeared on the scene - the Koonyoora Challenge - another 50km sled dog race. This brings the Mid Distance circuit to 5 races - all of which will be credited against the *Hike!* point score. An entry form for this race appears in this edition.

The third longest race of the season - the Sydney Sled Dog Sprint has a distance of 45km for the 6 dog class - however race organisers have asked that this race still be classified a sprint race. Accordingly points accrued in this race will be credited to the sprint race point score. An entry form for this race also appears in the magazine.

At the end of the season *Hike!* will put it to our readership to determine which races appear in the two point scores for the year 2000.

A5000 Update

Entry forms for this years Altitude 5000 sleddog race will be available from May 31st. Entries can be obtained by email sleddogs@SSC.net.au or telephone 03-54-283-285 and the snail mail is

A5000SDG
c/o "OUTLOOK STATION"
RMB 88 Outlook Lane
Gisborne VIC 3437

By now many may have heard that to be eligible to compete in this years race each competitor needs to be a financial member of VSDRA. (this is not an A5000 decision however for legal reasons it has been requested from the Alpine Shire and is now also a clause in our race permit)

If you require a VSDRA membership form we also have those available.

Entry fee per class remains at $30. Classes are 2,3,4 & 6 dogs.

Entries are again limited to 70 teams staying at Dinner Plain, no limit to those staying offsite. First in best dressed!

Robert Stevens
Altitude 5000 Sleddog Group

Kontroversy Korner

The Thoughts of Chairman Owen

Owen Robertson

State of Origin Racing.

Several years ago the Alaskan Malamute Club of Victoria, the Siberian Husky Club of Victoria and the Alaskan Malamute and Siberan Husky Club of South Australia formed an event called the State of Origin (this was back in the days when 4 dog events were a novelty, driving for more than two hours to a race site was considered extreme, private race organisations were considered rogues, two day events were almost unheard of and nobody in NSW, QLD and the ACT even knew how to spell "Mushing").

This event was great fun. You got to race as a team. You got to kick South Australian butt (well sometimes).

Over the last few years with the advent of private race organisations the event has declined with it being cancelled more often than not. I am as guilty as anyone of not supporting the continuance of this race but it has done itself no favours. I no longer support the event because it has failed to recognise the changing circumstances within the sport in Australia

For me to support the state of origin it must recognise the 5 states and territories with competitive mushers. For some reason the breed clubs involved have not expanded the race to include the growth areas in the sport.

A State of Origin race without NSW, ATC and Queensland involved is a joke. NSW and ACT especially as they actually represent a substantial portion of the active mushers in Australia and a substantial portion of the major races on the circuit .

I realise the correct forum for change as far as this issue is concerned is to raise the subject with the breed clubs involved. The reason for this letter is to determine if anyone else is interested in the revival of this event or a similar event which allows you at least once a year to race in a team rather than as individuals. Either send your thoughts to Hike or speak to me at the races.

Sprint versus Mid Distance Racing.

It is great to see the changes occurring this year to the style of racing available in Australia Mid Distance racing has been available to a small degree up until now (the Mal clubs in Vic and NSW have Freight races over 20 kms), this year seems to be the birth of this style of racing in Australia

I am concerned though that we seem to be taking a quantum leap rather than a progressive attitude towards the longer distances. Already two of the sprint races are looking at increasing the distances substanially, certainly well above the traditional 2km per dog rule.

Sprint racing is the nursery in this sport (Both for mushers and young dogs). It is unlikely that people will enter the sport with teams capable of running 15 to 25 kilometre heats.

Sprint racing is fun. There is nothing quite like going fast. It is relatively harmless to the dogs and drivers.

Competitive Mid Distance Racing requires more training, more mature dogs (yes we could have lots of arguments about this point), fitter mushers, colder weather?, more equipment and a lot more common sense and dog management.

Private race organisations have every right to put on events in whatever format they want. At the end of the day the financial viability of the organisations is determined by the size of entry received. We do need to be careful though how we manage the sport in Australia as the number of competitive mushers is limited (and seems to have stopped growing in the last couple of years). We cannot afford to discourage people out of the sport.

In Victoria especially where Siberian Husky Club races have been a non event in the last few years (I have been one of the few to go to these races and competing in fields smaller than 10 is not going to get new people excited about the sport) the private races are really the only place new mushers have to go.

Anyway, here ends the thoughts of Chairman Owen (known to some as "Thommo")

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Neck-lines from $6.50
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Delivery : 7-14 days
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47 Nichols Road, Kinglake West, Victoria 3757
Phone/Fax (03) 5786-5075

Canberra contact: Fiona & Andrew Matthews
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Members of the Canberra Sled Dog Club.

Kontroversy Korner

Genetic Diversity in the Siberian Husky

An extract from "The Canine Diversity Project" by Jeffrey Bragg

This article was raised by Tim White on the email list 'dogsleddingtalk'. It caused quite a sensation and a lot of angst - as Tim likes to do! I thought it would make a great Kontroversy Korner article. The following is an extract of the article focusing only on the Siberian Husky bits - but if you wish to read the article in full you can find it at http://www.magmacom.com/~kaitlin/bragg.html And for those who might not know, I run Siberians myself - so I am not pushing any particular barrow here - except perhaps free speech and challenging ideas. Ed.

The recognition of a breed creates a founder event when the registry is opened; a limited number of breed foundation animals are selected, often from a population which has already undergone considerable inbreeding and selection. Let us take for an example the Siberian Husky breed. Registered in 1939, the initial Canadian Kennel Club (CKC) population consisted of 47 animals, all belonging to or bred by one kennel! Of those 47, nine were foundation stock of the kennel whose dogs were registered. Two of those were males imported from Siberia - littermate brothers! The other seven were mostly related to one another. (Two were seven-eighths Siberian and one-eighth Malamute.) The other thirty-eight were all progeny and grand-progeny of the founders. Of the nine foundation animals, two were not bred from at all. Two were mated - once only - to each other; one only of their progeny contributed to further breeding. Of the two Siberia import males, one brother was always bred to the same bitch, producing a large number of progeny of identical pedigree; the other brother was usually bred to daughters of the first brother. Today Siberian Husky lines that trace directly back to the Canadian foundation stock owe 25% of their pedigree lines to the first brother, 15% to the second brother, and 27% to the first brother's invariable mate! Two-thirds of the genetic heritage of these modern Siberian Huskies derives from only three foundation animals! This is not an exceptional situation, it is a fair example of the early breeding history of CKC breeds.

In the case of the Siberian Husky, then, (which happens to be the breed, with whose early history I am reasonably well familiar), The Canadian Kennel Club opened a registry in 1939, inspected one kennel's dogs and admitted four dozen closely-related individuals to the registry, which was then closed permanently. No effort was made to ensure a broad foundation, nor a numerous one, nor a genetically diverse one.

Just how permanently the registry was closed I recently found out when I imported from Russia a dog bred to the Siberian Husky standard! The dog was born in the Ural Mountains well within the boundaries of Siberia from parents of Chukotkan village origins; he had three generations of known ancestry (without registration numbers since there is no official "Siberian Husky" registry in Russia).

I was immediately told that the Club "did not know what to do" about my application to register the dog, that the protocols used to register breed foundation animals in 1939 were no longer valid, and that my dog "should not be used for breeding because it would probably be a long process," in spite of the fact that the dog had a valid FCI Export Pedigree from the Czech Republic (through which he was exported). A year and a half later after repeated in camera discussions, the import was refused recognition by the Board and Registration Committee on grounds of inadequate information (no ancestral registration numbers). Repeated calls for Club inspection of the import and offers to submit the animal to DNA tests and progeny testing were ignored. The registry is closed - even to new Siberia imports!

For the past fifty-six years, then, all Siberian Huskies bred in Canada have stemmed from the 1939 registrations, or from American imports, which mostly stem from the same dogs CKC registered, plus perhaps three additional animals. The original foundation animals were poorly utilised and subsequent generations were so closely inbred that the two Siberia import males plus one bitch are even today still statistically equivalent to grandparents of every single Siberian now registered!

Thus the original founder event in my breed plus the closed studbook has resulted in a state of forced inbreeding for Siberian Huskies. There is no such thing as an outcross mating in Siberians in any genetically meaningful sense. A sire can be found, perhaps, who may have no ancestors in common with a bitch for the last 5 or 6 generations - if one knows all Siberian bloodlines well enough and doesn't mind going a few thousand miles to find him - but he will not be an outcross, because all of his ancestors and all of the bitch's ancestors are the same animals, once the pedigree is taken back far enough. It would be difficult to calculate inbreeding coefficients for

fifteen to thirty generations of ancestry; software to handle calculations of that nature doesn't seem to be generally available to breeders. (After all, a thirty-generation pedigree would contain over two billion names.)

Thirty generations of breeding all going back to ten dogs or fewer represents an impressive feat of sustained inbreeding!

Predictably enough Siberian Huskies, which eighty-five years ago were probably the toughest, hardiest variety of dogs on earth, now suffer from the same gamut of genetic defects that afflicts other breeds. Few if any registered Siberians are now able to perform as sled dogs on anything approaching the level of the 1910 dogs imported from Siberia. Probably this is mostly due to the decline in heterozygosity and loss of vitality through inbreeding. What is worse, unmistakable signs of inbreeding depression are surfacing in the breed: rising numbers of Caesarean births, smaller litters, lower birth weights, delicate nestlings prone to infection, etc. Breeders of domestic livestock - cattle, poultry, sheep - manage to run registries and maintain breed type without imposing the concept of absolute breed purity. They inbreed to fix desirable traits, as do dog breeders. Livestock breeders, however, do not try to pretend that they can inbreed forever without ill effects. Thus when inbreeding depression or genetic defects threaten, they outcross - repeatedly, if necessary. They can do so because they do not have closed studbooks. I do not suggest that we slavishly copy the procedures and registry structures of livestock associations, because I think they, too, might benefit from some restructuring in the light of modern genetic knowledge. Nonetheless I would make the point that we in the canine fancy are in a minority when we cling to absolute ideals of breed purity and insist on rigidly closed studbooks.

