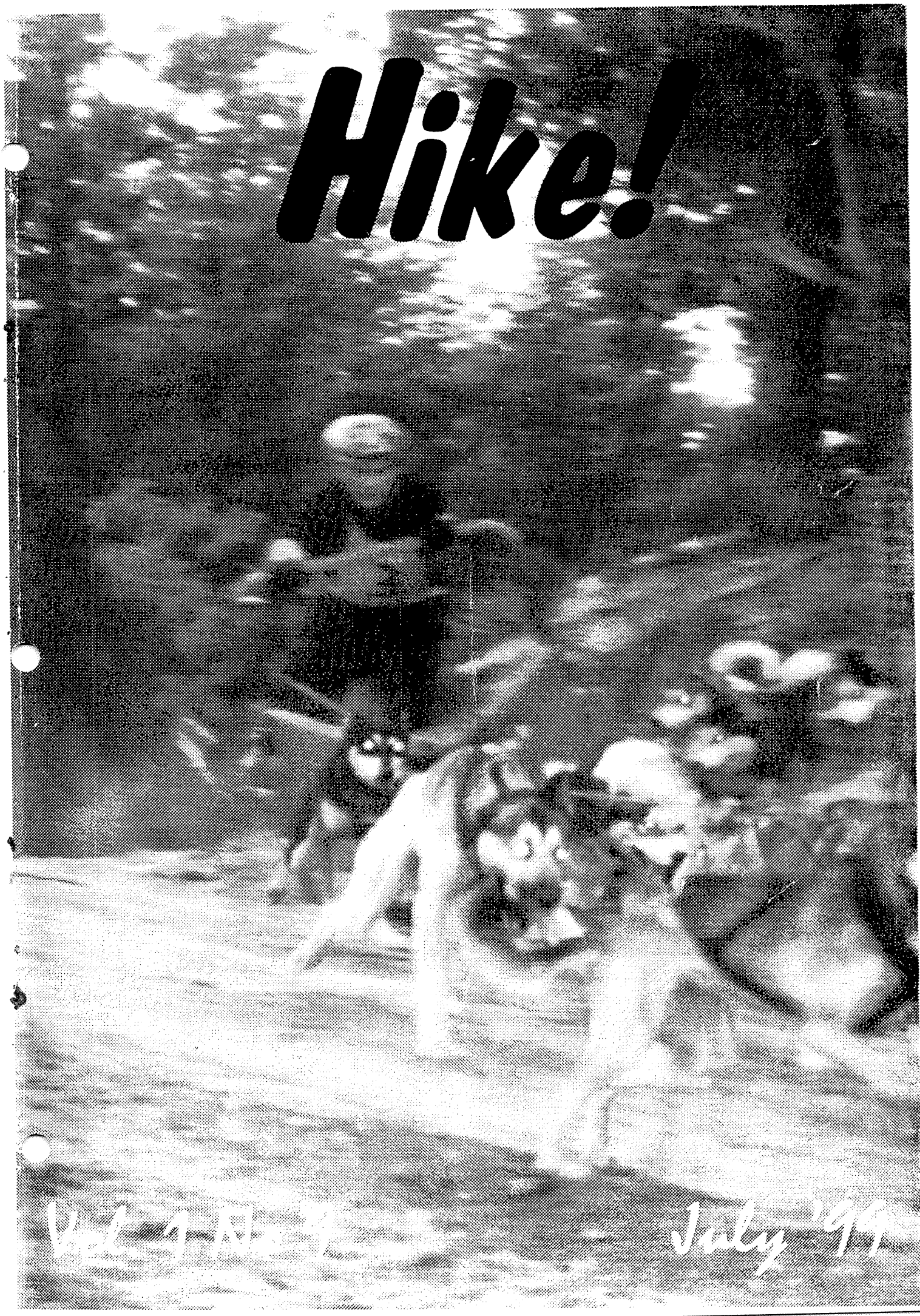
Hike!

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The Australian Sled Dog Racing Magazine

Published Monthly

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Annual Subscriptions

Australia - $25

International AUS $35

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Advertising Rates (3 editions)

Full Page - $30

Half Page - $20

Business Card Size - $10

Back Page - $50

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Ad/Article Copy Deadline

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INSIDE *HIKE!*

Guest Articles

- Dog Breath — Sandra Hassett
- Racer Profile — Owen Robertson
- Vetsearch Tips - Buying a racing dog — Dr John Kohnke
- Race Equipment — Michael Herbst
- Ridge Runners Race Report — D & A McIntryre
- Musher Fitness — Geoff Carter

Plus

Race Results from the Sugarloaf Mountain Marathon, the Underra Dash, the Ridge Runners Race and the Sydney Sled Dog Sprint

Photos

Cover - Jozsef Toth at the Sugarloaf Mtn hairpin	**Peter Komidar**
Owen Robertson & team at the snow	c/o O Robertson
Owen Robertson & team	c/o O Robertson
Owen Robertson & 6-dog team at Sugarloaf Mtn Marathon	Peter Komidar
Ivan Douglas & Team at the Sugarloaf Mtn Marathon	Peter Komidar
Headlights and Scooter/gig lights	Michael Herbst

Hike! Hits a Hundred

Its official. Phil Friedlander was Hike's 100th subscriber.

Hike! Sprint and Marathon Point Scores

This month's edition also features the first progressive update of the *Hike!* sprint and marathon point scores.

What the heck is a marathon point score I hear you ask - well here at Hike central, we've had some feedback about the term 'mid-distance' and the fact that Australian races wouldn't really fit within the strict definition of the term as applies for instance in the US. So we've gone for another name - ie 'marathon'.

And to head - the more pedantic among us - off at the pass - strictly speaking a marathon is run over 42.195 km. But near enough is good enough!

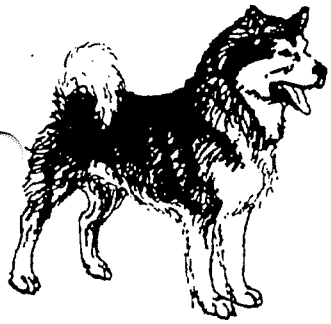
The sprint scores are based on the Underra and Southern Cross races while the Marathon scores are based on the Sugarloaf and Ridge Runners Race.

Further updates will appear in the August and September editions with final results posted in the October edition (when incidently, *Hike!* will be 1 year old!).

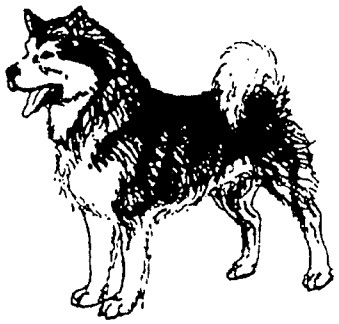
Ridge Runers Race Report

Donal & Anne McIntyre

A few members of the Hunter Valley Mushers travelled to Queensland for the inaugural Ridge Runners Race. The weather was suitably cold for a sled dog race. The tracks were mown grass, and very exciting, and credit goes to the Ridge Runners Committee members who made them. We all had a very enjoyable weekend in a relaxed and friendly atmosphere and can highly recommend this race to other mushers. We will be returning next year.



SLEDDING SUPPLIES



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RACER PROFILE

Owen Robertson

Are You a Member of any club or team?

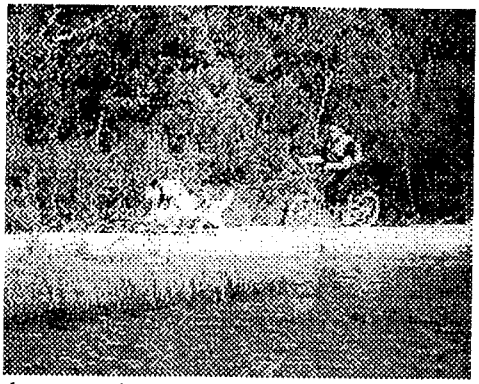
I was one of the founding members of the Southern Cross Sled Dog Club. We started this club with a group of friends including the Coutt's , the Suban's, Jozsef Toth and Karen McCarthy with the aim of improving the quality of racing available within Australia.

When did you start mushing?

My first year of racing was in 1993.

How did you find out about mushing?

When I was 17 I lived with a couple of mates. One of the guys owned a Malamute and by the time I left I knew this was the type of dog I would own in the future. I purchased my first dog eight years later by looking through the Sun/Herald and ringing one of the numbers. That night after a 15 minute visit I had my first puppy called Garion (makes you wonder about the breeder). While walking Garion I met another Mal person who mentioned that he had attended a harness workshop the previous winter near the Westgate Bridge (he gave me John Hynd's



phone number).

I rang John who was fountain of enthusiasm and purchased my first harness.

The first training sessions were again held at Westgate and then a couple were held on Mt Disappointment. As mentioned by Lawrie in last months Hike the first actual race that we attended was also the first race for Mario and Lawrie.