As a dramatic contrast to the foregoing example of the CKC's Siberian Husky breed foundation, let us examine for a moment the standards which Agriculture Canada now applies to new domestic animal breeds in this country, as set forth in a three-page leaflet entitled "Establishment of a New Breed of Animals in Canada." Agriculture Canada now requires that breed foundation stock (that is to say, the first generation of registered animals of a new breed) be selected from the third filial generation (F3) or later of the "evolving breed" which precedes the actual, registered new breed. It lays down no parameters for the founder generation of the evolving breed, but it does state:

- "Minimum number of animals to constitute the foundation stock of the new breed (F3): 200 animals (unique genotypes). In order to reach the required 200 F3 animals and in order to provide a sufficiently wide genetic base, it is recommended that the minimum number of animals to be produced in each F level be:

  F1 : 60 animals

  F2: 100 animals

It also stipulates that "the F3 generation is the earliest generation to become eligible for inspection as foundation stock... In practice most evolving breeds will evolve over many generations before having developed a significant population of foundation animals."

These modern standards are at least somewhat influenced by population genetics considerations, in an attempt to establish a basis for genetic health and stability for new animal breeds in Canada. Yet (in all probability very few of our existing CKC dog breeds, which are arguably of much greater economic importance than any new breed, would come anywhere near to the foundation stock numbers now enforced by Agriculture Canada. The sole exceptions would probably be breeds, like the Canadian Eskimo Dog, accepted for registration during the last decade or two. As for the Siberian Husky, its actual genetic founders (those whose genes contributed to future generations, leaving aside those which did not reproduce) numbered 6 only; the F1 generation which actually reproduced numbered 8 individuals; the F2 generation which actually reproduced numbered just 5 animals; no F3 animals were registered in the first year of CKC registrations - original founders. F1s and F2s were all registered together in the first year.

Thus it is obvious that the Siberian Husky, at least, could not begin to satisfy current Agriculture Canada standards for an appropriate number and variety of foundation stock to establish a new breed, when traced to its historic foundation. In all probability, few CKC breeds could do so. Yet the registry norms that are rigidly enforced by CKC, backed up by Agriculture Canada make the acceptance into the studbook of badly-needed new foundation stock a complete impossibility! Presumably Agriculture Canada has good and sufficient reasons justifying its standard for new breeds -- that being the case, then it is a curiously irrational situation that older, existing registered breeds not only are exempt from any such standard, but are actually prohibited from enlarging their founder group by the acceptance of unrelated primitive stock.

AFTERWORD

Should you feel indignant or upset after reading this brief, please put it aside for a few days, then read it again. I have introduced some ideas which, although they are becoming commonplace in other parts of the dog world, have largely failed as yet to reach Canada. Those who have accepted the gospel of breed purity inbreeding, and type above all, as published in a multitude of magazine articles and "how to breed" books, may well feel betrayed or insulted! It is not my wish to insult or to upset anyone, but I have nothing against disturbing complacency. We shall all have to rise above our own narrow individual interests and perspectives if we are to save our purebred dog world from genetic disaster.

Jeffrey Bragg.

ENTRY FORM
ENTRIES CLOSE 5th August 1999

I/we agree to be responsible for my conduct, the conduct of my dogs and handlers. I/we understand and agree to abide by Race Rules governing this race. I/we accept the authority of the Race Marshal as final arbiter and agree to abide by the Race Marshals decision. I/we hereby allow the organising Committee to use my image taken during the event for any race promotional purposes.

Signature: ..... **Date:** ...../...../99

○ **6 Dog Class**

○ **Open Dog Class**

$10.00 Challenge Entry FEE.

○ **Sprint Class** 1 Dog Class
2 Dog Class
4 Dog Class
6 Dog Class

$10.00 Sprint FEE.

Team Type:.....

No. Tickets required
.....

ENTRY: .....

DINNER: .....

TOTAL: .....

Kooyoora Challenge

Brought to you by

Northwestern Distance Drivers

In association with

4th & 5th September 1999

Proudly sponsored by

Meat-Bits

50k Challenge &

End of Season Open Invitation

To a Wind Down

Kooyoora Park
Inglewood (via Bendigo)

Challenge Details

2 x 25 kilometre heats
Major Drivers meeting and Draw Friday 3rd September 8.00pm
Start Order will be Siberian teams followed by Malamute teams
2 Minute Start Intervals
Class sizes 6 dog (minimum of 5)
Open Class 8 dog (minimum of 6)
Start Time very early, crack of dawn (6.00-6.30am)
Sunday start on Saturday finish
Luncheon provided
Minimum of 4 dog class experience drivers to enter
Drivers package sent prior to race

Race Vet Dr. David Moroney

Open Invitation to the wind down

1,2, 4 and 6 dog sprint teams are welcome to support the Kooyoora 50K Challenge and use the sprint trails for their classes following the completion of the Kooyoora Challenge heat.

If you are attending the wind down with sprint teams please indicate in the sprint section of the entry form, so that we may cater according to numbers. Sprint Race will be conducted under normal rules and conditions.

ENTRY FORM -

ENTRIES CLOSE 5th August 1999

Kooyoora Challenge

Please include a stamped self addressed business sized envelope.

Tickets to the Saturday night dinner must be prepaid at a cost of $12 per head for a 3 course meal

Make cheques payable to
the "Canine Harness
Association Inc"

Team Driver:.....
Address:.....
.....
Post Code: .....
Phone: (.....) .....

Team Owner: .....
Address:.....
.....
Post Code: .....
Phone: (.....) .....

ONE ENTRY PER FORM PLEASE Entries must be accompanied by funds payable to the C.H.A. Inc.

Entries to:
John Hynd c/- Newbridge Post Office
Newbridge VIC 3551 Ph: 03 5438 7451

GIARDIA

Kathy Farmer

Giardia (jE-AR dE uh),n.-a genus of flagellates that are parasitic in the intestines of vertebrates (named after French biologist Alfred Giard (died 1908).

Giardia is a parasite that is particularly vicious to most who inadvertently become its host. It is basically spread by faecal/oral contact. By this I mean giardia can be transmitted to a new host simply by the intake of a few droplets of water where an infected animal has shed faeces. The lesson there is that NO seemingly clean pristine in the mountain water source should ever be partaken of there ARE things in the water, you just can't see them.

Giardiasis is one of the few true zoonotic diseases. (something transmittable from animal to human).

First, how can a dog get giardia? Drinking out of the pond or the lake on that day is probably the most common way. Alternatively, the dog may have eaten cow or horse manure, or the dog just recently returned from a boarding situation. Carelessly hosed runs can result in infective cysts simply being hosed from one run to the next, as water is great carrier and chlorinating has no affect whatsoever.

The first obvious symptom is usually a putrid smelling liquidy stool, lighter in colour than usual (kind of mustard colour). This stool can appear kind of bubbly a times. And the force and the smell are definitely to be reckoned with. There is quite often blood in the stool.. Many times this parasite can make the dog vomit, lose his appetite, have loud churning bowel sounds ,and be "off", moping, lethargic obviously doesn't feel well. This is what you see on the outside. Let me fill you in on what's going on inside.

The first step in becoming infected is ingestion of what is called an infective otocyst (egg case). Inside each are many young enthusiastic giardium. Once inside the host, the egg case, which is impervious to most forms of destruction (including freezing), opens and the giardia take up residence in the digestive tract of host. Their one main goal is to REPRODUCE. They reproduce themselves in "episodes". A large mass reproduction effort, utilising of course, the hosts resources, mostly proteins that are being extracted in the small bowel. Once they receive that "nourishment" at the expense of the host of course, they become reproductive and shed out a great many new infective cysts. Now some of these stay but most are intended to leave the host via faeces and go on to infect new hosts. In order for them to be shed without being opened, the giardia manages to change the pH of the bowel, drastically. This results in a die off of a lot of the normal flora in there also, as the "good bacteria" need the typical pH to survive and thrive. A bunch of the mature giardias also die, and so take all this dead, and necrosing bacteria and a change in pH and the host will be in serious trouble. The body says DUMP THIS MESS ITS BAD MOJO, and wham the body will start evacuating the bowels with force. This also results in quite a sudden loss of critical electrolytes, and so dehydration can quickly become a secondary and serious problem. Some of the infective cysts may cling about the anus in the fur, or in the dog's attempt to clean itself, they of course will be ingested- its a very vicious cycle. There is a cycle to this, and after some pretty serious go rounds in the diarrhoea department, the dog may appear to become spontaneously well.

So sometimes this is blamed on something ingested that didn't agree with the animal. At the point at which the diarrhoea seems to be the worst is about the time people usually run to the vet. First thing that is done is a faecal is run, and in this particular problem, I will bet money it comes back negative. That is because the bowel is "washed out" (part of the intention of the giardia) .Also, the most common faecal examination is a saline "float" type; faeces is mixed into a heavy saline solution and a slide cover slip is put on top. Anything lighter like worm eggs usually, will float to the top and cling to the slip. This slip is then placed ,wet side down, on a slide and viewed under the microscope. This is a very reliable method to check for certain types of eggs- mostly WORM eggs. Usually the vet will find nothing, and just give some meds designed to stop the diarrhoea, tell you to take the dog off food for 24 hours and give gatorade or pedialyte to restore lost electrolytes. More serious cases might warrant an IV treatment. So owner takes dog home, satisfied there is nothing wrong with their dog that a little pepto won't cure. After all the faecal exam WAS negative. Everything seems to be going well, and then BAM the dog blows out again. So owner does everything the vet instructed on the previous visit, and (simply by the passage of time anyway) the dogs re-recovers. The dog goes on to have these "episodes" of diarrhoea and general malaise now and then. Eventually people start to say "oh well he has a touchy stomach", or "he has irritable bowel syndrome" or "he needs to be on a special diet." The problem here is that a dog can become a lifelong carrier of giardia, and periodically shed it during a "blow-out" These may never be as severe as the first exposure and resulting reaction, but it is enough to

effect the shed of more infective cysts which is the main goal of the parasite. These episodes also tend be stress related, and of course the diarrhoea is blamed on the stress.

Now here is what SHOULD have happened when the dog was taken to the vet. A faecal float should rule out any other parasites, but another type of faecal which is not used as often should be utilised. It is called a direct pull and smear. There is a special plastic rod called a faecal wand. It is long and slightly looped at both ends. The wand is inserted about say a couple of inches into the dog's rectum and rubbed against the walls to scrape a sample from the sides. A slide containing a few drops of fresh water is waiting. The wand end is then smeared a bit in the water. The slide is placed under the microscope without a cover slip and viewed. This is the BEST way to detect the actual presence of giardia. It is very hard to find ANYTHING in a washed out bowel, but there is usually something clinging to the irregular walls of the rectal tissue.

Giardia are flagellates. That is they are propelled by a whip like appendage. Basically- they look like sperm. The treatment, rather than the usual poison the parasite without poisoning the dog method doesn't work quite that way with giardia. They are more susceptible to an antibiotic type of treatment, rather than any "cide" (insecticide, parasiticide, homicide) type treatment. Basically the treatment makes the body inhospitable for them. The most common and most effective drug used for this is called Metronidazole, brand name: Flagyl. .

Now as metronidazole tends to wipe out allot of other bacteria's too- you need to supplement with something to restore the gut flora, such as Dannon yogurt with live cultures or probiotic paste, or a paste called Fast track. You need to take it real easy on their guts for a day or 2, as this parasite generally ravages the actual gut as well as the rest of the dog. This is where the classic chicken and rice diet for tummy boo-boos comes in.

Now that we have dealt with the dog- lets look at what environmental and zoonotic concerns we have. First, infective cysts can remain viable in the environment for a reasonable length of time, in water quite a bit longer. So here is a typical scenario. The dog blows out on the rug. You get the spray cleaner and a rag and you clean it up. These infective cysts are INGENIOUS at sticking to anything, including inside your fingernails, a deep crease in your skin and the worst part is as you scrub you are aerosolising them and as you alternately hold your breath because of the smell and then gasp a big breath, chances are GOOD you can inhale one of these cysts. If you do and you are lucky, you may only get a transient case of diarrhoea or a gurgly gut. But simply put you can contract this very very easily, by bathing your dog who is a mess from this, by scrubbing the carpet, by letting the dog who is not yet symptomatic lick your face and hands and you unwittingly transfer this to your mouth as five minutes ago your dog might have been washing his butt. 20 minutes ago, when you arrived home, he may have jumped around in the pen and stepped in some poop. These may be the same feet that the dog in your bed is sticking in your face all night long. Anyway one chemical that has been found to be effective against the cysts that may be on your hands or in your carpet is called Triclosan. This ingredient is found in Lever 2000 and Dial Soap as the active ingredient. A good hand washing using a nailbrush also, with this soap, will do a great deal of damage to the propagation of the parasite.

Printed with permission - originally posted to GreatDaneSanctuary@onelist.com on March 9,1999

Nuns and Dogs

Two Kiwi nuns have just arrived in Australia by boat and one says to the other, "I hear that the people of this country actually eat dogs." "Odd," her companion replies, "but if we shall live in Australia, we might as well do as the Australians do."

Nodding emphatically, the mother superior points to a hot dog vendor and they both walk towards the cart. "Two dogs, please." says one.

The vendor is only too pleased to oblige, wraps both hot dogs in foil and hands them over the counter. Excited, the nuns hurry to a bench and begin to unwrap their 'dogs.' The mother superior is first to open hers. She begins to blush and, then, staring at it for a moment, leans to the other nun and whispers cautiously, "What part did you get?"

Traditional.

Mark Waldock at the DS Preseason

Oads & Sods

In the movie "Iron Will" the hero's name was Will Stoneman. The name of the real "Hapless Hero" of the Winnipeg-St. Paul race was: Frederick S. Hartman **Source Trivia Trivia.**

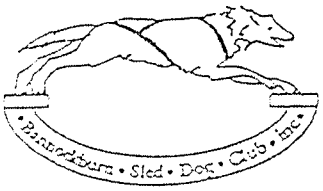
Jackals have one more pair of chromosomes than dogs or wolves. **Source Trivia Trivia**

BANNOCKBURN SLED DOG CLUB INC.

PRESENTS

"THE BURN" 99 - JULY 31ST & AUGUST 1ST

THE BURN



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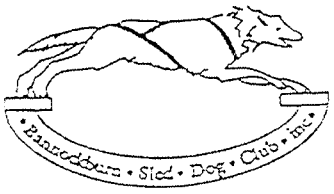

ENTRIES CLOSE FRIDAY 16TH JULY 1999

*Location - Bannockburn Reserve, State Forest (Melways Edition 25 Map 511 Ref D6)
* Camping is available on site.
*Brunch available Saturday & Sunday.
*Banquet & Trivia on Saturday evening.
*Rules - Bannockburn Sled Dog Club Inc. (Adapted from N.Z.F.S.S.)
* Race Veterinarian - James Vanner BVSc - GEELONG VETERINARY CLINIC.

*RACE MARSHALL - NICK BADRICE - SOUTH AUSTRALIA

RACE CLASSES - LIMITED 2,3 & 4 DOG CLASS - APPROX 15km per heat TOTAL RACE DISTANCE - APPROX 30km.

*To compete in the Adult classes driver must be over 16 years of age.
*All competitors MUST wear safety helmets.
*Start Intervals - 30 seconds *Reverse order after each event *Race running will be 2,3 & 4 dog classes run together *Veterans, Pee Wee's, Juniors, and Pee Wee's with Parent will be held at the conclusion of the 2, 3 & 4 Dog Classes.

*DRIVERS MEETING WILL BE HELD AT 7am ON BOTH DAYS.
*RACING WILL START AT 7.30am ON BOTH DAYS.

RACE ORDER FOR FIRST DAY WILL BE DETERMINED BY THE ORDER OF RECEIPT OF ENTRIES - BIB'S AND DRIVER BAGS WILL BE HANDED OUT AT THE DRIVERS MEETING ON SATURDAY MORNING.

*FOR A COPY OF THE RACE RULES PLEASE ENCLOSE A SELF-ADDRESSED ENVELOPE.
*LATE ENTRIES WILL BE ACCEPTED UP TO 7am ON SATURDAY JULY 31 WITH A $10 ADDITION TO THE ADVERTISED FEE.

*Inquiries can be directed to - John & Lisa Hodgson 03-5281 5283 Finn Jensen 03-5629 4486 Tony & Kim Field 03-5281 5312.

CUT ALONG LINE AND RETURN BOTTOM HALF WITH PAYMENT

BANNOCKBURN SLED DOG CLUB INC. - THE BURN 99

JULY 31ST & AUGUST 1ST

Banquet	($15)	____
Limited 2 Dog Class	($20)	____
Limited 3 Dog Class	($20)	____
Limited 4 Dog Class	($20)	____
Vet Dogs 7 Years & Over	($5)	____
Pee Wee	($2)	____
Pee Wee with Parent	($2)	____
Junior	($2)	____

TEAM DRIVER - _____

ADDRESS - _____

_____

_____

_____

PHONE NO - _____

_____

TEAM OWNER- _____

ADDRESS - _____

_____

_____

_____

PHONE NO _____

_____

TOTAL ENCLOSED - $_____

Pee Wee Class - Ages 7 years to 10 years -
Pee Wee with Parent
Junior Class - Ages 11 years to 16 years -

DRIVERS NAME - _____
DRIVERS NAME - _____
DRIVERS NAME - _____

PARENT/GUARDIANS SIGNATURE_____

I enclose my entry fee and agree to run under the rules governing the race and shall abide by official decisions made at the race. I shall not hold the sponsoring/organizing bodies/individuals liable for injury or accident which may occur during the race. I agree to be responsible for my conduct and that of my helpers and my dogs.

DRIVERS SIGNATURE_____OWNERS SIGNATURE_____

ALL MONIES PAYABLE TO - Bannockburn Sled Dog Club Inc.
ENTRIES TO BE SENT TO - The Secretary B.S.D.C.Inc P.O.Box 332 GEELONG VIC 3220. *Please enclose S.A.E for return of Race Rules*

SUPERCOAT
LIFE CYCLE FOOD FOR DOGS

THE 1999 CANBERRA SLEDDOG CLASSIC ENTRY FORM

21/22AUGUST 1999

VENUE: DEEKS DRIVE, CNR URIARRA & COTTER ROADS WESTON, ACT

Classes (please circle) Please check box if all dogs in your team are over 6 yrs old ☐

1 Dog Class....12yrs and over
Junior Musher (see footnote)

2 Dog Class....12yrs and over
Lead Dog Challenge

4 Dog Class...18yrs and over
Scooter Relay (dogless)

NOTE - ACT Forests are charging an $8.00 per site camping fee this year - Please include with payment.

Fees: 1st Class $25.00 2nd Class $20.00 3rd Class $15.00 TOTAL..... $.....

No Charge for Junior Musher/Lead Dog Challenge or Scooter Relay

NOTE - all drivers under 18yrs on the day of the race must have Parental/Guardian approval and attendance.
- Use separate entry form for more than one driver.

Bib Draw
Friday 20th August 8.00pm

Mushers Meeting (Attendance Compulsory)
7.00am Sharp - Both Days

Race Commencement: - 08.00am Both days *Order of Events*

4 Dog Class
2 Dog Class
1 Dog Class

Junior Class **Lead Dog Challenge** **Scooter Relay**(dogless)

Entrant Details:

Team Driver _____ Team Owner _____
Address _____ Address _____
_____ Postcode ____ _____ Postcode ____
Phone _____ Phone _____
Junior Musher Name _____ Parent/Guardian Name & Signature _____

Eligibility for "pure bred(s)" awards must provide reg'd numbers

Breed (if applicable & circle) - Alaskan Malamute Siberian Husky Other
_____ # _____ # _____
_____ # _____ # _____

Send Entries & Stamped Self Addressed Business sized envelope to:

The Secretary
PO BOX 3326 BMDC, ACT 2617
Entries Close 5.00 pm 1st August 1999

Make monies payable to **Canberra Sled Dog Club.**

Drivers Signature.....Owners Signature.....

- All Junior mushers must be supervised by an adult and are limited to 1, or 2 Dog Class
- I the afore signed, agree to run under the rules governing the race and shall abide by any official decision made at the race. I shall not hold the sponsoring/organising bodies/individuals liable for injury or accident which may occur during the race. I agree to be responsible for my conduct and that of my helpers and dogs.