How many and what type of dogs do you have now?

I currently have six dogs: Elwood, a five year old male Siberian Husky, Sade, a three year old female Siberian Husky, Repco a three year old Siberian Husky, Aspen a 1 year old Siberian Husky, Coco a 1 year old Alaskan Husky and Texas a Heinz variety Lap Dog.

What is your most memorable mushing incident?

The first time I placed in an all breeds race was at the original Siberian Express Sled Dog Race. Up until this point I had never really got amongst it with the top level mushers (this was in my 4th year of racing).

Scariest Incident?

The scariest incident for me by far did not actually involve the dogs. Last year at the Wild Dog race, Lawrie Coutts, Darren Higgins and I spent a quiet afternoon laying in the sun having a ale or two. Late in the afternoon we decided to go exploring some of the area around the camp site.

After walking through some bush areas we came across a track with a very long and bumby downhill run (probably about 1 1/2 kilometres long, windy and steep).

We all decided what a great idea it would be to go back, get the scooters and give the hill a go. On the way back we remembered that I didn't have scooter (I was sharing Darren's for the weekend) so Lawrie said " That's all right O, you can go tandem on mine". We grabbed the scooters and headed back to the top of the hill.

Lawrie's Scooter has an unusual platform but we worked out a way for both of us to get on and headed off. Within 100 metre I started to realise this had been silly idea, the track was littered with embedded rocks, we could not brake at all and Darren on his scooter solo was falling way behind.

The scooter was actually creating huge sparks as it bottomed out on every bump we went over. Somehow we maintained balance I started to enjoy the ride. I'm not sure how fast we were going but I would guess we reached speeds near 80 kilometres an

hour in stages. Then we went around the last bend and I hit panic stations. The track actually got steeper over the last 100 metres and then hit a "T" intersection. I think it was at this stage that I screamed out "No way" to Lawrie and started to shove my boots onto the back wheel to try and slow us down.

Well we did get to the bottom. It was a huge thrill. I will never do it again and I dare anybody else to try!!!

Stupidest Incident:

Walking into a pole at Southern Cross last year badly breaking my nose.

Funniest Incident:

Watching Shannon Jackson try to get his team over the finish line at Undera. He stacked just before the finish line on a very slippery muddy track and then fell over twice while trying to carry his lead dog over the line. He was covered with mud from head to foot

What turns you on about Sled Dog Racing:

Camaraderie, both with the dogs and the other mushers. There is not many sports where your fellow competitors genuinely wish you luck at the startline.

What are your personal goals in the sport:

I have always measured my performance from what I have got out of my dogs rather than results. I want to continue to learn about what makes these animals tick. After seven years in the sport I continue to learn.

Advice for the unwary:

Talk to other mushers. Mushing involves a lot more than hooking up dogs and going for a run. If you want to improve you must be willing to listen and watch.

A training tip:

Don't talk to the dogs all the time. Only talk when you actually expect the dogs to do something...

A5000 Update

Rob Stevens

With winter right on us now and plenty of snow intermittently dumped upon us conditions are looking very promising for this years Altitude 5000 Pedigree PAL Dinner Plain Sleddog Derby.

At the time of writing this article all the race entry forms and accompanying race information packs have been printed and waiting to be mailed out. A5000SDG will begin to mail out already requested entries forms on Monday 7th of June. Entries close Friday 16th July.

To obtain an entry form please contact by phone Rob Stevens 0354-283-285. If no answer please speak clearly leaving your name, address, and phone number and intended place of accommodation (eg Dinner Plain, Omeo etc) on the answering machine and we will then forward an entry form to you. Alternatively email your details to **sleddogs@ssc.net.au**

This is the same process as last year and proved an excellent means of tracking race data. Due to limited overnight carparking entries are numbered and only available by post. Any photocopied entries or forms without signatures and confirmation of VSDRA membership will not be accepted.

Also remember, to qualify for an entry you must be a **"race experienced"** musher. Altitude's race is conducted on snow at high speed up and down steep hills accompanied by some very tight corners and a trail system which winds very close between trees, helmets are not compulsory however highly recommended whilst racing.

Additional race information or information regarding Dinner Plain can also be sought from Sussan Hodgkinson 0354-287-423 and Barry Burdin 0359-621-797.

Last year, after utilising the race marshall skills of Terry Hinesly we have again managed to employ experienced North American talent for this years race marshall role. With assistance from the NSW Siberian Husky Club Lee Gilchrist will be at Dinner Plain to assist us during the race. Please make Lee and his wife to feel welcome to Dinner Plain and provide Lee the same level of support offered to previous race marshalls.

Once again Pedigree PAL is our main sponsor together with the Mount Hotham Lift Company, Dinner Plain Hotel, High Plains Lodge and the Paint Factory. As usual just by entering and competing all mushers will benefit from our sponsor's generosity.

At this years midrace banquet there is a raffle for a basket of ExcelPet products and a lucky door prize of a voucher to be used at the local Ski Shop. Both of these items have been donated by PAL. We are still in the process of negotiating entertainment for the party animals however at this stage it is highly likely "BIG AL" will be sharing his musical talent with us. Keeping with the **"spirit of the race"** I'm sure we can dig up a prize for the best "Full Monty" team this year.

For the up and coming 99-race season A5000SDG wish you many miles of tight tugs and snowy trails.

Owen Robertson and team at the Sugarloaf

DUE SOUTH
SLED DOG TEAM

The Due South Sled Dog Team

Would like to thank

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For all their support and assistance in making

The Sugarloaf Mountain Marathon
5-6 June 1999

such a success!

1999 *Hike!* Sprint Point Score

Peter Komidar

Well its finally time to get the first progressive scores of the Hike! point score for 1999.

The methodology for the Sprint Point Score was outlined in the March edition. But for a quick recap - the magic formula is:

$$\frac{\text{Winner's Time}}{\text{Competitor's Time}} \times \frac{1000}{1}$$

Plus 10 bonus points are given to each competitor per 1998 National Top 10 Champion in each class.

At the end of the season, mushers will be ranked on their best 4 races - to determine the 1999 champions in each class. If it all sounds complicated - refer to the March edition where the methodology is explained in detail.

To save space - and so that we only compare apples with apples -the July edition is confined to people who competed in both the Southern Cross and Underra Races. At the end of the season we will publish the complete set of scores for all mushers who competed in 4 races.

Oh well enough of the chat - here's the results to date.

2 Dog Class

Name	Place	Points	Races
D Higgins	1	2077.333	2
L Coutts	2	2051.549	2
A Fasham	3	2049.956	2
F Maher	4	2036.345	2
B Bobroff	5	2021.367	2
C Bittendorfer	6	1995.147	2
K Losurdo	7	1935.94	2
P Komidar	8	1929.905	2
S Hodgkinson	9	1918.354	2
D Skakal	10	1821.491	2
M Allsop	11	1818.686	2
A Gersbach	12	1809.322	2
H Coutts	13	1781.917	2
C Turner	14	1716.976	2
J Walkom	15	1699.517	2
M Spakova-Paul	16	1689.841	2
C Neave	17	1674.152	2
P Skinner	18	1656.535	2
M Turner	19	1592.851	2
S Glover	20	1589.763	2
B Dron	21	1581.633	2
D Hamann	22	1353.005	2

4 Dog Class

Name	Place	Points	Races
T Mace	1	2070	2
M Blockley	2	1778.874	2

1 Dog Class

Name	Place	Points	Races
D Kent	1	2100	2
M Mulcahy	2	2018.367	2
S Blanch	3	1930.535	2
R Kinnane	4	1850.535	2
T Taylor	5	1767.654	2
R Davey	6	1714.409	2
M Turner	7	1694.126	2
D Forst	8	1646.52	2
C Neave	9	1627.211	2
C Simpson	10	1608.014	2
B Jarvis	11	1588.557	2
P McCann	12	1511.104	2
R Shailer	13	1487.727	2
J Abela	14	1481.773	2
S Van Der Pol	15	1269.43	2
A Tetzlaff	16	1105.536	2

3 Dog Class

Name	Place	Points	Races
D Hodgson	1	1000	1
O Robertson	2	965.3591	1
A Theuma	3	933.4887	1
N Colvin	4	868.2283	1
I Douglas	5	835.1201	1
A Jackson	6	809.0312	1
R Koch	7	805.0785	1
J Wooley	8	800.1592	1
G Hall	9	697.8284	1
M Weakley	10	620.158	1
R Paule	11	400.1535	1