Enquires : Charles Wannop 02 6254 6608 **Graeme Hall 02 6258 9885**

VETSEARCH TIPS

Muscle Cramping

Dr Ruth Davis

Muscle Cramping

Cramping is a very common problem in greyhounds, particularly in the back and hind leg muscles. It may occur at the starting boxes, during a run (commonly after about 300 metres) or in the catching pen. If the cramping occurs during a race the greyhound may slow down or stop or may run on three legs if only one leg is involved. The affected muscles tighten up into a ball and feel like a hard "knotted" mass that may last from 30 seconds up to 10 to 20 minutes in severe cases.

Cramping is most common in nervy excitable or unfit greyhounds. The exact cause of the muscle spasm is unknown and it appears that there are a whole variety of different factors that can lead to cramping. Lack of fitness and inadequate warm-up, dehydration, electrolyte imbalances, calcium deficiency, circulation problems and nervousness have all been implicated. Cramping seems to appear more frequently in certain bloodlines, which suggest that there may be an inherited predisposition to the problem.

To relieve acute cramping, stretch and massage the cramped muscles and apply warmth to the affected area with a hot, moist towel. Once the muscles relax, the dog can be walked on the lead for a minute or so, followed by further massage and short walks until the pain and knotting is relieved. It is important to remember that severe and permanent muscle damage can occur if the greyhound cramps repeatedly after racing. Preventing recurrence is therefore very important. A vet should examine a greyhound that suffers persistent or severe cramps so that the correct treatment can be given.

As there is no single cause of cramping there is also no single treatment to prevent the problem recurring. However, there are a number of feeding and management practices that can decrease the risk.

Feeding Practices

1. Provide Electrolytes

Dehydration and electrolyte imbalances can be avoided by supplementing with electrolyte replacers such as Betacel. In dogs prone to dehydration and cramping Beta-K should also be given to provide a slow release depot of extra potassium, the electrolyte which is most likely to become depleted in nervy, excitable greyhounds due to panting and barking. On race day give Beta-K and Betacel about 6-8 hours prior to racing. Make sure the greyhounds have access to cool, fresh water at all times.

2. Provide Calcium

A deficiency of calcium can also lead to muscle cramping as calcium is a vital component of the muscle contraction mechanism. Greyhounds on high meat diets are most likely to be deficient in calcium so add a calcium, phosphorus and Vitamin A and D supplement such as Calci-D to the diet each day.

3. Avoid High Carbohydrate/Low Fat Diets

High carbohydrate dry foods, breakfast cereals and bread are thought to increase the risk of muscle cramping due to the way that these foods are metabolised in the body. Limit the number of slices of bread to no more than 3 daily, and smear each slice with ½ teaspoon of margarine or vegetable oil to boost the fat content. If more than half of the diet is composed of a low protein (12-17%), low fat (2-3%) dry food, reduce the amount to 30% of the diet by replacing with a 17-20% protein dry food. Add extra fat at the rate of 12g (3/4 of a tablespoon) per cup of dry food to make up the energy shortfall.

4. Provide Vitamin E, a Natural Muscle Antioxidant

Vitamin E is an essential vitamin for all racing dogs, particularly if they suffer from muscle problems. Vitamin E 'mops-up' toxic substances known as 'free radicals' which are produced by muscle cells in huge amounts during exercise. ½ scoop of White-E should be given each day.

5. Administer Neutradex After Fast Work, Trialing or Racing

Neutradex is an acid buffer that neutralises the lactic acid produced by muscle metabolism. Give 6ml over the tongue or in milk or water as soon as possible after fast work.

Management Practices

1. Make Sure the Dog is Fit for the Distance Over Which it Races

It is unusual for fit greyhounds to cramp. Training programs should be designed to develop cardio-respiratory (heart and lung) fitness as well as musculo-skeletal (muscle and bone) fitness. Cardio-respiratory fitness requires walking, free galloping and even swimming if available. Once this is achieved fitness can be maintained by hand slipping or sprinting. Greyhounds which are susceptible to cramping must be kept fit but fresh (do not overwork or tire them). If the dog is excitable or is a 'hard worker', reduce the amount of walking to avoid excess potassium loss.

2. Make Sure the Greyhound is Adequately Warmed Up

Brisk walking in the kennel area or a massage of the shoulder, back and hind leg muscles is important pre-racing, particularly in cold weather. Warming up muscles prior to racing helps to turn on the muscle enzyme systems needed to release energy and increases the blood supply to the muscles in readiness for racing.

Remember that muscle cramping is a serious problem that may severely affect performance and health. If the problem continually recurs or the dog remains unwell after a cramping episode you should consult your vet for advice.

Vetsearch International
Freecall: 1800 810 792
PO Box 6025, Parramatta, BC NSW 2150

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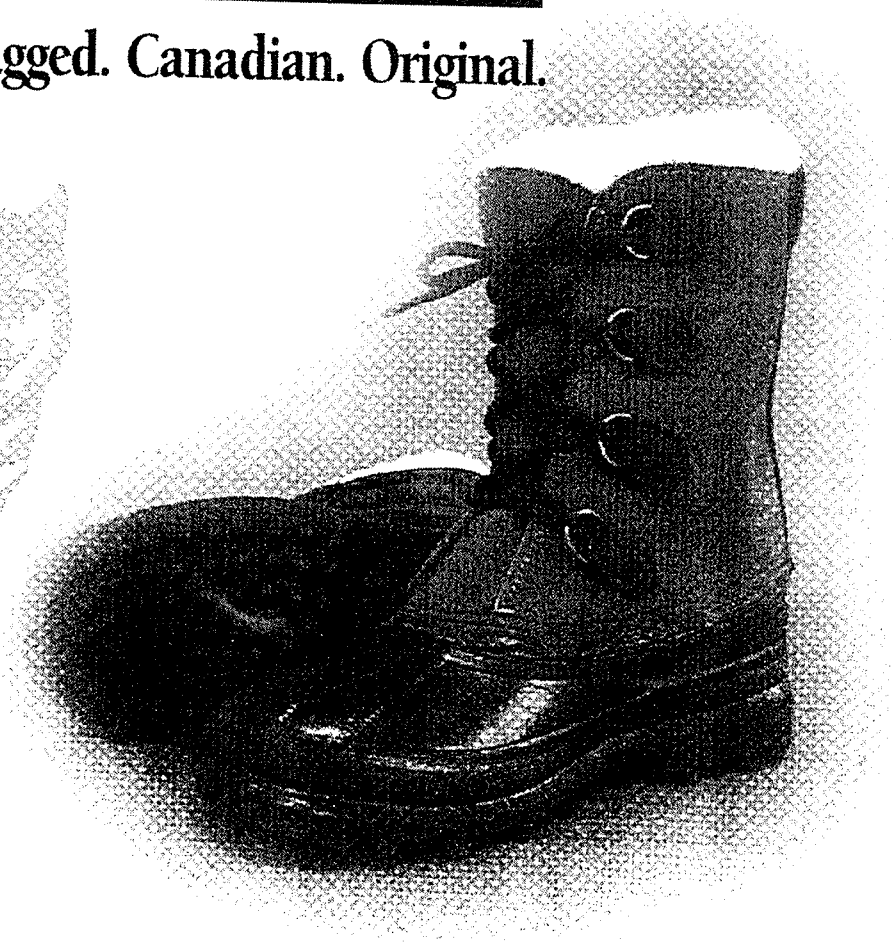


MENS, WOMENS, CHILDRENS BOOTS AND LINERS

For more Information, contact GEOFF AND TARN STYCHE

Ph: (02) 4784 2543 Mobile: 0418 968 633

Sled Dog Racing

Siberian Husky & Alaskan Malamute Club of SA Inc

State of Origin

I hope this covers all the general details associated with the event. I have included a map, entry form and running schedule.

Race 5 State of Origin (sponsored by Trophy) - Wandillo rd Mt Gambier
The map included displays the location of both the race site and campsite. We are camping at the Riding for the Disabled complex on Airport rd. the venue allows for large camping areas with in the grounds. There is also a large undercover area. Also included in the complex are an amenities block (showers and toilets), a full kitchen (stove, fridge, urn & microwave) with an adjoining common room containing lounge chairs and a pot belly stove.

Sat Night Supper
Meals can be ordered for Sat Night at a price of $8.50 we have a choice of:
Home made soup $1 per serve
Chicken Fillet pack - peas, carrots, chips & gravy
Beef Schnitzel pack - peas, carrots, chips & gravy
½ Chicken pack - peas, carrots, chips & gravy
Seafood Pack - Tuna patty, dim sim, fish & chips

Accommodation
For those who aren't keen on roughing it:
The Mount Gambier Hotel are happy to accept Mushers and Dogs (**No animals in the rooms**). They have family units sleeping up to five people and a fully licensed restaurant. This is the closest motel to the race site and offers large lawned parks nearby to exercise your dogs.

Motel Mount Gambier
115 Penola rd
Mount Gambier SA 5290
ph (08) 8725 5800 fax (08) 8725 8540

Race Distances

Novice	1.3km
Class 1	3.3km
Class 2	6.1km
Class 3	7.5km

Call me on the number below for further details.
Anthony Cook
Race Coordinator SHAM
(Executive Committee Member)

Sled Dog Racing

Siberian Husky & Alaskan Malamute Club of SA Inc

THE SIBERIAN HUSKY & ALASKAN MALAMUTE CLUB OF SA INC.

PRESENTS

THE 1999 SOUTHERN TRIFECTA

Race No	Date	Title	Location	Entries Close	Entry Fee $ Members	Non Members
5	Sat Sun 3/4th July	State of Origin SA vs Vic	Mt Gambier	1/7/99	$10.00 SHAM, SHCV, AMCV	$15.00
6	Sat/Sun 10/11th July	SA Sled Dog Cup	Kuitpo	8/7/99	$15.00 SHAM	$20.00
7	Sat/Sun 24/25th July	Tribute to the Last Antarctic Husky	Mt Crawford	22/7/99	$8.00 SHAM	$12.00

Novice Class $5 (all races)
Enquires: Anthony Cook 08 8289 4152

Classes to be contested
Siberian Husky: Class 1(1 dog), Class 2 (2dog), Class3 (limited 3 / 4 dog), Novice
Alaskan Malamute: Class 1(1 dog), Class 2 (2dog), Class3 (limited 3 / 4 dog), Novice

Make all monies payable to SHAM
Entries forwarded to Mary Maguire, 119 Glengyle Terrace, Plympton SA 5038.
Ph 08 8297 5569

Drivers name: Race Nos:

Drivers Address:

Team owner: Address:

Telephone: Membership no: Dogs pet name:

Dogs pedigree name:

Class Entered: (1,2,3or Novice) Breed:

I enclose my entry fee(s) and I agree to run under the Rules and Regulations governing the race(s) and I agree to abide by any official decision made at the races. I agree to be responsible for my conduct, my dogs and that of my handlers.

Drivers Signature: Date:

Do you require catering for YES/NO Lunch/Tea

Race Enquires to Anthony Cook : Ph 08 8289 4152 Good luck and Good Mushing

Sled Dog Racing

Siberian Husky & Alaskan Malamute Club of SA Inc

State of Origin SA vs Vic

Sat 3rd & Sun 4th July

MT Gambier, Wandillo Forest Rd

Represent your Club and your State

Race Schedule

Item	Date
Entry Deadline	Thurs. 1/July/99 9:00pm
Payment Deadline	Sat. 3/July/99 2:45pm
Drivers Meeting	Sat 3/July/99 3:00pm Sun. 4/July/99 7:30am
Prize Presentation	Sun. 4/July/99 1:00pm - Camp site
Dinner $8.50 per person	Sat. 3/July/99 7:45pm- Camp site
Lunch	Sun. 4/July/99 12:00pm- Camp site
Dinner order Deadline	Mon 28/June 7:30 pm

Heat 1 of 2 (Saturday)

Class	1 (1 Dog)	2 (2 Dog)	3 (3/4 Dog)	Novice	Peewee
Distance	3.3 km	6.1 km	7.5 km	1.3 km	
Start Time	Sat. 3/July/99 5:00pm	Sat. 3/July/99 6:00pm (Order: Class 3, 2) 5 min break between Class 3 & Class 2		Sat. 3/July/99 4:00 pm	after novice Sun only
Starting Order	As Drawn	As Drawn	As Drawn	As Drawn	
Starting Increment	30 Second	30 Second	1 minute	1 minute	

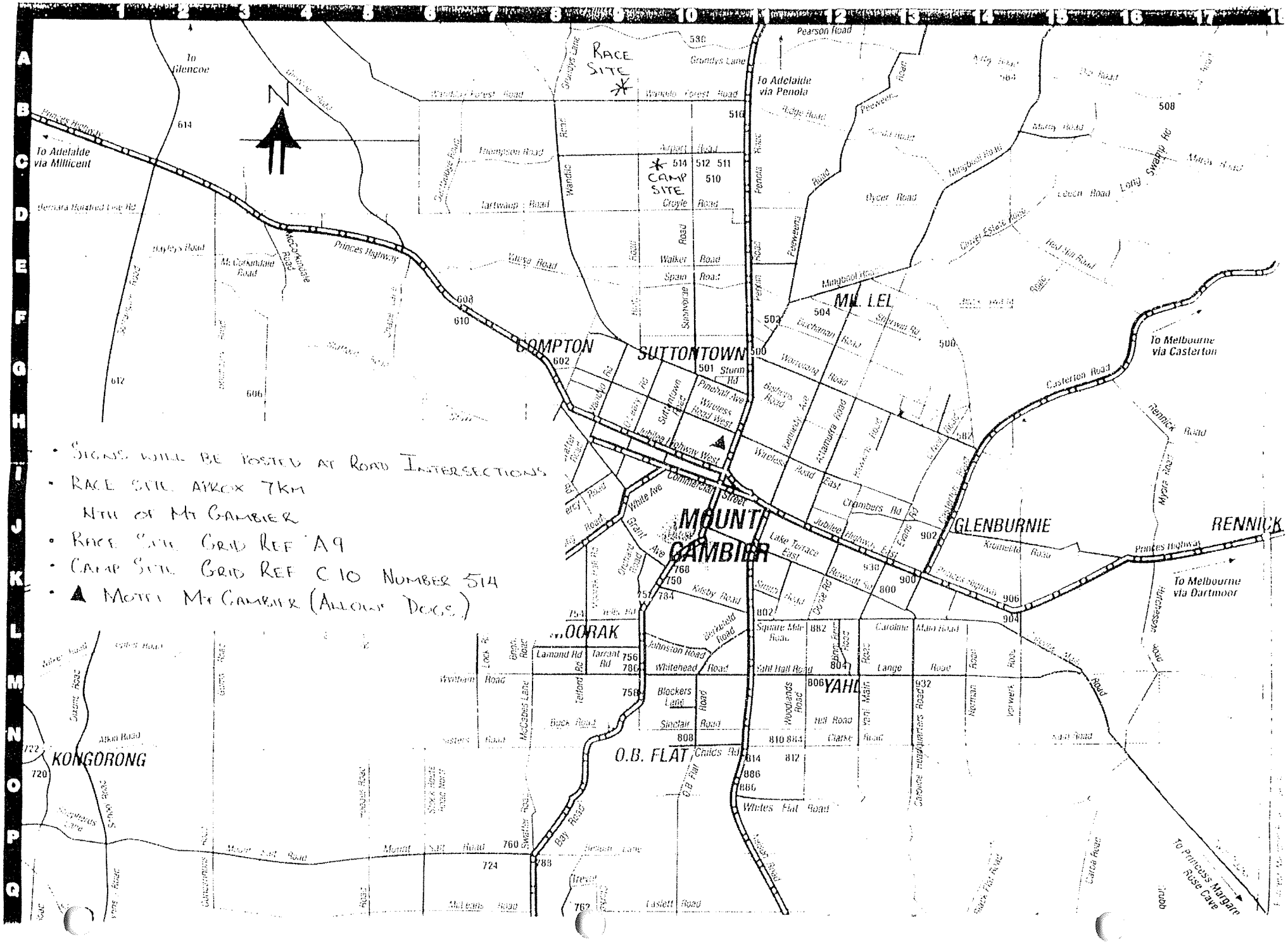
Note All Classes except Novice, will require lighting equipment.

Heat 2 of 2 (Sunday)

Class	1 (1 Dog)	2 (2 Dog)	3 (3/4 Dog)	Novice	Peewee
Distance	3.3 km	6.1 km	7.5 km	1.3 km	500m
Start Time	Sun, 4/July/99 9:30am	Sun. 4/July/99 8:30am (Order: Class 3, 2) 5 min break between Class 3 & Class 2		Sun, 4/July/99 30 mins after conclusion of class 1	after novice Sun only
Starting Order	Fastest first	Fastest first	Fastest first	Fastest first	As Drawn
Starting Increment	30 Second	30 Second	1 minute	1 minute	1 minute

Race Enquires to Anthony Cook : Ph 08 8289 4152

Good luck and Good Mushing



- SIGNS WILL BE POSTED AT ROAD INTERSECTIONS
- RACE SITE APROX 7KM NTH OF MT GAMBIER
- RACE SITE GRID REF A9
- CAMP SITE GRID REF C10 NUMBER 514
- ▲ MOTEL MT GAMBIER (ALLOW DOGS)

Drivers Delegate Report.

Musher Awarness.

Michael Herbst.
Drivers Delegate.
88 Bethesda Road
Lewiston.S.A. 5501
Ph:85243352
Mbl:0418818816.

Since last months article I have received some more information on dog food. so add these bits of information to your files.
First up is the extension of the PAL products. with the PAL Professional Formula Conditioning Diet that I gave details for has now became PAL Professional Performance Diet. all the other details are the same.
Second up is the Hills Science Diet. I gave the formula for the maintaince diet because that was the details that I had available at the time. I have the details for the Active Diet :Crude Protein 26.5%. Crude Fat 23%.
Third up is the fact that I reported that Royal Canin would probably make an appearance on our shelves. It has been pointed out to me that Royal Canin has already tried marketing their product in S.A. but did not make the sales needed and pulled out. So your guess is as good as mine!
Good luck making your choice and remember *"don't scrimp on nutrition!"*

Polar Speed dog imported from Finland. Notice the thin legs and lean body, biult to run!

This month I will discuss in brief some of the major changes that have occurred in the sport of Sled Dog Racing. I have had comments from people saying that sometimes some of us are to serious about the sport. This maybe true. but with the sport becoming more professional all the time. and I think this is a good thing. With people becoming more competitive and looking for the edge to win or just do well. the ultimate winners are our dogs. Dogs can't do well if they are not trained. vetted and more importantly feed properly. If competitiveness is good for our dogs so be it.
One of the major ways people are trying to become more competitive is by importing racing lines of Siberian Huskies. Recently we have seen the dominance of the Finish. Polar Speed dogs around Australia. The extreme look of these dogs has turned a lot of people away from them. but the fact still remains that they can run faster and they do it with much more ease than our traditional style of Siberian Huskies. Some of the others imported vary from the 'Huskyaus' lines from the U.S. that Nola Randell imported quite a few years ago now. The 'Northome' and 'Anadyre' dogs have been in Australia for a while and have mainly been involved with the four dog class. Some of the more recent lines to be imported are the 'Lokiboden' and 'Fortsalong' dogs. All of these kennels are Racing Siberian Husky Kennels and tend to have dogs with more extreme characteristics.and racing brains. I can see this is the future of Sled Dog Racing in Australia with all of these imports and now the breeding of these dogs to develop our own style of racing dog. I would like to see the pedigree names of these dogs published in the race results so we all can watch and see which ones are performing.
For those of you who are still dubious about some of these dogs. just stand back and watch how easy they do their thing and admire the years of development that people have put into building their own style of dogs.

Next month I will start to get into some of the equipment for racing and start you thinking "racing".

KEWL RUNNING.

B-50 Sled Dog Race

BELANGLO STATE FORREST - NSW

RACE STARTS 6:30 PM

24-25 JULY 1999

4-6 Dogs

50 Km in two 25 Km stages.

Beautiful native forrest and plantation trails.