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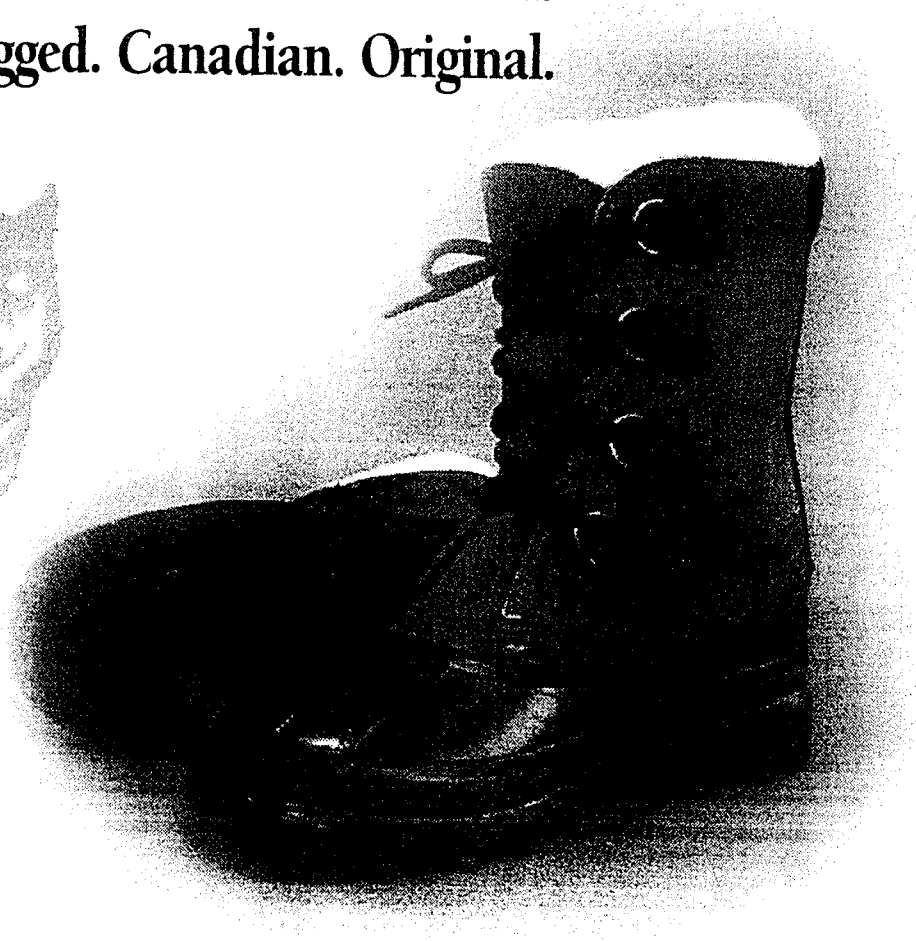

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For more Information, contact GEOFF AND TARN STYCHE

Ph: (02) 4784 2543 Mobile: 0418 968 633

Ridge Runners Race Results

Name	Heat1	Heat2	Heat3	Overall
1 DOG	4km	4km	4km	12 km
Karl Persson	0:08:10.52	0:08:09.17	0:08:39.53	0:24:59.22
Donal Mc Intyre	0:08:03.15	0:09:08.89	0:08:34.95	0:25:46.99
Anthony Wilson	0:08:39.31	0:09:03.52	0:08:19.41	0:26:02.24
Jason Workman	0:09:08.38	0:09:33.02	0:09:17.66	0:27:59.06
Jessica Baker	0:09:19.07	0:09:32.20	0:09:18.52	0:28:09.79
Rob Clive	0:11:18.02	0:10:29.73	0:08:44.20	0:30:31.95
Marrissa Robinson	0:10:30.86	0:10:27.77	0:09:49.89	0:30:48.52
Leesa Persson	0:10:35.80	0:10:06.80	0:11:33.82	0:32:16.42
Kerrie Tziuotzias	0:10:25.51	0:10:58.46	0:11:42.79	0:33:06.76
Megan Greive	0:11:57.33	0:10:41.77	0:10:41.11	0:33:20.21
Charles Robinson	0:12:25.95	0:12:55.39	0:11:22.45	0:36:43.79
Jamie Mc Intyre	0:13:10.31	0:12:18.05	0:12:48.78	0:38:17.14
Anne Mc Intyre	0:12:14.00	0:15:43.11	0:13:02.79	0:40:59.90
Jo Workman	0:13:54.60	0:11:23.83	0:15:54.44	0:41:12.87
James Mc Intyre	0:13:35.27	0:11:24.14	0:16:30.43	0:41:29.84
Daryl Morris	0:09:12.57	0:09:10.47	Scr	
2Dog	8.7km	8.7km	8.7km	26.1km
Col Seare	0:36:42.33	0:39:10.00	Scr	
Paul Taylor	0:36:13.65	0:41:55.00	0:45:21.88	2:03:30.53
4Dog	16km	16km	16km	48km
Di	0:59:53.55	1:00:15.00	1:22:10.43	3:22:18.98
Wayne	1:09:41.95	1:08:59.00	Scr	

Dogs Vs Cats

Submitted by Kate Ord

Dogs come when you call them.
Cats take a message and get back to you when they are good and ready.

Dogs will bark to wake you up if the house is on fire.
Cats will quietly sneak out the back door.

Dogs will bring you your slippers or the evening newspaper
Cats might bring you a dead mouse.

Dogs will play Frisbee with you all afternoon.
Cats will take a three-hour nap.
Dogs will sit on the car seat next to you.
Cats have to have their own private box or they will not go at all.

Dogs will greet you and lick your face when you come home from work.
Cats will be mad that you went to work at all.

Dogs will sit, lie down, and heel on command.
Cats will smirk and walk away.

Dogs will tilt their heads and listen whenever you talk.
Cats will yawn and close their eyes.

Dogs will give you unconditional love forever.
Cats will make you pay for every mistake you've ever made since the day you were born.

Dogs look much better at the end of a leash.

Dogs will let you give them a bath without taking out a contract on your life.

Marathon Point Score - Update

For our new readers, the Hike Marathon point score involves the following races:

- Sugarloaf Mtn Marathon
- Ridge Runners race
- Sthn Highlands Freight Run
- B50
- K50

The Methodology used is essentially the same as for the sprint races – except there is no bonus points for number of last year's champions in the race.

For the 4-dog classes and over (1, 2 & 3 dog teams not being able to compete in the B50 & K50) the points are multiplied by distance of the race divided by 50. This is to take account of the fact that the first 3 races of the season are less than 50km in length. And obviously winning a 50km race should get more credit than a 30km race.

Some anomalies have appeared in this instalment. The most obvious of these is in the Open Class - where Di Baker is leading on 960 points followed by Jozsef Toth on 600 – even though both came first in their respective races. The reason for this is that Di raced in the RRR which was over 48km while Joe raced at Sugarloaf – at a total of 30km.

These anomalies will be ironed out as we get more races under out belts.

1 Dog Class	Points
K Persson	1000
M Mulcahy	1000
D Mc Intyre	969.1207
A Wilson	959.6605
R Thompson	900.059
Jason Workman	892.8925
J Baker	887.2227
D Hutchison	839.5226
T Carter	833.6765
G Meyers	825.9766
R Clive	818.3739
M Robinson	811.038
L Persson	774.2225
K Tziuotzias	754.6055
M Greive	749.5313
N Smith	743.0097
M Rowcliffe	728.87
W Meyers	723.142
A Pinner	722.0071
G Nicholson	711.5514
L Mulcahy	698.1965
D Walters	694.5597
C Robinson	680.2917
P Morgan	670.1496
Jamie Mc Intyre	652.6463
B McIntosh	617.0746
A Mc Intyre	609.4638
Jo Workman	606.2672
T Lunney	603.8583
James Mc Intyre	602.1351
N McIllre	581.7806

2 Dog Class	Points
D Higgins	1000
Paul Taylor	1000
C Bittendorfer	991.9468
K Losurdo	917.3985
D Skakal	856.7547
H Cordani	839.6716
R Bates	824.9453
C Cobb	774.9556
S Glover	660.8425
E van Driel	626.1814
D Gava	544.4139
3 Dog Class	**Points**
A Theuma	1000
I Douglas	818.4334
G Styche	634.4703
4 Dog Class	**Points**
D Baker	960
5 Dog Class	**Points**
M Karow	600
N Randell	540.2867
6 Dog Class	**Points**
J Toth	600
O Robertson	582.7896
G Badior	385.475
Open Class	**Points**
D Baker	960
J Toth	600
A Theuma	584.6087
O Robertson	582.7896
I Douglas	478.4633
M Karow	477.3726
N Randall	429.8634
G Badior	385.475
G Styche	370.9169

Once in a Life-Time Opportunity

Opportunity in North Central British Columbia. Help train a mid-distance racing team. Separate "rustic" accommodation on beautiful Nechako River, lots of freedom and flexibility. Assistance re. vehicle use, recreational planning.

Ideally from Sept/Oct to Feb/March. Ideal for couple.