6 Hour Mandatory layover between stages.

Min $1000.00 purse

CONTACT US FOR AN ENTRY PACKET.

Phone: Steve Carrick on 0419 623 431 or Email: crack@ozemail.com.au
Address: 16/12 Meadow Cr
Meadowbank 2114 NSW

SIBERIAN EXPRESS

sled dog club, inc.
SYDNEY, NSW

presents the 4th annual

"Sydney Sled Dog Sprint 99"

Wingello State Forest, NSW
26th & 27th June

ISDRA
Sanctioned
Event

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BUILDING SERVICES

HUSKYTAPE

Planet Dog Publications

Driver Profile

CLASS _____
NAME _____
OCCUPATION _____
TOWN/STATE _____
BREED _____ YRS MUSHING
TEAM NAME _____
DOG NAME(S) _____

MUSHING MYTHS _____

Closing Deadline

- Race Entries close FRI 11 JUNE 1999
- Any class changes to original entry after the closing date will incure an additional fee of $20.00 per class change
- Late Entries accepted on day of race @$40.00 per entry
- Please Make Cheques Payable to SESDC
  Include a Business Size SASE
- Post ALL forms to PO Box 802 KINGS LANGLEY 2147

1 Dog Class	$20.00	$ _____
2 Dog Class	$20.00	$ _____
3 Dog Class	$25.00	$ _____
4 Dog Class	$25.00	$ _____
6 Dog Class	$30.00	$ _____

TOTAL ENCLOSED $ _____

A FEW FACTS FACILITIES & FUNCTIONS

RACE MARSHALL - Merv Turner (VIC)

RACE SCHEDULE

- Race Classes - 1, 2, 3, 4 & 6 Dog
- Bib Draw - 7:00pm Fri 25 June including *Complimentary Hospitality* of coffee, tea & soft drink
- Drivers Meeting - 6:45am Sat 26 June
- 3 Heats
- Heat #1 - 7:30am Sat 26 June
- Heat #2 - 5:30pm Sat 26 June
- Heat #3 - 7:30am Sun 27 June
- All Childrens classes will follow after Heats #1 & #3 only

MORE INFO

- Parents of a Junior Musher wishing to compete in an Adult Class must sign and date a request to the Race Marshall complete with logical reasoning and attach to this entry form
- Late Entry $40.00 (after 11 June 99)
- Large cleared Camp area with Toilets
- 10km from Roadhouse & Phone
- *Complimentary* BBQ lunch Sat & Sun for all Drivers
- Handlebar lamp or Head lamp required for heat #2
- 99 Race Patch & Coffee Mugs on sale
- Novelty Events
- Trophies 1st to 3rd, Sashes 1st to 10th, Science Diet & Cash awarded
- Presentation Function Mega Raffle
- Siberian Express Cafe
- Race Rules included in Race Pack

RACE DETAILS

Note-All Distances and Prize Monies are approximates only

Class	Dist	Prize $	Entry Fee
1 Dog	4km	$200	$20
2 Dog	8km	$300	$20
3 Dog	12km	$400	$25
4 Dog	12km	$500	$25
6 Dog	15km	$600	$30

RACE PROGRAM

- We are offering clubs & individuals the opportunity to advertise FREE in our 99 Race Program! Space is limited, so act fast. All ads must be received by Fri 28th May 1999.
  Be quick or you'll miss out!
- Race Program will be issued at Bib Draw

RACE ENQUIRIES

- NSW, ACT & QLD - Jenny Babazogli
  ph (02) 9674 4943 fax (02) 9674 5953
- VIC & SA - Marty & Harriet Karow
  ph & fax (03) 9761 6336

- E-mail: sibexp@ozemail.com.au
  www.ozemail.com.au/~sibexp

- All cheques made payable to SESDC
- **Include a Business Size SASE**
  no envelope - no race pack
- Post ALL forms to
  P O Box 802 KINGS LANGLEY 2147
- Entries close Fri 11th June 1999

SIBERIAN EXPRESS sled dog club, inc. *"Sydney Sled Dog Sprint 99"* ENTRY FORM

☑ Tick Applicable Box(s) • ENTRIES CLOSE FRI 11th June 1999 • ***ONE DRIVER PER FORM***

☐	1-DOG SPRINT	$20.00	
☐	2-DOG DERBY	$20.00	
☐	3-DOG CLASSIC	$25.00	
☐	4-DOG CLASSIC	$25.00	
☐	6-DOG EXPRESS	$30.00	
☐	TINY TOTS (4yrs & under)		*FREE*
☐	PEE WEE (5yrs-7yrs)		*FREE*
☐	BANTAM (8yrs-11yrs)		*FREE*
☐	JUNIOR (12yrs-15yrs)		*FREE*

DRIVERS NAME _____

ADDRESS _____ P/C ____

PH # _____ MOBILE # _____

DRIVER/PARENT SIGNATURE: _____

AGREEMENT: *I agree to be responsible for my conduct, the conduct of my dogs and handlers and abide by any decisions made by race officials. I shall not hold the sponsors, race organisers, landowners, State Forest of NSW, or other individuals associated with the race liable for injury, damage or loss to myself, my dogs or equipment. Parent must sign if musher is under 16 years old. Mushers under 7yrs must be accompanied by an adult.*

SOUTHERN CROSS PRO-AM 1999 Results 4 Dog Pro

Name	Bib	Heat 1 Time	Heat 1 Position	Heat 2 Time	Heat 2 Posision	Overall Time	Final Position
Terry Mace	10	14:37.3	1	16:13.7	1	30:51.1	1
Jozsef Toth	8	16:01.2	2	16:16.8	2	32:18.1	2
Alex Theuma	6	16:41.6	3	16:35.2	3	33:16.7	3
Marty Karow	5	17:03.3	4	17:25.1	4	34:28.4	4
David Pettifer	9	17:34.1	6	17:45.1	5	35:19.2	5
Merv Turner	7	17:42.5	7	18:34.0	6	36:16.5	6
Mitch Blockley	1	18:08.6	8	18:58.1	7	37:06.7	7
Annie Jackson	3	18:40.3	9	21:04.3	8	39:44.5	8
Ivan Douglas	2	19:05.1	10	55:29.0	999	14:34.2	999
John Hodgson	4	17:32.2	5	57:59.0	999	15:31.2	999

SOUTHERN CROSS PRO-AM 1999 Results 4 Dog Sport

Name	Bib	Heat 1 Time	Heat 1 Position	Heat 2 Time	Heat 2 Posision	Overall Time	Final Position
Ralph Koch	15	21:03.7	1	22:36.3	2	43:40.0	1
Clem Kyle	12	23:56.5	2	22:17.5	1	46:14.0	2
Nola Randell	13	26:07.9	4	23:53.3	3	50:01.1	3
Barry Burden	11	26:08.9	5	24:41.0	4	50:49.9	4
Greg Badior	16	26:00.7	3	25:49.4	5	51:50.1	999

SOUTHERN CROSS PRO-AM 1999 Results 2 Dog Pro

Name	Bib	Heat 1 Time	Heat 1 Position	Heat 2 Time	Heat 2 Posision	Overall Time	Final Position
Darren Higgins	27	08:41.9	2	08:35.1	1	17:17.0	1
David Hodgson	32	08:38.3	1	08:51.8	3	17:30.1	2
Adrian Fasham	24	09:02.3	3	08:51.5	2	17:53.8	3
Owen Robertson	30	09:10.3	4	09:19.7	4	18:30.0	4
Lawrie Coutts	40	09:11.6	5	09:21.7	5	18:33.2	5
Beth Boproff	26	09:12.5	6	09:51.3	9	19:03.8	6
Clem Bittendorfer	37	09:39.4	8	09:25.0	6	19:04.4	7
Finn Jensen	36	09:31.5	7	09:52.4	10	19:23.9	8
Kasie LoSurdo	29	09:41.9	9	09:50.1	8	19:32.0	9
Peter Komidar	28	09:54.9	11	09:37.9	7	19:32.9	10
Susan Hodgkinson	39	09:49.9	10	10:06.2	11	19:56.1	11
Natalie Colvin	31	10:06.3	13	10:11.5	12	20:17.8	12
Michael Herbst	35	10:10.7	14	10:27.2	13	20:37.8	13
Hayley Coutts	22	10:01.3	12	10:39.8	16	20:41.1	14
Michael Ailsop	34	10:25.9	16	10:30.7	14	20:56.7	15
Daniel Skakel	21	10:33.0	17	10:36.3	15	21:09.2	16
Andrew Gerbsbach	33	10:25.8	15	10:45.8	17	21:11.6	17
Michaela Spakova - Paul	25	10:53.7	19	11:02.2	19	21:56.0	18
Jason Walkom	23	11:29.8	20	10:52.3	18	22:22.1	19
Craig Turner	38	10:50.6	18	11:33.8	20	22:24.4	20

SOUTHERN CROSS PRO-AM 1999 Results 2 Dog Sport

Name	Bib	Heat 1 Time	Heat 1 Position	Heat 2 Time	Heat 2 Posision	Overall Time	Final Position
Franz Maher	44	09:03.1	1	09:02.5	1	18:05.6	1
Robert Stevens	41	09:39.6	2	09:18.4	2	18:58.0	2
Tony Field	55	10:19.5	5	09:58.9	3	20:18.4	3
Owen Piper	60	10:01.2	3	10:28.4	5	20:29.6	4
Warrick Walton	45	10:16.4	4	10:22.6	4	20:39.0	5
Dugald Baird	58	11:02.5	6	10:46.9	6	21:49.5	6
Chris Neave	61	11:32.8	9	10:57.4	7	22:30.2	7
Peter Skinner	50	11:13.2	8	11:30.0	8	22:43.2	8
Jason Strenger	59	11:05.7	7	11:59.5	12	23:05.2	9
Brendon Heinicke	51	11:34.7	10	11:45.0	10	23:19.7	10
Karen Johnston	48	12:14.3	14	11:51.2	11	24:05.5	11
Scott Glover	56	12:01.9	12	12:10.4	13	24:12.3	12
Brian Dron	54	12:48.4	15	11:34.4	9	24:22.8	13
Merv Turner	42	11:57.2	11	12:41.7	15	24:38.9	14
Greg Badior	57	12:08.1	13	12:31.3	14	24:39.4	15
Daniel Hamann	53	13:20.1	16	15:00.6	17	28:20.7	16
Arianne Peers	49	13:54.7	17	14:28.8	16	28:23.4	17

SOUTHERN CROSS PRO-AM 1999 Results 1 Dog Sport

Name	Bib	Heat 1 Time	Heat 1 Position	Heat 2 Time	Heat 2 Posision	Overall Time	Final Position
Travis Smith	122	09:03.0	1	08:14.7	1	17:17.7	1
Geoff Carter	110	09:14.4	2	09:23.5	2	18:37.9	2
Merv Turner	129	09:59.6	4	09:44.7	3	19:44.2	3
Sarah O'Niell	101	10:20.7	6	09:46.5	5	20:07.2	4
Cathy Simpson	108	10:06.2	5	10:03.0	6	20:09.2	5
Peter Skinner	136	10:49.9	9	10:11.8	7	21:01.7	6
Josh Martin	138	10:36.9	7	10:38.6	9	21:15.5	7
Lloyd Anderson	119	11:30.3	16	09:46.0	4	21:16.3	8
Tracey Carter	135	11:23.6	13	10:13.9	8	21:37.5	9
Daniel Odgers	111	11:00.4	11	10:45.4	10	21:45.8	10
Peter MaCain	123	09:38.5	3	12:14.1	18	21:52.6	11
Tim Carter	104	10:43.9	8	11:26.8	15	22:10.7	12
Roseanne Shailer	117	11:07.9	12	11:10.2	14	22:18.1	13
Joe Abela	103	11:26.2	14	11:00.6	11	22:26.8	14
Debbie Robertson	132	11:52.0	19	11:36.5	16	23:28.4	15
Brenton Hart	109	11:31.9	17	12:01.1	17	23:32.9	16
Mark Mulcahy	126	13:25.8	28	11:06.7	13	24:32.5	17
Adrianne Peers	131	12:21.4	23	12:32.7	20	24:54.1	18
Samantha Podger	107	12:05.6	21	12:53.8	22	24:59.3	19
Tyrone Johnston	127	12:38.4	26	12:22.6	19	25:01.1	20
Stuart Van Der Pol	120	12:35.2	25	12:36.8	21	25:11.9	21
Daniel Hamann	115	11:56.8	20	13:18.1	23	25:14.9	22
Jason Strenger	130	10:51.4	10	14:55.5	26	25:46.9	23
Glen Nicholson	114	15:10.0	34	11:00.6	12	26:10.6	24
Alan Bates	134	12:20.9	22	14:23.1	25	26:44.0	25
Andrew Matthews	133	13:26.0	29	14:01.2	24	27:27.3	26
Sharon Komidar	125	12:30.9	24	15:07.0	27	27:37.9	27
Leon Gubin	102	14:21.8	32	15:35.4	28	29:57.2	28
Alex Christoforou	137	14:15.3	31	15:42.1	30	29:57.3	29
Sue McLeod	113	16:09.0	36	15:41.7	29	31:50.7	30
Fiona Matthews	105	14:27.5	33	18:03.6	31	32:31.1	31
Alison Anderson	124	14:02.6	30	22:00.3	33	36:02.9	32
Darrell Lett	106	15:48.6	35	20:56.0	32	36:44.6	33

Southern Cross Pro-Am 1999 Results 1 Dog Pro

Name	Bib	Heat 1 Time	Heat 1 Position	Heat 2 Time	Heat 2 Position	Overall Time	Final Position
Darren Kent	78	0:07:40.57	1	0:07:47.88	1	0:15:28.45	1
Mark Mulcahy	74	0:08:19.56	3	0:08:03.28	2	0:16:22.84	2
Steven Blanch	86	0:08:14.08	2	0:08:27.11	3	0:16:41.19	3
Owen Robertson	85	0:08:30.54	5	0:08:31.19	4	0:17:01.73	4
Chris Neave	83	0:08:25.76	4	0:08:44.87	5	0:17:10.63	5
Ross Kinnane	73	0:08:40.44	6	0:08:47.75	6	0:17:28.19	6
Trevor Taylor	72	0:09:09.92	9	0:08:52.01	7	0:18:01.93	7
Luke Elliot	80	0:09:08.53	8	0:09:05.78	8	0:18:14.31	8
Carl Hampson	82	0:09:17.03	10	0:09:11.84	9	0:18:28.87	9
Adrian Fasham	84	0:09:07.22	7	0:09:31.93	10	0:18:39.15	10
Brett Jarvis	71	0:09:27.94	13	0:10:03.56	11	0:19:31.50	11
David Forst	77	0:09:22.39	12	0:10:27.84	13	0:19:50.23	12
Peter Komidar	76	0:09:21.15	11	0:10:44.01	14	0:20:05.16	13
Rob Davey	75	0:09:54.64	14	0:10:20.43	12	0:20:15.07	14
Eric Evans	81	0:11:42.56	15	0:12:09.71	15	0:23:52.27	15
Alfred Tetzlaff	79	0:12:46.21	16	0:17:45.76	16	0:30:31.97	16

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1999 Sled Dog Events Forward Planner

June	Due South - Sugarloaf Mountain Marathon (ACT)	5-6 June
	Underra Sled Dog Dash (Vic)	12 - 14 June
	Ridge Runners No Frills Race (Qld)	12 - 14 June
	Siberian Express - Sydney Sled Dog Sprint (NSW)	26, 27 June
July	NEGRC - Northern Exposure (Qld)	2 - 4 July
	CHA - Great Grey Bound (Vic)	10, 11 July
	Sthn Highlands Freight Run (NSW)	10, 11 July
	Wild Dog Derby (SA)	17, 18 July
	SHCNWS - Sydney Sled Dog Shield (NSW)	24, 25 July
	Belangalo 50 Stage Stop Race	24, 25 July
August	Bannockburn SDC - The Burn (Vic)	31/7-1/8
	Altitude 5000 - Pedigree Pal Sled Dog Derby (Vic)	7, 8 August
	CSDC - Canberra Sled Dog Classic (ACT)	21, 22 August

ENTRY FORM
ENTRIES CLOSE 15TH JUNE 1999
The 1999 Great Grey Bound

I/we agree to be responsible for my conduct, the conduct of my dogs and handlers. I/we understand and agree to abide by Race Rules governing this race. I/we accept the authority of the Race Marshal as final arbiter and agree to abide by the Race Marshals decision. I/we hereby allow the organising Committee to use my image taken during the event for any race promotional purposes.

Signature: ..... **Date:** ...../...../99

○ **1 DogClass** ○ **2 Dog Class**

○ **4 Dog Class** ○ **6 Dog Class**

$20.00 Entry FEE. ENTRY ON DAY ADDITIONAL $10.00

Team Type:.....

NOTE: If you have a Pee Wee or Junior who is interested in these class events please indicate in the box below.

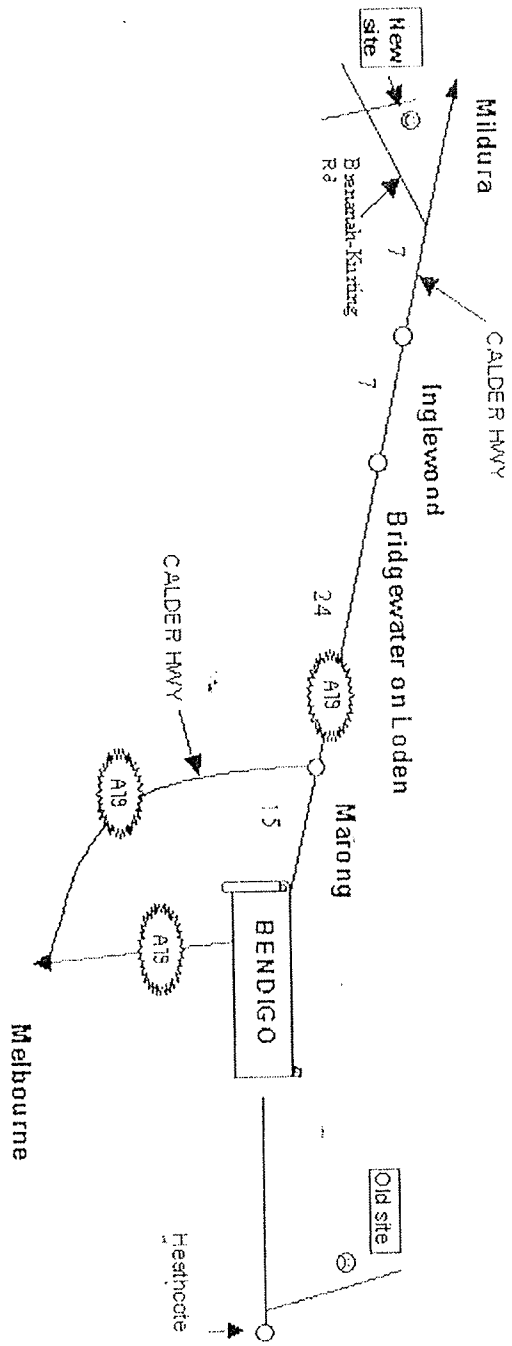
○ Pee Wee (up to 10)

○ Junior (10 to 16)

ENTRY: $_____

Dinner: $_____

TOTAL $_____



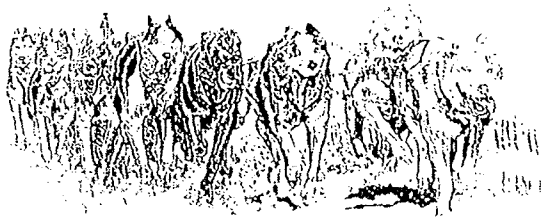
"The Great Grey Bound"

July 10th & 11th 1999

NEW SITE!!

Kooyoora Park,

INGLEWOOD



It's a fight to the finish
A race to the end .....
We will run till we're
ready to burst!
Who will be the winner ?
Well that will depend
On who gets to the
Finish line first !