Contact Ann or John Douglas at 1-250-690-7776 or e-mail adougla2@cln.etc.bc.ca

Joe Reddington Sr Dies

Joe Reddington, Sr died on Thursday 24 June at the age of 82 from throat cancer.

He ran and finished the Iditarodin 1997 at the age of 80. That year he got to be both the honorary and actual number one musher (at the start). Then he was going to do the Quest the next year but had to withdraw just a month or two before the race when the cancer was discovered. He still planned to run Iditarod in 2000, but alas it is not to be. He will be missed.

Tim Carter & Cobra at Sugarloaf
Photo P Komidar

Sugarloaf Mountain Marathon Results

Open Class

Place	Bib	Name	Team Size	Heat 1	Heat 2	Total time
1st	3	J Toth	6 dog	36:15.35	36:09.91	1:12:25.26
2nd	1	A Theuma	3 dog	36:36.06	37:43.60	1:14:19.66
3rd	6	O Robertson	6 dog	37:56.44	36:37.14	1:14:33.58
4th	7	I Douglas	3 dog	44:23.89	46:25.13	1:30:49.02
5th	2	M Karow	5 dog	41:25.89	50:35.58	1:31:01.47
6th	4	N Randall	5 dog	52:26.60	48:38.48	1:41:05.08
7th	10	G Badior	6 dog	1:01:12.45	51:31.04	1:52:43.49
8th	5	G Stvche	3 dog	1:00:53.55	56:55.40	1:57:08.95

Two Dog Class

Place	Bib	Name	Heat 1	Heat 2	Total time
1st	38	D Higgins	25:31.79	25:20.45	50:52.24
2nd	36	C Bittendorfer	26:27.20	24:49.82	51:17.02
3rd	42	K Losurdo	28:03.71	27:23.35	55:27.06
4th	32	D Skakal	29:21.80	30:00.76	59:22.56
5th	39	H Cordani	29:35.34	30:59.70	1:00:35.04
6th	31	R Bates	29:59.12	31:40.81	1:01:39.93
7th	28	C Cobb	32:43.97	32:54.63	1:05:38.60
8th	37	S Glover	35:08.40	41:50.31	1:16:58.71
9th	34	E van Driel	44:27.28	46:47.09	1:21:14.37
10th	40	D Gava	46:46.70	46:39:77	1:33:26.47

One Dog Class

Place	Bib	Name	Heat 1	Heat 2	Total Time
1st	22	M Mulcahy	9:18.26	9:15.14	18:33.40
2nd	44	R Thompson	10:35.54	10:01.49	20:37.03
3rd	20	D Hutchison	11:23.76	10:42.47	22:06.23
4th	30	T Carter	11:09.60	11:05.93	22:15.53
5th	13	G Meyers	12:06.57	10:21.41	22:27.98
6th	18	N Smith	12:29.84	12:28.66	24:58.50
7th	19	M Rowcliffe	11:59.37	13:28.20	25:27.57
8th	14	W Meyers	13:33.78	12:05.89	25:39.67
9th	27	A Pinner	13:06.13	12:35.96	25:42.09
10th	29	G Nicholson	12:57.52	13:07.23	26:04.75
11th	45	L Mulcahy	13:49.61	12:45.07	26:34.68
12th	12	D Walters	14:07.58	12:35.45	26:43.03
13th	24	P Morgan	13:45.43	13:54.99	27:41.42
14th	23	B McIntosh	14:54.82	15:09.50	30:04.32
15th	21	T Lunney	15:34.79	15:09.02	30:43.81
16th	25	N McIllree	16:18.69	15:35.09	31:53.78

Drivers Delegate Report.
Musher Awarness.

Michael Herbst.
S.H.A.M. Drivers Delegate.
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RACE EQUIPMENT

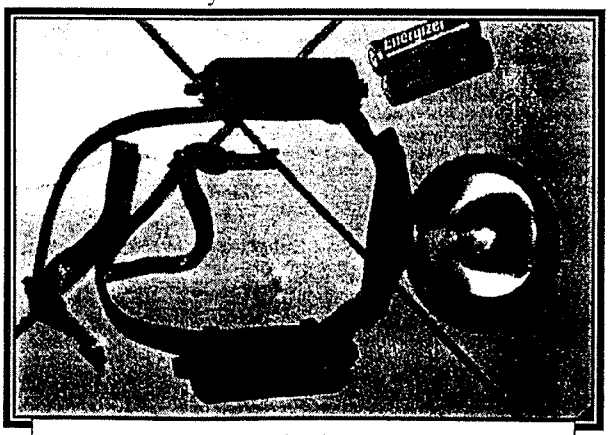
Focus on *Night Lights*

With the introduction of night heats in several of our races, quality lights are becoming an important factor to competing safely. I remember the first night heat in Australia at Undera, Victoria 1996, which I competed in. Several of us went out with just normal battery powered bike lights and returned wide-eyed and a bit freaked out! We soon learnt that bike lights were not going to be enough. Since that night several weird and wonderful inventions have appeared and some people have gone to some expense to give themselves enough light to compete safely.

Running your dogs at night allows training to be done during those short winter days when work can get in the way of day light hours. Most mushers are using lights on their scooters and gigs and some are also using headlamps. These important pieces of equipment must be bright, durable, and easy to wear, produce a long lasting light and have bulbs and batteries that are easy to change.

There are trade offs; bright lamps tend to drain batteries, tough lamps tend to be expensive and lightweight lamps tend to be fragile. A lamp is a simple piece of equipment composed of about eight parts, the:

- bulb
- batteries
- reflector
- lens
- switch
- wiring
- headband or strapping
- battery case



Headlamp with elastic head band

Each part must match the other for the total package to work correctly.

BULBS

Bulbs come in a variety of shapes, sizes, voltages and currents. If you find a bulb with the correct mount and size, you can fit it into your lamp, provided you match the bulbs voltage to the voltage delivered by the batteries. A 12-volt bulb will last a longtime on a 6-volt battery, but will be to dim. A 3-volt bulb will be very bright on a 6-volt battery, but will burn out quickly. A bulb rated at a voltage of about 87% of the battery voltage, such as a 5.2-volt bulb with a 6-volt battery, will give off a decent light and last a reasonable amount of time.

To get the overall power delivered by the bulb, multiply the voltage by the amperage, Power ratings do not translate directly into brightness. Gasses such as halogens and xenon increase the amount of light projected. In general, the brighter the light, the more power it is going to use although the gas bulbs produce light for a given power.

BATTERIES

Alkaline, nicad, rechargeable lithium and sealed lead acid (gel cell) batteries are usually used in lamps. Lithium

probably the best to use in headlamps. Gel cell batteries are the best to use on your scooter or gig as they much heavier than other batteries. Lithium and Gel cells can be expensive but are worth the cost (be aware that a D-cell lithium battery delivers 3 volts not the 2 volts you might expect. Be sure the bulb reflector and lens can handle the amount of power in your battery pack.

Alkaline batteries are the most commonly used, AA, C and D sized cells all produce the same voltage and power the same bulbs, but the small cells do not last as long. Compared to D cells, AA cells last about a quarter as long and C cell batteries, about half as long. One advantage of alkaline's is that they run out of power slowly, unlike the others that quit in seconds when they hit the end. Cold weather can also shorten the life of your battery.

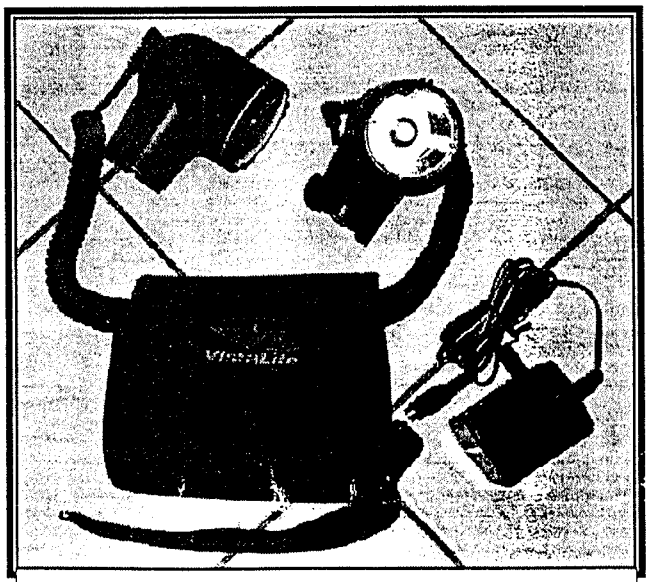
REFLECTORS

The reflector is the round, silvery piece that sits behind the bulb. It's size and shapes determine the size and shape of the beam that is thrown. Most reflectors are silver-coated plastic or metal. Plastic reflectors are lightweight but may not withstand the heat from your chosen bulb. Metal reflectors will withstand the heat but they do not reflect the light as well as the plastic. Always have a reflector that holds the bulb firmly, because the reflector position determines the quality of the beam.

The lens sits in front of the bulb and reflector to protect them. Glass lenses can withstand more heat and are scratch resistant, but break more easily than plastic lenses.

BATTERY CASES

Battery cases can vary depending on the brand. Some are mounted on the headlamp strap; others can be velcroed or strapped to your body or scooter/gig. Be aware of cheap switches, the push button open's are much better in quality and are often easier to operate with your gloves on. Plastic and metal cases are available; sometimes the plastic tips can break. Try and make sure that the battery pad is at least water-resistant.



VistaLite gig/scooter mounted gel cell.

MAINTENANCE AND SAFETY

A good lamp requires little maintenance. The batteries should be removed when the lamp is not being used to prevent corrosion. Contacts in the battery case and on wire connectors should be cleaned electrical resistance will waste battery power.

AVAILABILITY.

Most good major bike stores can help you with a good set of lights for your gigs and scooters, ranging from $100 to $400 or $500. But with these you get what you pay for. Expensive Lights will last you for years if maintained propably and wont let you down in wet weather. Good quality headlamps are available from Outdoor and Scout stores for around $80 for a good quality. Price can be muc greater for top quality. For batteries and bulbs once again try your Outdoor/Scout stores and there is now places called Battery Barns and they almost have every size and shape of battery and bulb you can imagine and they are also a great source of technical information.

This month also sees the race season come to a start with the first practice day on April 18th at Kuitpo Forest and a film night on April 24th at SACA Park being run by the PAL Professional Sled Dog Team. Dr Anthony Woo. BVSc will be making his first short lecture at this night on "Warming your Dog up before a race"(Palpating). So lets see everyone getting involved and supporting these days and nights and let's get the race season off to a great start.

KEWL RUNNING.

Vetsearch Tips

BUYING A RACING DOG

Dr John Konhke BVSc RDA

OK - So its unlikely you're in the market for a greyhound. But nonetheless - the greyhound is a racing dog and the basic body shape should be the same. Here's what the experts say.

The Chest and Back

The chest should be deep to provide adequate heart and lung room, without being excessively wide between the front legs. The rib cage should be deep, well sprung and continued well back into the flank area. The back area should be long broad and almost 'square' over the top back muscles. The back should be slightly arched to give a powerful appearance. Overarching of the back or 'roach' back confirmation usually indicates a weakness, or muscular compensation for an earlier injury.

Occasionally, those that have suffered from a severe form of acidosis or azoturia after a hard run, will lose muscle mass along the back and hind limbs. Any flattening of the muscle area, particularly over the rump, should be regarded as abnormal, so arrange for a check to be carried out by a vet prior to purchase.

The Rear End

The hindquarters should be reasonably wide, and from the rear the muscle development should give an appearance of power and strength. From this view, the muscles should be equal on each side, and cut away down into the hock area. The hocks should be positioned so that the back legs are carried under the direct area of the hindquarters when viewed from the side.

Greyhounds with obvious 'sickle hocks' or over-flexed hocks are less likely to withstand the rogours of racing. All feet should be compact, with well knuckled and prominent toe joints and strong hard pads. Where a greyhound has flat feet, this usually indicates inadequate flexor tone, and therefore a weakness. Where there are wide gaps between the toes, there is more risk of dislocation when galloping.

The set of the tail should also be considered. The origin of the tail should blend into the hindquarters, be long, set rather low and slightly curved up to a tapered point.

Greyhounds with back injuries often carry their tails wedged between their hind lgs, with their hind legs well forward under their hindquarters.

The Coat

And finally, consider the overall condition, texture and brightness of the coat. A greyhound with a fine, close, bright coat is more likely to be 'internally' healthy than one with a dull looking coat.

Colour is a personal preference with many trainers, but white greyhounds usually have a higher risk of sand toe problems, and black greyhounds are generally mored prone to dehydration and heat stress.

A Final Vet Check

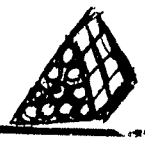
If the greyhound passes the simple checks, then depending on the purchase price, you should decide on a veterinary check. It is a good idea to sketch an outline opf the greyhound and mark in any abnormalities that you can see or feel when examining the animal yourself. Bring these to the attention of your vet at the time of examination.

Normally a vet will not advise on purchase, but will simply indicate if the greyhound is suitable for racing or breeding. If there are any injuries or weaknesses found, then the vet will usually give an opinion as to the future 'soundness' of the greyhound for the purpose you require. The Vet may even suggest that the greyhound be given a short trial on a track to see how it performs, particularly if the purchase price is relatively high. A thorough vet check is money well spent as it could be money saved in the long run

Vetsearch International

Freecall Customer Service Line: 1800 810 792

Ivan Douglas & Team at Sugarloaf



Siberian Express 1999 - Final Results 2 Dog

27-Jun-99

Drivers Name	Class	Bib #	Breed	Heat1 Elapsed Time	Heat1 Position	Heat 2 Elapsed Time	Heat 2 Position	Heat3 Elapsed Time	Heat3 Position	Overall Time	Overall Position
Hodgson, David	2 Dog	9	SH	21:59.28	1	08:39.77	1	23:08.23	1	53:47.28	1
Cole, David	2 Dog	11	H/A	24:16.89	2	09:05.95	2	26:25.67	4	59:48.51	2
Higgins, Darren	2 Dog	24	SH	24:24.96	3	10:01.46	4	25:53.20	3	60:19.62	3
Bittendorfer, Clem	2 Dog	32	SH	25:45.35	4	09:32.30	3	25:27.32	2	60:44.97	4
Pettifer, Dave	2 Dog	7	SH	26:16.09	7	10:03.94	5	28:50.01	8	65:10.04	5
Turner, Craig	2 Dog	8	SH	25:46.55	5	11:03.37	11	28:23.78	7	65:13.70	6
Skakal, Daniel	2 Dog	4	SH	27:47.24	8	10:47.44	9	27:51.87	6	66:26.55	7
Higgins, Ian	2 Dog	30	SH	29:08.63	9	10:17.83	6	27:28.52	5	66:54.98	8
Gardner, Daryle	2 Dog	6	SH	29:30.10	10	10:52.80	10	29:39.40	10	70:02.30	9
Colvin, Andrew	2 Dog	29	SH	29:35.75	11	10:23.63	7	30:11.99	11	70:11.37	10
Walkom, Jason	2 Dog	20	SH	29:38.26	12	12:19.18	15	29:08.01	9	71:05.45	11
Gersbach, Andre	2 Dog	27	AM	29:45.38	13	11:38.56	12	30:58.80	12	72:22.74	12
Montanari, Jayson	2 Dog	33	M/S	33:00.40	20	10:34.55	8	31:19.95	14	74:54.90	13
Cordani, Henry	2 Dog	5	SH	30:12.14	14	12:46.86	16	32:44.66	15	75:43.66	14
McIntyre, Donal	2 Dog	31	M/S	31:11.59	17	13:34.09	19	31:07.11	13	75:52.79	15
Quarterman, Andr	2 Dog	2	SH	31:33.93	18	11:42.97	13	33:27.70	16	76:44.60	16
Hardie, Craig	2 Dog	19	SH	30:56.74	15	12:17.07	14	33:34.36	17	76:48.17	17
Dron, Brian	2 Dog	18	AM	35:19.08	22	12:50.05	17	34:56.40	19	83:05.53	18
Robertson, Debbi	2 Dog	12	AM	33:40.34	21	13:32.87	18	36:11.77	20	83:24.98	19
Gardner, Annema	2 Dog	15	SH	33:00.01	19	14:18.72	20	37:46.50	22	85:05.23	20
Bartlett, Alan	2 Dog	1	SH	40:23.70	24	15:04.37	22	34:29.01	18	89:57.08	21
Tolhurst, Robert	2 Dog	26	AM	42:18.03	25	14:35.45	21	38:14.97	23	95:08.45	22
Gardner, Scott	2 Dog	34	SH	31:03.44	16	27:50.39	27	37:34.47	21	96:28.30	23
Van Driel, Liz	2 Dog	17	SH	39:22.20	23	17:20.39	23	44:52.13	25	101:34.72	24
Gava, Dee	2 Dog	10	SH	43:40.95	26	19:37.44	24	43:26.75	24	106:45.14	25
Kershaw, Mary	2 Dog	3	H/LA	44:08.53	27	22:31.44	26	44:58.87	26	111:38.84	26