To make a great race even better a new site has been found for the 1999 race. This site has **FAST FLAT** tracks on a sandy base (no hill for the 1 dog class), trails are generally a bit longer and there are facilities in the vicinity.

Race Details

1 Dog Class	**2 Heats of 2.4k**
2 Dog Class	**2 Heats of 6.5k**
4 Dog Class	**2 Heats of 9.0k**
6 Dog Class	**2 Heats of 12.7k**

Race Sponsor

Race Vet **Dr. David Moroney**
Freshly snap frozen from the 1999 Iditarod Vet Tour.

DRIVERS INFORMATION

In addition to the gig race rules the following CHA rules apply:

HELMETS ARE COMPULSORY
Driver must be present at the drivers meeting to be eligible to start.
Dogs and equipment must be made available for checking at the request of the Race Marshall, Race Coordinator or the Race Vet in the designated area.

The drivers in the 4 dog class and above must carry implements capable of cutting lines to free dogs in a tangle situation.

The drivers in the 4 dog class and above must carry a snub line attached to the rig.
Bib Draw Friday 10th July at 8pm
Drivers Meeting Sat/Sun 7.00am
Race Start Time 7.30am
Race Order 6, 4, 2, 1
Race seeding for Saturday bib draw
Sunday start on Saturday Finish
Early Presentation
Luncheon provided
Camping at race location
Drivers package sent prior to race day
This race will be conducted under the CHA inc rules.

FACILITIES
Motel/Caravan park at Inglewood phone: 03 5438 3232
Fuel/Ice/Groceries/Takeaway at Inglewood
Dinner Saturday night $12 per head
Available at Koorooya Youth Park (4km away):
Bunk Accommodation inc shower - $10/head
Camping inc shower - $5/head
Showers - $2
Phone for Koorooya for booking: 03 5438 3057

ENTRY FORM -

ENTRIES CLOSE 15TH JUNE 1999

The 1999 Great Grey Bound

Please include a stamped self addressed business sized envelope.

Tickets to the Saturday night dinner must be prepaid at a cost of $12 per head for a 3 course meal

Make cheques payable to the "Canine Harness Association Inc"

Entries to:
Canine Harness Association Inc
30 Fisher Gv, Tullamarine VIC 3043

Team Driver:.....
Address:.....
.....
Post Code: .....
Phone: (.....) .....

Team Owner: .....
Address:.....
.....
Post Code: .....
Phone: (.....) .....

Minimum age for competition in races is 16, as per CHA rules.

ONE ENTRY PER FORM PLEASE Entries must be accompanied by funds payable to the C.H.A. Inc.
Forward entries to: C.H.A inc 30 Fisher Gv, Tullamarine VIC 3043 Ph: 03 5782 2638 or 03 95624635 or 03 5438 7451

MUSHER FITNESS

By Geoff Carter

Sleddog Race? Bah, Easy!

Consolidation! The catch word for this month. Aches and pains to do with waking muscles should be long gone, getting out of bed at 6a.m. (for a run) should be second nature and 3 or 5km runs should now be bread and butter stuff. The programme now takes on a leveling out sort of attitude. This is because we have been building up at a reasonable rate and if we continue to do so the body starts to pack it in. We therefore slow down to get the old bones used to this new lease on life. Don't forget too, some bones are older than others. This is also a good month to do a bit of self assessment to ensure that you are not over doing it.

Extra effort in the races can add quite a bit of stress to just about everything so a bit of recovery time is required. This is best achieved by reducing the length of

Bread and butter at 6a.m.

training distance or time. I know that your conscience won't like that, so another way is to continue distance or time and just slow things down to a comfortable pace.

Feel free to alternate programme activities if you are unable to fit them in on a particular day or even if you feel like doing something different. Yes, sex is different, but you'll have to get a real good sweat happening to replace a 6km run. If you're cruising along well at the moment, it seems that you must be pacing yourself well so just continue on. Tiredness doesn't necessarily mean an injury is imminent. It just means that you're doing more than you did before and you're probably sleeping a bit better as well. "Soreness" is the warning sign. If anything is persistently sore or aching, that's when it's time to lighten the load and maybe seek a bit of preventative maintenance. Consolidate the training and enjoy the racing.

Week 9 Monday	a. Run 150m at 3/4 pace, walk 250m (4 times).	a. 500m warm up and warm down.
	b. Run 300m at 3/4 pace, jog 400m (4 times).	b. Warm up first, warm down at end.
Wednesday	a Scooter 6km	a. Warm up first km, steady rest of way.
	b.Scooter 8km	b. Warm up first km, steady rest of way
Friday	a. Run 2km	a. Slow 500m warm up, 500m warm down.
	b. Run 6km	b. Slow 500m warm up, 500m warm down.
Week 10 Monday	a. 1/2 hour aerobics workout	a. Steady and evenly paced.
	b. 3/4 hour aerobics workout	b. warm up and warm down with some stretching.
Wednesday	a. Scooter 6km	a. Concentrate on a nice smooth style.
	b. Scooter 8km	b. Get a good rythm going and keep it.
Friday	a. Run 2km	a. Comfortable cruise and don't forget warm ups.
	b. Run 6km	b. Steady pace after warm up.
Week 11 Monday	a. 1/2 hour bike ride.	a. Good 1/2 hour workout .
	b. 3/4 hour bike ride.	b. Gym/video/qhatever. Good 3/4 hour workout.
Wednesday	a. Scooter 6km with 3 fast bursts of 400m	a. Don't forget warm up and down.
	b. Scooter 8km with 4 fast bursts of 500m	b. First km warm up, last km warm down.
Friday	a. Run 2km	a. Just up over the easy level.
	b. Run 5km	b. Cruising along with a LITTLE bit of pace.
Week 12 Monday	a. Run 2km	a. Easy pace after a warm up jog.
	b. Run 6km	b. Warm up then get into a comfortable stride.
Wednesday	a. Scooter 6km with 3 fast bursts of 400m	a. Quicker bursts than last week.
	b. Scooter 8km with 4 fast bursts of 500m	b. Concentrate on the fast sections.
Friday	a. 1/2 hour aerobic workout	a. Gym/video.
	b. 3/4 hour aerobic workout	b. Gym/video.

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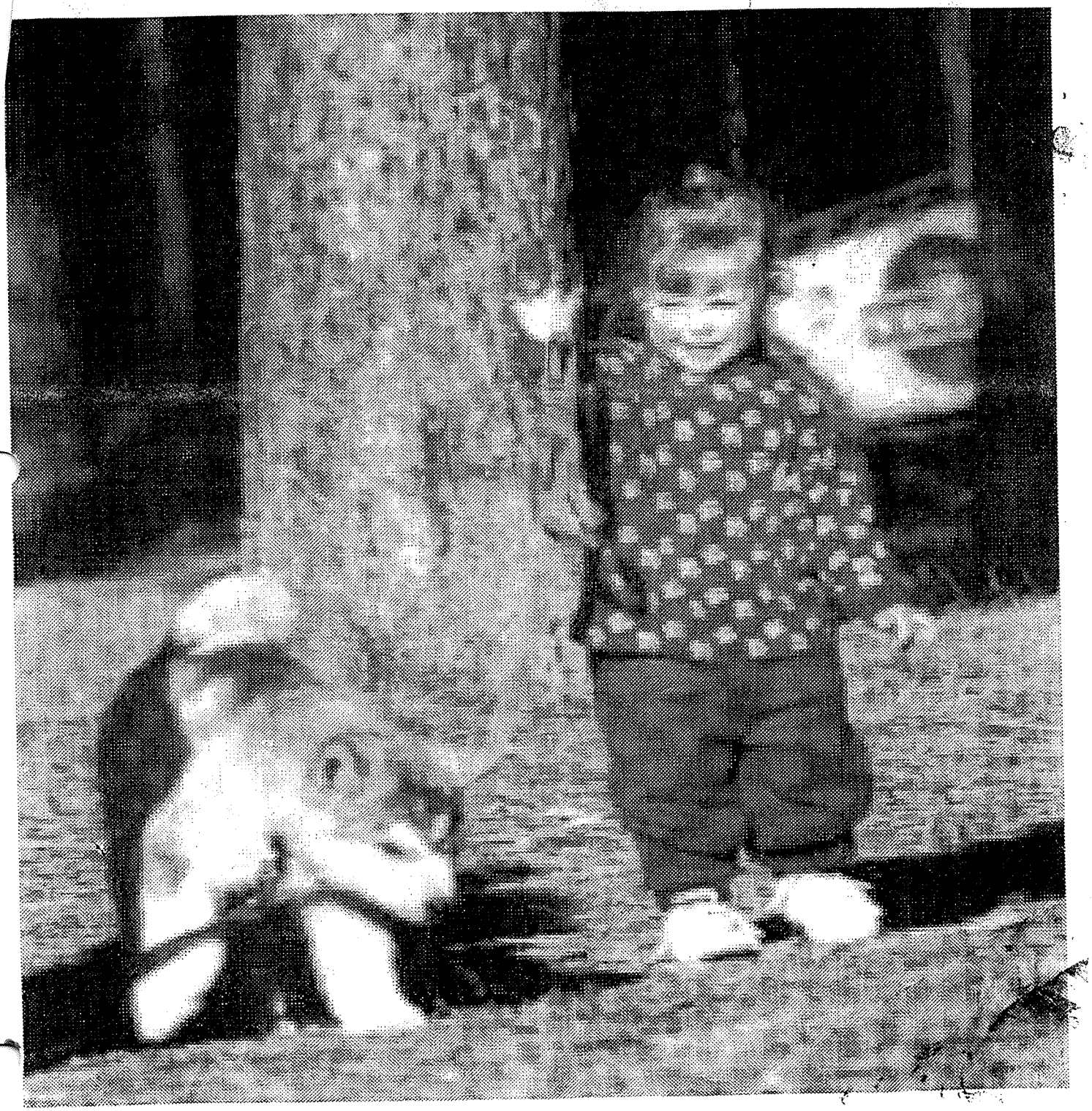
Hindsight

This month's Hindsight features a child and puppy at the Due South Pre-season Warm-up and Ivan Douglas' team after a run at the Siberian Husky Club NSW May Point Score Race.