Siberian Express 1999 - Final Results 3 Dog

27-Jun-99

Drivers Name	Class	Bib #	Breed	Heat1 Elapsed Time	Heat1 Position	Heat 2 Elapsed Time	Heat 2 Position	Heat3 Elapsed Time	Heat3 Position	Overall Time	Overall Position
Theuma, Alex	3 Dog	13	SH	45:02.29	2	27:23.52	1	43:26.15	1	115:51.96	1
Coutts, Lawrie	3 Dog	3	SH	43:53.76	1	28:39.07	2	44:18.46	2	116:51.29	2
Douglas, Ivan	3 Dog	11	SH	50:01.96	3	33:25.71	3	52:29.62	3	135:57.29	3
Hall, Graeme	3 Dog	5	AM	70:58.58	4	41:35.35	4	65:17.76	4	177:51.69	4

Siberian Express 1999 - Final Results 4 Dog

27-Jun-99

Drivers Name	Class	Bib #	Breed	Heat1 Elapsed Time	Heat1 Position	Heat 2 Elapsed Time	Heat 2 Position	Heat3 Elapsed Time	Heat3 Position	Overall Time	Overall Position
Robertson, Owen	4 Dog	8	H/A	42:49.12	1	28:18.78	2	44:25.51	2	115:33.41	1
Waldock, Mark	4 Dog	4	SH	45:00.94	2	27:41.51	1	50:30.65	3	123:13.10	2
Baker, Diane	4 Dog	10	H/A	46:58.89	3	33:50.25	4	44:24.39	1	125:13.53	3
Baker, Wayne	4 Dog	9	SH	51:24.01	4	32:08.38	3	51:23.76	4	134:56.15	4
Kuypers, Peter	4 Dog	2	AM	69:17.75	5	42:19.59	5	67:57.37	5	179:34.71	5

Siberian Express 1999 - Final Results 1 Dog

27-Jun-99

Drivers Name	Class	Bib #	Breed	Heat1 Elapsed Time	Heat1 Position	Heat 2 Elapsed Time	Heat 2 Position	Heat3 Elapsed Time	Heat3 Position	Overall Time	Overall Position
Mulcahy, Mark	1 Dog	31	SH	09:18.27	1	09:40.90	1	10:08.38	4	29:07.55	1
Myers, Grant	1 Dog	55	SH	09:34.98	2	10:33.31	3	09:55.33	1	30:03.62	2
Snibson, Paul	1 Dog	19	EP	10:16.68	6	10:31.61	2	10:16.29	7	31:04.58	3
Kinnane, Ross	1 Dog	23	SH	10:10.81	5	11:00.87	5	09:56.26	2	31:07.94	4
Hutchison, Dave	1 Dog	15	SH	09:59.61	4	11:32.83	8	10:48.47	12	32:20.91	5
Cobb, Chris	1 Dog	57	SH	11:36.29	10	10:43.26	4	10:02.60	3	32:22.15	6
Kyle, Clem	1 Dog	52	SH	11:05.81	9	11:05.05	6	10:19.62	9	32:30.48	7
Forst, Dave	1 Dog	1	SH	10:28.12	7	12:02.71	12	10:24.44	10	32:55.27	8
Shaw, Scott	1 Dog	22	SH	11:04.29	8	11:35.90	9	10:33.43	11	33:13.62	9
Carter, Geoff	1 Dog	20	SH	12:24.66	19	11:18.26	7	10:15.84	6	33:58.76	10
Herbst, Michael	1 Dog	2	SH	11:38.83	11	12:01.39	11	10:19.54	8	33:59.76	11
Workman, Jason	1 Dog	13	SH	11:42.70	12	12:34.64	15	11:29.92	14	35:47.26	12
Debono, David	1 Dog	56	SH	12:41.17	24	12:27.58	13	11:01.62	13	36:10.37	13
Turner, David	1 Dog	11	SH	12:24.94	20	12:29.09	14	11:42.51	16	36:36.54	14
Carter, Tim	1 Dog	24	SH	12:24.05	18	11:47.75	10	13:01.22	22	37:13.02	15
Baker, Jessica	1 Dog	49	SH	12:28.46	22	13:42.10	18	11:32.67	15	37:43.23	16
Smith, Nicole	1 Dog	40	AM	12:08.33	15	13:42.01	17	12:16.27	17	38:06.61	17
Shailer, Roz	1 Dog	35	SH	12:38.58	23	13:56.54	20	12:18.45	18	38:53.57	18
Abela, Joe	1 Dog	44	SH	12:11.35	16	14:06.14	22	12:43.11	20	39:00.60	19
Allsop, Mike	1 Dog	26	SH	09:54.92	3	19:26.30	35	10:09.71	5	39:30.93	20
McGregor, Murray	1 Dog	3	GSD	12:54.20	27	14:28.05	23	13:05.98	23	40:28.23	21
Walters, Don	1 Dog	54	AM	13:39.59	33	13:19.25	16	13:37.72	24	40:36.56	22
Kazlauskas, Peta	1 Dog	41	AM	12:41.51	25	15:45.81	27	12:49.10	21	41:16.42	23
Odgers, Daniel	1 Dog	9	SH	12:57.21	28	14:45.52	24	13:59.08	25	41:41.81	24
James, Jeff	1 Dog	33	AM	12:27.39	21	17:44.92	33	12:24.56	19	42:36.87	25
Robinson, Peter	1 Dog	60	SH	13:27.14	32	13:50.47	19	17:34.54	32	44:52.15	26
McIntyre, James	1 Dog	21	AM	15:53.71	40	14:46.07	25	14:23.81	27	45:03.59	27
Slater, Stephen	1 Dog	50	SH	14:05.64	36	16:43.85	31	15:32.71	29	46:22.20	28
McIntyre, Jaime	1 Dog	8	AM	15:22.57	38	16:09.42	29	15:22.62	28	46:54.61	29
Carter, Tracy	1 Dog	59	SH	14:03.58	35	15:57.40	28	17:09.24	31	47:10.22	30
Winata, Nicholas	1 Dog	14	SH	17:56.41	42	15:08.10	26	14:16.30	26	47:20.81	31
Curman, Karin	1 Dog	30	SH	15:23.96	39	17:05.62	32	16:33.78	30	49:03.36	32
Rosewarne, Rob	1 Dog	18	AM	14:41.07	37	16:38.66	30	19:42.02	33	51:01.75	33
Payne, Adam	1 Dog	12	AM	13:46.53	34	24:50.78	38	23:03.24	34	61:40.55	34
Santangelo, Rosie	1 Dog	61	SAM	29:39.35	45	20:30.72	37	23:10.50	35	73:20.57	35

Siberian Express 1999 - Final Results 6 Dog

27-Jun-99

Drivers Name	Class	Bib #	Breed	Heat1 Elapsed Time	Heat1 Position	Heat 2 Elapsed Time	Heat 2 Position	Heat3 Elapsed Time	Heat3 Position	Overall Time	Overall Position
Hodgson, John	6 Dog	14	SH	51:25.84	2	52:57.86	1	50:34.57	1	154:58.27	1
Toth, Jozsef	6 Dog	7	H/A	50:00.13	1	59:54.20	3	51:59.28	2	161:53.61	2
Karow, Marty	6 Dog	6	SH	56:07.49	3	58:31.51	2	60:37.75	3	175:16.75	3
McCarthy, Karen	6 Dog	1	SH	56:28.94	4	64:35.62	4	62:17.45	4	183:22.01	4

Undera Dash 1999
Results - Final
One Dog Class

Place	Name	Bib N°	Heat 1	Heat 2	Heat 3	Total
1	Darren Kent	9	00:04:37.70	00:04:54.74	00:04:43.06	00:14:15.50
2	Mark Mulcahy	10	00:04:45.60	00:04:56.99	00:04:50.87	00:14:33.46
3	Kieran Glaser	32	00:04:57.24	00:05:31.58	00:05:04.81	00:15:33.63
4	Clem Bittendorfer	40	00:05:08.62	00:05:21.72	00:05:08.05	00:15:38.39
5	Steve Blanch	2	00:05:10.43	00:05:22.35	00:05:14.42	00:15:47.20
6	Tony Hosie	12	00:05:01.88	00:05:46.25	00:05:09.85	00:15:57.98
7	Grant Myers	8	00:05:08.53	00:05:23.03	00:05:30.27	00:16:01.83
8	Donald Maillet	17	00:05:18.73	00:05:40.94	00:05:03.87	00:16:03.54
9	David DeBono	7	00:05:20.92	00:05:42.91	00:05:16.40	00:16:20.23
10	Ross Kinnane	42	00:05:16.48	00:05:46.23	00:05:26.57	00:16:29.28
11	Rob Davey	37	00:05:40.71	00:05:45.92	00:05:19.49	00:16:46.12
12	Jamie Dalziel	15	00:05:25.39	00:05:36.86	00:05:44.84	00:16:47.09
13	Lyndon Reid	43	00:05:21.60	00:06:04.10	00:05:32.63	00:16:58.33
14	Paul Snibson	26	00:05:31.14	00:06:09.49	00:05:28.52	00:17:09.15
15	Dave Hutchison	11	00:05:41.88	00:05:51.28	00:05:44.54	00:17:17.70
16	Merv Turner	5	00:05:39.26	00:06:16.59	00:05:40.20	00:17:36.05
17	Trevor Taylor	14	00:05:53.59	00:05:59.10	00:05:44.12	00:17:36.81
18	Ken Dickson	52	00:05:38.81	00:06:20.94	00:05:47.12	00:17:46.87
19	Michael Herbst	1	00:05:34.04	00:06:42.27	00:05:31.41	00:17:47.72
20	Ralph Koch	38	00:05:51.16	00:06:00.62	00:06:21.18	00:18:12.96
21	Dave Forst	41	00:05:57.77	00:06:47.19	00:05:51.21	00:18:36.17
22	David Potts	34	00:06:12.28	00:06:30.66	00:06:14.60	00:18:57.54
23	Adam Johnston	35	00:06:28.73	00:06:50.97	00:05:52.50	00:19:12.20
24	Kathy Simpson	25	00:06:02.28	00:06:50.24	00:06:23.26	00:19:15.78
25	Dimitris Linatitis	44	00:06:10.04	00:06:59.12	00:06:22.16	00:19:31.32
26	Rob Losurdo	39	00:06:12.40	00:07:18.49	00:06:28.47	00:19:59.36
27	Peter McCann	13	00:06:19.03	00:07:38.60	00:06:17.97	00:20:15.60
28	Daniel Hamann	4	00:06:10.59	00:07:29.73	00:06:42.24	00:20:22.56
29	Brett Jarvis	19	00:06:44.12	00:07:09.91	00:06:35.09	00:20:29.12
30	Matt Rowcliff	16	00:06:01.36	00:07:21.60	00:07:08.80	00:20:31.76
31	Roseanne Shailer	21	00:07:58.58	00:06:37.34	00:05:57.02	00:20:32.94
32	Vicky Bartlett	48	00:06:38.15	00:07:09.24	00:06:46.59	00:20:33.98
33	Joe Abela	20	00:06:12.99	00:07:45.46	00:06:37.11	00:20:35.56
34	Geoff Styche	47	00:07:04.57	00:07:14.80	00:06:20.74	00:20:40.11
35	Nicole Smith	28	00:06:57.54	00:07:26.39	00:06:25.46	00:20:49.39
36	Simon Fabrikant	30	00:06:44.56	00:08:00.16	00:06:32.26	00:21:16.98
37	David Stoward	29	00:06:45.99	00:07:58.32	00:06:38.87	00:21:23.18
38	Chris Neave	24	00:05:20.49	00:06:24.54	00:11:00.81	00:22:45.84
39	Michael Curman	18	00:09:31.60	00:08:12.27	00:07:39.68	00:25:23.55

Undera Dash 1999
Results - Final
One Dog Class

Place	Name	Bib N°	Heat 1	Heat 2	Heat 3	Total
40	Stuart Van Der Pol	50	00:07:56.70	00:09:29.20	00:08:14.61	00:25:40.51
41	Sue Bond	31	00:08:21.17	00:09:04.77	00:08:38.64	00:26:04.58
42	Alf Tetzlaff	23	00:07:42.38	00:10:46.23	00:10:06.74	00:28:35.35
SCR	Simone Groves	6	00:05:40.29	00:06:27.21		00:12:07.50
SCR	Ian Higgins	27	00:06:03.79	00:06:18.72		00:12:22.51
SCR	Pino Ulanio	3	00:06:04.46	00:06:37.12		00:12:41.58
SCR	Danielle Stephens	45	00:07:24.67	00:06:54.17		00:14:18.84
SCR	Sue McLeod	36	00:06:57.48	00:08:18.00		00:15:15.48
SCR	John Rozman	46	00:07:51.36	00:09:22.06		00:17:13.42
SCR	Luke Elliott	33				00:00:00.00
SCR	Tony Turner	49				00:00:00.00
DNF	Wendy Myers	51	00:06:53.14			00:06:53.14

Total of 42 active mushers

Four Dog Class

Place	Name	Bib N°	Heat 1	Heat 2	Heat 3	Total
1	Terry Mace	177	00:09:09.98	00:14:00.17	00:08:44.34	00:31:54.49
2	John Hodgson	176	00:09:30.58	00:15:18.35	00:10:32.69	00:35:21.61
3	Mark Waldock	171	00:09:21.10	00:16:03.45	00:10:12.09	00:35:36.64
4	Mitch Blockley	175	00:11:15.31	00:15:31.00	00:09:52.07	00:36:38.38
5	Karen McCarthy	178	00:10:46.84	00:17:54.57	00:10:28.18	00:39:09.59
6	Henry Cordani	174	00:10:33.20	00:19:04.64	00:09:58.41	00:39:36.25
7	Greg Badior	172	00:11:49.93	00:20:06.73	00:13:11.16	00:45:07.82

Three Dog Class

Place	Name	Bib N°	Heat 1	Heat 2	Heat 3	Total
1	David Hodgson	160	00:09:03.38	00:14:44.30	00:09:03.12	00:32:50.80
2	Owen Robertson	161	00:09:19.22	00:15:09.54	00:09:32.76	00:34:01.52
3	Alex Theuma	156	00:09:32.36	00:15:45.30	00:09:53.56	00:35:11.22
4	Natalie Colvin	152	00:10:22.26	00:17:48.66	00:09:38.99	00:37:49.91
5	Ivan Douglas	154	00:10:09.17	00:18:44.38	00:10:26.35	00:39:19.90
6	Annie Jackson	158	00:10:29.82	00:19:18.46	00:10:47.72	00:40:36.00
7	Ralph Koch	153	00:11:06.53	00:18:21.54	00:11:19.89	00:40:47.96
8	Jason Wooley	151	00:11:02.49	00:18:49.02	00:11:11.50	00:41:03.01
9	Graeme Hall	157	00:11:33.51	00:22:26.82	00:13:03.86	00:47:04.19
10	Michelle Weakley	159	00:19:16.28	00:21:05.90	00:12:35.72	00:52:57.90
11	Rod Paule	155	00:23:24.35	00:36:50.25	00:21:50.51	01:22:05.11

Undera Dash 1999
Results - Final
Two Dog Class

Place	Name	Bib N°	Heat 1	Heat 2	Heat 3	Total
1	Lawrie Coutts	102	00:08:46.36	00:08:46.01	00:08:44.96	00:26:17.33
2	Beth Bobroff	108	00:08:54.65	00:08:52.82	00:08:38.20	00:26:25.67
3	Clem Bittendorfer	115	00:09:07.42	00:08:47.99	00:09:12.39	00:27:07.80
4	Adrian Fasham	105	00:09:09.22	00:08:51.82	00:09:14.81	00:27:15.85
5	Franz Mahr	138	00:09:38.26	00:08:46.14	00:08:56.75	00:27:21.15
6	Darren Higgins	113	00:08:53.13	00:09:22.03	00:09:12.47	00:27:27.63
7	Dave Hutchison	107	00:09:33.09	00:09:13.92	00:09:05.50	00:27:52.51
8	Susan Hodgkinson	104	00:09:42.14	00:09:10.67	00:09:20.75	00:28:13.56
9	Kassie Losurdo	111	00:09:08.40	00:09:31.27	00:09:34.33	00:28:14.00
10	Peter Komidar	114	00:09:19.18	00:09:45.01	00:09:19.61	00:28:23.80
11	Ian Higgins	124	00:09:56.45	00:09:23.91	00:09:46.42	00:29:06.78
12	Tony Hosie	110	00:09:38.83	00:09:49.55	00:10:08.23	00:29:36.61
13	David Potts	116	00:10:15.42	00:09:42.93	00:09:43.40	00:29:41.75
14	Daniel Skakal	103	00:10:10.10	00:09:31.70	00:10:01.62	00:29:43.42
15	Andrew Gersbach	106	00:10:04.46	00:10:04.43	00:09:56.22	00:30:05.11
16	Mike Allsop	101	00:09:45.95	00:10:06.68	00:10:13.11	00:30:05.74
17	Gabi Tetzlaff	127	00:09:54.90	00:09:36.37	00:10:42.32	00:30:13.59
18	Hayley Coutts	112	00:10:18.64	00:10:27.60	00:11:02.51	00:31:48.75
19	Craig Turner	121	00:11:00.17	00:10:16.97	00:10:33.32	00:31:50.46
20	Jason Walkom	131	00:11:59.67	00:10:04.18	00:10:31.08	00:32:34.93
21	Jacqui McNicol	119	00:11:59.04	00:10:27.59	00:10:39.19	00:33:05.82
22	Chris Neave	123	00:11:11.62	00:11:16.91	00:10:57.95	00:33:26.48
23	Michaela Paul	118	00:10:21.34	00:11:14.64	00:12:01.46	00:33:37.44
24	Peter Skinner	120	00:11:30.86	00:11:00.34	00:11:21.90	00:33:53.10
25	Kim Snibson	135	00:11:49.70	00:10:37.97	00:11:32.07	00:33:59.74
26	Merv Turner	109	00:10:18.11	00:11:03.81	00:12:42.17	00:34:04.09
27	Anthony Cook	129	00:11:44.97	00:11:14.96	00:11:42.59	00:34:42.52
28	Jamie Thomas	133	00:12:14.06	00:11:24.98	00:11:03.65	00:34:42.69
29	Scott Glover	142	00:11:39.17	00:10:30.06	00:12:35.24	00:34:44.47
30	Brian Dron	134	00:11:51.60	00:10:58.94	00:12:04.97	00:34:55.51
31	Liz Van Driel	130	00:12:55.21	00:14:10.24	00:13:48.99	00:40:54.44
32	Daniel Hamann	117	00:12:33.06	00:14:43.65	00:14:54.08	00:42:10.79
33	Rob Tolhurst	139	00:14:01.42	00:14:00.28	00:15:53.49	00:43:55.19
34	Murray McGregor	136	00:17:05.61	00:13:34.51	00:13:21.18	00:44:01.30
35	Natalie McIllree	128	00:14:52.81	00:15:00.62	00:16:10.77	00:46:04.20
36	Alex Christoforou	137	00:17:15.79	00:17:46.41	00:16:25.28	00:51:27.48
37	Trevor Cooney	122	00:15:27.69	00:20:18.36	00:19:39.56	00:55:25.61
38	Phil Friedlander	125	00:22:07.44	00:24:14.53	00:22:22.71	01:08:44.68

B50 SLED DOG RACE ENTRY FORM

24th/25th July

In conjunction with The Siberian Husky Club of N.S.W.

Name:.....

Address:..... **Post Code:**.....

Phone No: (H):..... **(W):**..... **(Mob):**.....

Number of dogs intending to run:..... **Note: You are not bound by the number of dogs indicated.**

- **Drivers meeting at 2:00pm Saturday 24th July. (Compulsory)**
- **Start 6:30pm 24th July. (Subject to weather).**

Entry Fee $65.00 Per team. (Includes straw).
Forestry levy $5.00 (At time of print).
NOTE: Please make cheques payable to B50 Sled Dog Race.

I the undersigned agree to run under the rules covering the race and shall abide by any official decision made at the race. I shall not hold the organising body or individual liable for any injury or accident that may occur during the race. I agree to be responsible for my care and the care of my dogs and handlers.

Driver 1 Signature:.....

Driver 2 Signature:.....

Entry Fee:..... **Forestry Levy:**.....

TOTAL:.....

Please send entry forms with a stamped self addressed envelope to:

B50 SLED DOG RACE
18 BULL RIDGE ROAD,
EAST KURRAJONG NSW 2758

All enquiries to: Steve Carrick
Phone: 0419 623 431

How to Save Money and Stop your Dog's Breath from Smelling

Sandra Hassett

WHY DO DOGS AND CATS HAVE BAD BREATH?

Don't you hate it when your dog comes up for a cuddle, opens its mouth and its breath almost knocks you for six? There can be several reasons for this such as eating something which is bad or having a digestive problem. But the most common cause of bad breath is plaque.

Plaque is a mixture of food particles, bacteria and saliva which sticks to the surface of the teeth every time your dog eats. Bacteria feed on this and multiply, and in doing so they generate that dreadful smell. They also invade the gums around the teeth causing bleeding and painful gums. From here they can access the animal's blood stream and cause infections in such places as the kidneys and heart valves.

Over time plaque mineralises to form calculus. As this builds up it forces its way between the tooth and the gum, damaging the support structures of the tooth. The bacteria take advantage of this to access the deeper tissues of the mouth, often resulting in tooth root abscesses and tooth loss.

So allowing plaque to build up has many serious consequences:

- gum (periodontal) disease
- loss of teeth
- pain and depression
- poor appetite
- kidney disease
- heart disease.

These conditions are costly to remedy. It is really much more economical, not to mention better for your pet's health, to control plaque formation in the first place.

HOW DO I KNOW IF MY DOG HAS A PLAQUE PROBLEM?

Plaque itself is invisible. Bad breath is the most obvious sign of a plaque problem. Other signs to look for are:

- a red line on the gums where they meet the teeth - this is called gingivitis and is caused by bacteria invading into the gums and causing inflammation;
- a build up of yellow, brown or grey material on the surface of the teeth near the gums - this is calculus which is the mineralised form of plaque;
- loose teeth which move when you press on them.

COST EFFECTIVE WAYS OF CONTROLLING PLAQUE

Plaque does not adhere very strongly to teeth - it is easily rubbed away (calculus is much harder to shift) Try the following:

- feed raw bones - these should be of a size suitable to the animal - chicken or rabbit bones for cats and small dogs, lamb bones for medium sized dogs and beef bones for big dogs. If the bones are too hard the animals can damage their teeth, or just won't bother to try to chew. Feed them twice weekly and, if necessary, fast your pet for 12-24 hours before feeding (a bone is a big meal for the average dog or cat - they need to feel hungry enough to tackle it). Start feeding bones whilst your pet is a baby so they actually learn to chew;
- play games that involve holding onto something they can get their teeth into - rope dumbbells, towels etc. Tug on these so that the dog grips and shakes their head. This is very effective for cleaning the front teeth - and it's good fun too!
- use an old towel, face washer or toothbrush (dipped in something tasty) to rub over the teeth surfaces 2-3 times a week.

These are prevention strategies to be used before serious problems develop. Dogs with heavy plaque and calculus need more intensive treatments to restore their dental health. These include dental scaling and polishing, extractions of severely diseased teeth; and special diets, toothpastes and antibacterial mouth washes.

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1999 Sled Dog Events Forward Planner

July	NEGRC - Northern Exposure (Qld)	2 - 4 July
	CHA - Great Grey Bound (Vic)	10, 11 July
	Sthn Highlands Freight Run (NSW)	10, 11 July
	Wild Dog Derby (SA)	17, 18 July
	SHCNWS - Sydney Sled Dog Shield (NSW)	24, 25 July
	Belangalo 50 Stage Stop Race	24, 25 July
August	Bannockburn SDC - The Burn (Vic)	31/7-1/8
	Altitude 5000 - Pedigree Pal Sled Dog Derby (Vic)	7, 8 August
	CSDC - Canberra Sled Dog Classic (ACT)	21, 22 August
September	Kooyoora Challenge	4-5 Septmeber

Around the Campfire

Sharon Komidar

A bunch of us were sitting around a campfire at the Sydney Sled Dog Sprint - chatting, getting warm (and smokey!) and drying out various items of clothing - when Hayley Coutts came up with a really good idea for inclusion in the magazine. Well I thought it would be nice to have a regular article in Hike! in which people could communicate those great ideas. So I thought I'd take a first shot at it - using Hayley's idea. (Hope you don't mind Hayley).

Dogs are great fun and I never regret the day I picked out baby Nissa - my first little Husky pup. But dogs are a real hassle when you want to go on holidays. With one or two dogs you can put them in a Kennel. And there are some really good kennels about - (as well as soom bad ones!)t Moreover, even the best kennels can be prone to outbreaks of disease - put so many dogs together and occasionally its bound to happen.

And when you have more than one or two dogs - then the kennel fees can amount to more than the holiday itself!

And that brings me to Hayley's idea. *Hike!* magazine goes as far afield as Queensland and Western Australia (and the US, UK and NZ if you count other countries). It would be useful if interested people put themselves down on a list in *Hike!* with a contact number and the month in which you are planning to take your holidays. That way, if someone in Sydney wanted to have a vacation in Victoria in December, for instance, they could contact the relevant person on the list and if both parties were agreeable they could swap homes for the period of their vacation. That way you would have free (subject to negotiation) dog safe accommodation, and you could bring your babies with you.

So let me take the first step in this grand experiment. Peter & I (if our luck holds out) will probably take a week off sometime in late December or January. We have a backyard that has a permit for 4 dogs - including a dog run and we live in Canberra.

Anyone else willing to sign up?

Out of the Archives

Sharon Komidar

Got any old mushing photos you'd like to share with the *Hike!* readership? Here's two I dug up in a recent clean up of the spare room. These photos were taken back in 1996 at Erskine Park in Sydney at the SHCNSW dry run (which was any thing but dry!) The two wet and tired mushers are (if I'm not mistaken) Jason Walkom and Kasie Losurdo

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Mark Waldock proving that mushing is a family affair

Photo Sharon Komidar